



iNsingizi Trail Run - 10km

05 July 2026



Race #	Race Time	Name	Category	Overall Position	Gender Position	Category Position
579	0:45:59	NICK GODEFROY	50-59 M	1	1	1
626	0:46:09	CAMERON TURNER	30-39 M	2	2	1
462	0:49:16	RHAIN HOSKINS	40-49 M	3	3	1
622	0:50:45	RICHARD ROBBERTS	50-59 M	4	4	2
610	0:52:19	KIM MCNALLY	40-49 F	5	1	1
599	1:00:48	JEAN HACKLAND	40-49 F	6	2	2
522	1:02:48	MICHAEL FROST	50-59 M	7	5	3
444	1:05:30	MIKE WOODBURN	50-59 M	8	6	4
436	1:05:56	JOSH O' CONNOR	20-29 M	9	7	1
376	1:06:15	ALEX WHITEHEAD	20-29 M	10	8	2
618	1:06:55	DIMETRIOS VELISSARIOU	50-59 M	11	9	5
481	1:07:04	HERVE LAGANE	60-69 M	12	10	1
613	1:08:11	DEBORA DALM	40-49 F	13	3	3
619	1:08:19	SIPHAMANDLA ZUKE	30-39 M	14	11	2
648	1:09:59	PETER CORKIN	60-69 M	15	12	2
550	1:10:09	WENDY CORKIN	50-59 F	16	4	1
598	1:10:13	SARAH COLLINGE	30-39 F	17	5	1
404	1:11:05	JOSH O' CONNOR	20-29 M	18	13	3
620	1:11:50	CODI PHIPPEN	30-39 M	19	14	3
1003	1:13:07	JANE DICKINSON	70+ F	20	6	1
674	1:13:33	GIFFORD DUMINY	30-39 M	21	15	4
690	1:14:48	CHEYENNE	30-39 F	22	7	2
601	1:15:03	HAMZAH KHAN	30-39 M	23	16	5
471	1:18:05	MTHOBISI NDLOVU	40-49 M	24	17	2
615	1:18:12	AMBER SMITH	20-29 F	25	8	1
635	1:18:17	DANIELLE LANDMAN	20-29 F	26	9	2
398	1:22:02	GREG CAIN	60-69 M	27	18	3
386	1:22:06	CARRY-ANNE CAINE	40-49 F	28	10	4
435	1:24:07	GRAEME NORVAL	40-49 M	29	19	3
449	1:24:34	DIANNE O'CONNOR	50-59 F	30	11	2
553	1:29:07	SUMMER SMITH	U20 F	31	12	1
548	1:29:09	LAURA	40-49 F	32	13	5
651	1:29:32	NOLUTHANDO MBATHA	30-39 F	33	14	3
531	1:30:26	LEANE BARTELS	40-49 F	34	15	6
653	1:30:39	KESHAV BADUL	20-29 M	35	20	4
600	1:30:40	BRIAN MANDERSON	60-69 M	36	21	4
542	1:30:42	JAMES DEAN MANDERSON	30-39 M	37	22	6
541	1:30:45	CAROLYNN MANDERSON	50-59 F	38	16	3
655	1:34:16	DELVEEN HOLLINGWORTH	50-59 F	39	17	4
446	1:38:10	ESTELLE MALAN	50-59 F	40	18	5
512	1:39:00	JLW	70+ M	41	23	1



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632	1:41:22	JESSY CHARLTON	40-49 F	43	19	7
630	1:41:22	WARREN CHARLTON	40-49 M	43	24	4
491	1:41:45	PAMELA	30-39 F	44	20	4
685	1:41:49	THOBILE CHAMU	30-39 F	45	21	5
474	1:43:43	GRAHAM LEWIS	70+ M	46	25	2
566	1:43:46	JULIETTE LEWIS	70+ F	47	22	2
524	1:50:27	KEA MARUPING	30-39 F	48	23	6
468	1:50:40	KEA MARUPING	30-39 F	49	24	7
452	1:55:05	JOANNE JENNINGS	50-59 F	50	25	6
670	1:55:06	SUE ST.LEGER	50-59 F	51	26	7
625	1:55:16	GRANT	40-49 M	52	26	5
650	2:05:16	SHARON PHELAN	50-59 F	53	27	8
565	2:05:29	JUDITH CONLIN	70+ F	54	28	3
627	2:19:18	BRONWEN BOWLEY	50-59 F	55	29	9
437	2:19:25	HAYLEY POUTIAINEN	50-59 F	56	30	10