



# Howick Trail Run

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06 October 2024

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## SHORT COURSE

*La Petite France*



## Howick Trail Run - 5km



06 October 2024

Race #	Race Time	Name	Category	Overall Position	Gender Position	Cat. Position
292	0:25:33	ANDILE NDABA	U18 M	1	1	1
201	0:27:18	SAMUEL WEBB	U12 M	2	2	1
316	0:30:17	ERIC QUIBELL	Grand Master M	3	3	1
56	0:32:40	ROSS WARBURTON	U12 M	4	4	2
313	0:34:22	DAVID MITCHELL	Master M	5	5	1
198	0:35:25	LOREN BESTER	Open F	6	1	1
202	0:35:28	JAMES WEBB	Veteran M	7	6	1
49	0:35:35	PAUL NEWMAN	Veteran M	8	7	2
64	0:40:29	MEGAN SILENO	Open F	9	2	2
193	0:41:02	LOGAN TEDDER	Junior M	10	8	1
189	0:41:03	CLAIRE MATHEWS	Open F	11	3	3
293	0:41:19	AMORANDA BARNES	Grand Master F	12	4	1
63	0:41:41	MARIKI LINGNAU	Open F	13	5	4
53	0:42:21	TERRI BUKUS	Veteran F	14	6	1
51	0:42:21	BRUCE BUKUS	Veteran M	15	9	3
288	0:42:39	CHERANDI DU TOIT	Open F	16	7	5
204	0:42:53	SARA-LEIGH MEYER	Open F	17	8	6
206	0:43:16	SAMANTHA CAMPBELL	Open F	18	9	7
320	0:43:36	JULIE OXENHAM	Grand Master F	19	10	2
203	0:43:41	JESSICA MEYER	Open F	20	11	8
55	0:44:01	OLIVER MANN	Junior M	21	10	2
60	0:44:02	JACK WARBURTON	Junior M	22	11	3
54	0:44:08	WAYNE WARBURTON	Veteran M	23	12	4
191	0:46:47	ROBYN NICOLAY	Open F	24	12	9
318	0:48:32	DANIEL UPTON	Open M	25	13	1
187	0:50:26	ZIPHIWE MBAMBO	Open F	26	13	10
190	0:50:44	SAMKELISO T NGOZO	Veteran M	27	14	5
87	0:53:30	KERRY HUNTER	Open F	28	14	11
195	0:53:45	MICHELLE TEDDER	Veteran F	29	15	2
61	0:54:40	GRANT JACOBS	Master M	30	15	2
312	0:54:41	DAVID WINGFIELD	Master M	31	16	3
48	0:56:26	ANDREA	Master F	32	16	1
47	0:56:27	TRACY GRENFELL	Master F	33	17	2
331	0:57:29	BELINDA CARTER	Master M	34	17	4
317	0:57:41	MORGAN RICHARD SCOTT	Open M	35	18	2
286	0:58:11	LEIGH-ANN DE WET	Veteran F	36	18	3
62	0:58:34	HEATHER ALLEN	Veteran F	37	19	4
81	0:58:56	SHIVANNAH SINGH	Open F	38	20	12
69	0:59:39	KYLAN KISTEN	Open M	39	19	3
197	1:03:57	RYAN KING	Open M	40	20	4
188	1:03:57	BRADLEY FENTON	Open M	41	21	5
186	1:06:14	JANCIE REAY	Veteran F	42	21	5



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185	1:06:15	PIERS TREDoux	U16 M	43	22	1
184	1:06:16	JULIE ROSENBAUM	Master F	44	22	3
300	1:09:24	LOUISA STRANACK	Grand Master F	45	23	3
295	1:09:26	JOANNE HAIN	Open F	46	24	13
65	1:10:47	SUSAN REYNOLDS	Grand Master F	47	25	4
83	1:10:50	MICHELLE SMITH	Open F	48	26	14