



## iNsingizi Trail Run - 19km

05 July 2026



| Race # | Race Time | Name               | Category | Overall Position | Gender Position | Category Position |
|--------|-----------|--------------------|----------|------------------|-----------------|-------------------|
| 767    | 1:35:27   | ROGER COX          | 30-39 M  | 1                | 1               | 1                 |
| 802    | 1:38:03   | SAMUKELO ZWANE     | 20-29 M  | 2                | 2               | 1                 |
| 827    | 1:43:51   | REON BOSHOF        | 40-49 -  | 3                | 0               | 1                 |
| 991    | 1:48:31   | ROBERT SILILLI     | 40-49 M  | 4                | 3               | 1                 |
| 788    | 1:49:15   | JAMES POTGIETER    | 30-39 M  | 5                | 4               | 2                 |
| 794    | 1:52:25   | STEVE SMITH        | 40-49 M  | 6                | 5               | 2                 |
| 857    | 1:56:01   | MANOLI STYLIANOU   | 40-49 M  | 7                | 6               | 3                 |
| 877    | 1:56:02   | BRENDON KEGEL      | 40-49 M  | 8                | 7               | 4                 |
| 783    | 2:02:13   | THOKO KHANYILE     | 40-49 F  | 9                | 1               | 1                 |
| 800    | 2:03:38   | ASHLEY HOLTZHUIZEN | 50-59 M  | 10               | 8               | 1                 |
| 554    | 2:09:42   | MIKE FORSYNTH      | 70+ M    | 11               | 9               | 1                 |
| 804    | 2:13:57   | ROBYN SCOTT        | 30-39 F  | 12               | 2               | 1                 |
| 870    | 2:15:45   | PHAKAMANI MBATHA   | 30-39 M  | 13               | 10              | 3                 |
| 732    | 2:16:03   | FRANK GOVEIA       | 30-39 M  | 14               | 11              | 4                 |
| 958    | 2:36:28   | JANE STOTT         | 40-49 F  | 15               | 3               | 2                 |
| 835    | 2:38:31   | SUE LIEBENBRG      | 50-59 F  | 16               | 4               | 1                 |
| 1009   | 2:41:10   | CAITLIN FYVIE      | 40-49 F  | 17               | 5               | 3                 |
| 803    | 2:42:40   | JESSICA HARRISON   | 40-49 F  | 18               | 6               | 4                 |
| 801    | 2:47:24   | DIANNE SMITH       | 40-49 F  | 19               | 7               | 5                 |
| 859    | 2:47:27   | DEBS STRINGER      | 50-59 F  | 20               | 8               | 2                 |
| 943    | 2:50:39   | GEOFF JOHNSON      | 60-69 M  | 21               | 12              | 1                 |
| 1046   | 2:50:45   | STEPHANIE JOHNSON  | 60-69 F  | 22               | 9               | 1                 |
| 863    | 2:56:07   | TAMARA             | 40-49 F  | 23               | 10              | 6                 |
| 864    | 3:05:57   | ASIKWETHU DIBELA   | 30-39 F  | 24               | 11              | 2                 |
| 817    | 3:13:27   | JAMES TAYLOR       | 40-49 M  | 25               | 13              | 5                 |