



# BALGOWAN TRAIL RUN

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12 MAY 2024

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LONG COURSE



# Balgowan Trail Run - 20km

12 May 2024



Race #	Race Time	Name	Category	Overall Position	Gender Position	Cat. Position
799	1:35:14	DOUGLAS PICKARD	Open M	1	1	1
830	1:36:59	MXOLISI GOAMANE	Open M	2	2	2
988	1:47:27	IAN DICKINSON	Open M	3	3	3
703	1:55:07	WESLEY HARRISON	Open M	4	4	4
851	1:57:40	KATH CLARK	Open F	5	1	1
932	1:59:08	DIRK BUNDUNET	Veteran M	6	5	1
884	1:59:16	JOSIE VAN DEN BERG	Open F	7	2	2
968	1:59:34	JADE PICKARD	Open F	8	3	3
865	2:03:02	FELIX ZUMA	Veteran M	9	6	2
715	2:03:30	SIMON GREENE	Veteran M	10	7	3
970	2:05:03	TAMMY GREENE	Veteran F	11	4	1
888	2:07:19	KEMSLEY WOOD	Master M	12	8	1
845	2:16:25	IVAN NEL	U16 M	13	9	1
674	2:18:21	ROBERT MCCONNELL	Open M	14	10	5
936	2:24:44	ALISON HOWE	Open F	15	5	4
829	2:25:39	LUKE CAMERON	Master M	16	11	2
991	2:28:44	BRAD COOPER	Master M	17	12	3
992	2:29:20	JULIA SHUTTLEWORTH	Veteran F	18	6	2
670	2:30:39	BYRON	Master M	19	13	4
919	2:34:56	CATHERINE WILKINSON	Open F	20	7	5
885	2:36:53	BARBS NEAL	Veteran F	21	8	3
955	2:36:57	WARREN LESTER	Open M	22	14	6
897	2:39:31	GILLIAN ILIJEVSKI	Open F	23	9	6
697	2:44:31	KYLIE POOLE	Open F	24	10	7
927	2:44:35	GRANT BALL	Open M	25	15	7
675	2:45:14	KATE BARNES	Master F	26	11	1
681	2:47:05	PAUL VAN HEERDEN	Veteran M	27	16	4
900	2:48:45	AMANDA EMMOTT	Master F	28	12	2
687	2:51:51	SENZO DUMA	Open M	29	17	8
785	2:52:25	KERRI-LYN JONES	Veteran F	30	13	4
999	2:52:44	ALEX KIDD	Open F	31	14	8
913	2:53:11	MARIANNE SMITH	Master F	32	15	3
719	2:53:39	HELOISE HUNTER	Open F	33	16	9
756	2:54:18	SARAH RICHARDS	Master F	34	17	4
680	3:00:06	SBU KHWELA	Master M	35	18	5
731	3:00:22	HANNAH BROAD	Veteran F	36	18	5
789	3:00:33	CHANTAL WEBBER	Veteran F	37	19	6
942	3:03:55	ZINNIA FREITAS	Grand Master F	38	20	1
868	3:09:16	JENNY TAYLOR	Grand Master F	39	21	2
676	3:10:33	STEPHANIE JOHNSON	Master F	40	22	5
793	3:24:49	LEEANNE VAN DER WESTHUIZEN	Veteran F	41	23	7



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738	3:43:30	ANGELIQUE DELIGNY	Grand Master F	42	24	3
993	3:43:46	ALICIA SIMPSON	Grand Master F	43	25	4
930	3:45:03	ALETTA WEGENER	Grand Master F	44	26	5
836	3:45:08	SANDY GOVENDER	Grand Master F	45	27	6
858	3:45:16	TESS	Open F	46	28	10
750	3:57:26	DARIUS VAN DER WESTHUIZEN	Open M	47	19	9
881	3:57:29	TIMOTHY	Open M	48	20	10