

 1000 Hills Challenge - 5km 12 July 2026 						
Race #	Race Time	Name	Category	Overall Position	Gender Position	Cat. Position
124	0:41:18	SYATHANDA MABASO	U20 M	1	1	1
99	0:43:43	ALWANDE MHLONGO	U20 M	2	2	2
23	0:43:49	LWANELE MABASO	- M	3	3	1
212	0:46:40	SPHESIHLE NGIDI	U20 M	4	4	3
149	0:46:57	SENAMILE KHANYILE	- F	5	1	1
132	0:47:00	BEN BOOTH	U20 M	6	5	4
173	0:47:05	SPHESIHLE NGIDI	U20 M	7	6	5
33	0:47:10	NELISWA MBAMBO	U20 F	8	2	1
134	0:48:01	CLAIRE PIETERSE	U20 F	9	3	2
265	0:52:13	JOYCE NTULI	- F	10	4	2
326	0:52:30	HELEN DOUMANIS	40-49 F	11	5	1
59	0:53:40	LEAH JOOSTE	U20 F	12	6	3
18	0:54:50	STELLA HARPER	U20 F	13	7	4
219	0:55:50	VINCENT JOOSTE	40-49 M	14	7	1
320	0:59:36	CAITLYN HAGERMAN	30-39 F	15	8	1
121	1:01:52	SPHESIHLE NGIDI	U20 M	16	8	6
246	1:03:05	MUFARO KACHISI	- M	17	9	2
313	1:12:48	SPHESIHLE NGIDI	U20 M	18	10	7
101	1:12:51	JANET NGIBA	30-39 F	19	9	2
251	1:16:46	SPHESIHLE NGIDI	U20 M	20	11	8
287	1:16:51	SPHEPHELO NGIDI	U20 F	21	10	5
223	1:16:55	NGIDI MPILENHLE	- F	22	11	3
1	1:17:55	ZENKOSI MKHIZE	30-39 F	23	12	3
245	1:27:09	KIM WOODBURN	50-59 F	24	13	1
19	1:31:40	SPHESIHLE NGIDI	U20 M	25	12	9
229	1:32:11	CAROLYN ROBERTS	- F	26	14	4
102	1:54:36	TANIA KUHL	40-49 F	27	15	2
91	2:03:51	SONYA ROUGIER LAGANE	60-69 F	28	16	1
267	2:13:42	ADELE JOOSTE	40-49 F	29	17	3
299	2:13:50	JOHN ROLLASON	70-79 M	30	13	1
238	2:59:55	GRACE KACHISI	U20 F	31	18	6