



# ROCKY BAY TRAIL RUN

---

14 JULY 2024

---

# MEDIUM COURSE



## Rocky Bay Trail Run - 12km



14 July 2024

Race #	Race Time	Name	Category	Overall Position	Gender Position	Cat. Position
660	0:51:12	AYANDA TINY MTHIMKHULU	Open M	1	1	1
562	0:59:04	JUSTIN IMESON	Open M	2	2	2
650	1:01:05	GORDON RABEY	Veteran M	3	3	1
502	1:05:12	SAMUEL SIDEA	Veteran M	4	4	2
379	1:05:26	PATRICIA DAMMANN	Master F	5	1	1
386	1:07:07	KINGSLEY TARR	Open M	6	5	3
621	1:09:26	MICHELLE HENWOOD	Open F	7	2	1
446	1:10:32	LLOYD BAKER	Open M	8	6	4
472	1:11:03	CINDY MARQUISS	Master F	9	3	2
4721	1:11:07	GRAEME NORVAL	Veteran M	10	7	3
382	1:11:11	SHANNON OLIVER	Open F	11	4	2
569	1:13:15	NATALIE DOS SANTOS	Open F	12	5	3
6071	1:13:17	RAZIA ESSOP	Grand Master F	13	6	1
335	1:13:35	TASHA OOSTHUIZEN	Veteran F	14	7	1
593	1:13:37	TANYA WEWEJE	Open F	15	8	4
394	1:14:50	JAN HEYNS	Open M	16	8	5
433	1:16:44	CADE PERRY	Open M	17	9	6
608	1:17:24	DYLAN WEWEJE	Veteran M	18	10	4
508	1:18:11	ROBYN RETIEF	Veteran F	19	9	2
499	1:19:07	KERRY N SIDEA	Veteran F	20	10	3
418	1:19:21	KELWIN NICHOLLS	Master M	21	11	1
371	1:19:33	LARRY RIDDLE	Grand Master M	22	12	1
664	1:20:00	NDODA LANGA	Open M	23	13	7
578	1:20:31	KOBUS GROBLER	Grand Master M	24	14	2
375	1:21:27	JANA DAMMANN	U18 F	25	11	1
607	1:23:04	JACQUES RETIEF	Veteran M	26	15	5
596	1:23:46	CARL WIEHE	Grand Master M	27	16	3
402	1:25:34	AIDEN KELLAND	U16 M	28	17	1
417	1:25:37	BRONWYNN KELLAND	Veteran F	29	12	4
615	1:26:58	JASON NIEUWENHUIS	Open M	30	18	8
460	1:29:24	ALAN JENKINS	Grand Master M	31	19	4
407	1:29:45	YOLANDI KNOETZE	Veteran F	32	13	5
482	1:29:50	RAVI NAIDOO	Master M	33	20	2
405	1:29:51	ANGELA BOULLE	Master F	34	14	3
575	1:29:54	KHINESH VALLABH	Veteran M	35	21	6
534	1:30:28	TANYA UNGERER	Veteran F	36	15	6
384	1:31:33	VIVIAN BARNARDO	Master F	37	16	4
544	1:32:17	BRONWYN JONES	Master F	38	17	5
627	1:32:22	RALPH DABBLE	Open M	39	22	9
474	1:33:03	KEVIN PARRY	Veteran M	40	23	7
643	1:34:00	NICOLE GEORGE	Veteran F	41	18	7
648	1:34:51	MAHESH PARSHOTAN	Master M	42	24	3



# Rocky Bay Trail Run - 12km



14 July 2024

Race #	Race Time	Name	Category	Overall Position	Gender Position	Cat. Position
334	1:35:22	LINDELANI ITABOR	Master F	43	19	6
462	1:37:12	SANDRA WILSON	Grand Master F	44	20	2
631	1:38:20	THOBE COLE	Veteran F	45	21	8
457	1:38:23	SHIRLEY HEIDTMANN	Master F	46	22	7
595	1:38:26	VANESSA HATTINGH	Master F	47	23	8
423	1:38:36	STANLEY PILLAY	Master M	48	25	4
346	1:38:37	ROCKY PILLAY	Master M	49	26	5
585	1:38:43	LYNETTE TARR	Grand Master F	50	24	3
532	1:38:51	NICOLETTE THERON	Open F	51	25	5
622	1:39:07	TRACEY PHILLIPS	Master F	52	26	9
586	1:39:11	JENNI MANNING	Grand Master F	53	27	4
390	1:39:34	CLAUDIA STENCEL	Master F	54	28	10
1001	1:40:12	TAMLYNN DAVIES	Veteran F	55	29	9
1000	1:40:17	ARTHUR LELLO	Master M	56	27	6
456	1:40:33	PAULINE LESCHIMSNS	Grand Master F	57	30	5
620	1:40:36	MBUSO HLANGU	Open M	58	28	10
531	1:40:49	SIHLE MKHIZE	U16 M	59	29	2
342	1:40:54	ZANELE NTOMBELA	Open F	60	31	6
649	1:40:56	BEVERLY LAWSON	Master F	61	32	11
1005	1:42:58	PATRICK DALAIS	Grand Master M	62	30	5
626	1:44:51	BRONWEN BOWLEY	Master F	63	33	12
529	1:45:00	JENNA LEIGH WILSON	Open F	64	34	7
497	1:45:19	THOBILE MUTWA	Master F	65	35	13
565	1:46:24	DANIELLE REYNOLDS	Open F	66	36	8
358	1:46:50	PRAVEEN BISSOONDUT	Master M	67	31	7
572	1:48:16	NTANDO ZULU	Open M	68	32	11
484	1:53:06	AMBER PATTON	Veteran F	69	37	10
419	1:54:24	GRAHAM LEWIS	Grand Master M	70	33	6
393	1:58:07	VIIMLA REDDY	Master F	71	38	14
611	2:00:14	JULYETTE LEWIS	Grand Master F	72	39	6
354	2:06:55	MAGGIE FERREIRA	Master F	73	40	15
630	2:06:57	JENNIFER FULLER	Veteran F	74	41	11
517	2:07:02	BRETT FULLER	Master M	75	34	8
461	2:55:25	JOHN CAMPBELL	Open M	76	35	12
489	2:55:34	ZAMIR DADA	Veteran M	77	36	8