



Hebron Haven Trail Run - 10km

21 June 2026



Race #	Race Time	Name	Category	Overall Position	Gender Position	Category Position
660	0:47:20	CEBOLENKOSI MNGUNI	Youth (U18)	1	1	1
527	0:56:42	RICHARD ROBERTS	Masters 50-59	2	2	1
490	0:57:28	SAMUKELO ZWANE	Senior	3	3	1
366	0:57:47	CHRIS DU PLESSIS	Senior	4	4	2
692	0:58:37	CALLUM COX	Senior	5	5	3
547	1:02:43	TREVOR STONE	Masters 40-49	6	6	1
456	1:04:32	JEAN HACKLAND	Masters 40-49	7	1	2
636	1:05:09	KYLE CAMERON	Junior (U20)	8	7	1
656	1:05:33	MICHAEL FROST	Masters 50-59	9	8	2
399	1:05:56	DOUGLAS COUPERTHWAIT	Masters 60-69	10	9	1
364	1:08:13	MARK DEACON	Masters 50-59	11	10	3
649	1:14:46	PRUDENCE ROGERS	Masters 40-49	12	2	3
584	1:14:49	CLIVE WILLOWS	Masters 60-69	13	11	2
476	1:14:52	BRETT MCCULLOUGH	Masters 50-59	14	12	4
564	1:18:01	SYBRICH TIEMERSMA	Masters 40-49	15	3	4
421	1:18:06	NICOLA MUWAT	Masters 50-59	16	4	5
473	1:21:25	CLINT NORTJE	Masters 40-49	17	13	5
371	1:21:27	EMILY NORTJE	Senior	18	5	4
10031	1:21:35	JANE DICKINSON	Masters 70+	19	6	1
430	1:21:55	CHANTALL VAN DER MERWE	Masters 50-59	20	7	6
611	1:23:33	SILINDILE	Masters 40-49	21	8	6
555	1:23:38	CHEYENNE	Senior	22	9	5
478	1:24:29	ENYA REECE	Senior	23	10	6
634	1:24:32	SCOTT OLSEN	Junior (U20)	24	14	2
665	1:26:06	JILL WILLOWS	Masters 60-69	25	11	3
355	1:26:58	MICHELLE WALSH	Masters 50-59	26	12	7
382	1:28:25	CHRISTINE PICKUP	Masters 70+	27	15	2
681	1:30:20	TANYA BORAIN	Senior	28	13	7
424	1:30:30	TAMARA KLOS	Masters 40-49	29	14	7
698	1:30:47	HAYLEY KUHN	Masters 50-59	30	15	8
489	1:31:01	MARTIN DAMMANN	Masters 50-59	31	16	9
652	1:34:01	MICHAEL MANSON	Masters 70+	32	17	3
628	1:34:19	LEIGH-ANN DE WET	Masters 40-49	33	16	8
601	1:35:11	ESTELLE MALAN	Masters 50-59	34	17	10
633	1:35:26	GAIL DUTOIT	Masters 50-59	35	18	11
612	1:35:29	DEBBIE SOROUR	Masters 50-59	36	19	12
543	1:37:36	KAY MEYRICK	Masters 60-69	37	20	4
673	1:37:44	ANDREW BARNES	Masters 50-59	38	18	13
616	1:37:48	BRIGITTE JACOBS	Masters 50-59	39	21	14
444	1:37:51	GAY TILBURY	Masters 60-69	40	22	5
654	1:39:13	LUYANDA NKALA	Senior	41	23	8



Hebron Haven Trail Run - 10km



21 June 2026

Race #	Race Time	Name	Category	Overall Position	Gender Position	Category Position
691	1:42:44	PENNY WHEELER	Masters 60-69	42	24	6
629	1:43:01	SAJEDAH	Senior	43	25	9
631	1:43:04	NATASHA JETU	Masters 50-59	44	26	15
637	1:44:35	BRUCE MILLS	Masters 50-59	45	19	16
546	1:45:09	SIZA ZUNGU	Masters 40-49	46	27	9
403	1:45:32	PHILILE MKHIZE	Masters 40-49	47	28	10
549	1:45:45	TRACY GRENFELL	Masters 50-59	48	29	17
1052	1:47:14	CLIVE ANTHONY	Masters 60-69	49	20	7
556	2:01:33	ALICIA SIMPSON	Masters 60-69	50	30	8
454	2:01:39	THERESA MORCK	Masters 50-59	51	31	18
658	2:06:24	LORRAINE WATT	Masters 70+	52	32	4
657	2:08:06	MIKE WHEELER	Masters 60-69	53	21	9
1006	2:30:34	MALIGA NAIDOO	Masters 60-69	54	33	10
624	2:43:28	SIBONGILE NGUBANE	Masters 50-59	55	34	19
662	2:43:37	PETROS MUSA NGUBANE	Masters 50-59	56	22	20