



TALA TRAIL RUN

24 MARCH 2024

MEDIUM COURSE



Tala Trail Run - 10km



24 March 2024

Race #	Race Time	Name	Category	Overall Position	Gender Position	Cat. Position
397	0:44:06	LIAM ASQUITH	U16 M	1	1	1
372	0:44:16	DONOVAN VAN GELDER	Master M	2	2	1
610	0:44:30	DEREK WASSERFALL	Veteran M	3	3	1
388	0:46:56	JASON REINEKE	U16 M	4	4	2
345	0:47:56	LUKE SWINNEY	Open M	5	5	1
374	0:49:12	MURRAY BEHN	Open M	6	6	2
1000	0:50:22	ARTHUR LELLO	Master M	7	7	2
607	0:52:22	JOSH HOOPER	Open M	8	8	3
363	0:52:48	BHEKANI SIBISI	Veteran M	9	9	2
618	0:53:43	ANDREW ASQUITH	Master M	10	10	3
343	0:54:03	STUART PATTERSON	Open M	11	11	4
663	0:54:04	VICTORIA ATTREE	Open F	12	1	1
361	0:55:20	JACK WHITE	U18 M	13	12	1
485	0:55:45	TIMOTHY MARSH	Open M	14	13	5
549	0:56:29	LIAM CALENBORNE	U18 M	15	14	2
476	0:58:03	MARIUS LOURENS	Master M	16	15	4
527	0:58:08	KHOTSO MAKAMOLE	Open M	17	16	6
297	0:59:27	ROB MCCONNELL	Open M	18	17	7
593	0:59:54	MICHAEL MARNEWICK	Master M	19	18	5
223	1:00:11	MICHAEL FROST	Veteran M	20	19	3
461	1:00:28	DAVID MITCHELL	Master M	21	20	6
412	1:00:31	CLIVE VAN STADEN	U18 M	22	21	3
348	1:00:45	BRETT SMERDON	Veteran M	23	22	4
403	1:01:01	DOUGLAS COUPERHWAITE	Grand Master M	24	23	1
553	1:01:35	WERNER APPEL	Open M	25	24	8
404	1:01:40	RICHARD BISSETT	Open M	26	25	9
519	1:02:34	LOVEMORE SHINOUREYI	Open M	27	26	10
644	1:02:52	NICOLE KEYSER	Open F	28	2	2
481	1:02:54	CHELSEA STIEBEL	Open F	29	3	3
503	1:02:55	MARK STIEBEL	Open M	30	27	11
443	1:02:56	BRENT NELSON	Veteran M	31	28	5
543	1:02:59	CATHERINE BOSSE	Open F	32	4	4
646	1:03:00	RYAN CAN DEVENTER	Master M	33	29	7
368	1:04:00	DEAN BOX	Open M	34	30	12
587	1:05:13	CHANEL LOURENS	Veteran F	35	5	1
589	1:05:14	JASON GIEN	Open M	36	31	13
419	1:05:23	JASON RIDDLE	Open M	37	32	14
516	1:06:44	LUKE APPELGRYN	Open M	38	33	15
617	1:06:56	MARTIN BIRTWISTLE	Grand Master M	39	34	2
33	1:07:09	LOSHENTHREN	Veteran M	40	35	6
447	1:07:21	SAMANTHA ZOEPEKE	Open F	41	6	5



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568	1:07:28	HASHIL RAMJEE	Veteran M	42	36	7
626	1:07:34	KELSEY JOHNSON	Open F	43	7	6
385	1:08:05	KATE MARIE BUTLIN	Veteran F	44	8	2
376	1:08:09	DEBRA LEWIS	Master F	45	9	1
358	1:08:55	CANDICE ABBOTT	Master F	46	10	2
594	1:09:24	WAYNE DANIEL	Master M	47	37	8
620	1:10:03	CARMEN WHYTE	Open F	48	11	7
638	1:10:04	SHALEEN MALONEY	Open F	49	12	8
468	1:10:27	KAYLA EGGAR	Open F	50	13	9
446	1:10:28	MELISSA CLARK	Open F	51	14	10
627	1:10:29	DANIELLE LANDMAN	Open f	52	15	11
625	1:10:40	TRONEL NEL	Master F	53	16	3
495	1:10:41	RIAAN VOSLOO	Veteran M	54	38	8
513	1:10:43	ROALD BOTHMA	Open M	55	39	16
616	1:11:13	AARON KOOPMAN	Open M	56	40	17
410	1:11:44	HOWARD NICOL	Veteran M	57	41	9
460	1:12:21	DEBORAH WALTON	Grand Master F	58	17	1
569	1:12:23	KYLE SMITH	Open M	59	42	18
474	1:12:24	LIAM BOTHA	U16 M	60	43	3
373	1:12:28	BRYCE SEIDLER	U16 M	61	44	4
623	1:12:32	HEATHER CLEGG	Master F	62	18	4
1003	1:12:35	JANE DICKINSON	Grand Master F	63	19	2
292	1:13:12	DANIEL GOSS	Open M	64	45	19
434	1:13:13	MATTHEW VAN HEERDEN	Open M	65	46	20
575	1:13:19	KELLY CLEGG	Open F	66	20	12
445	1:13:34	TAMIKA QUIRKE	Open F	67	21	13
497	1:13:38	CHRIS QUIRKE	Open M	68	47	21
386	1:13:40	RYAN JANSE VAN RENSBURG	Veteran M	69	48	10
586	1:14:03	JOHN WHITE	Veteran M	70	49	11
449	1:14:16	JADEN MILLS	U18 M	71	50	4
426	1:14:19	JERAMIE HIGGINS	Open M	72	51	22
391	1:14:21	NATHAN WESSON	Open M	73	52	23
118	1:14:22	VANESSA BRACKETT	Veteran F	74	22	3
251	1:14:23	WILL HAMEL	Veteran M	75	53	12
539	1:14:26	REYNA RAMBARUN	Open F	76	23	14
335	1:14:30	TATE SEIDLER	U16 M	77	54	5
11	1:14:31	CRAIG STEPHENSON	Open M	78	55	24
572	1:14:44	MAEVE O'RSQUO'BRIEN	Open F	79	24	15
520	1:14:53	ROBERT WINSPER	Open M	80	56	25
811	1:15:08	PIERRE VAN BILJON	Master M	81	57	9
502	1:15:09	NEVILLE SCHROTER	Veteran M	82	58	13



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542	1:15:31	MADI COTTERELL	Open F	83	25	16
628	1:15:33	MELANIE PAUL	Veteran F	84	26	4
540	1:15:41	RUDI POWEL	Grand Master M	85	59	3
462	1:15:43	BILL LAMBERT	Grand Master M	86	60	4
252	1:15:46	CJ DUNN	Open F	87	27	17
621	1:16:00	EMMA WYNBER	Open F	88	28	18
557	1:16:04	JAMES HUNTER-SMITH	U16 M	89	61	6
614	1:16:05	KARIN SCHROTER	Veteran F	90	29	5
544	1:16:09	CAYLEIGH FOURIE	Open F	91	30	19
517	1:16:15	CRAIG FOURIE	Open M	92	62	26
630	1:16:35	JULIA DE WAAL	Open F	93	31	20
402	1:17:01	OLIVIA HAWYES	U18 F	94	32	1
534	1:17:09	JONATHAN HIGGINS	Master M	95	63	10
664	1:17:10	KIMBERLY JANSSENS	Open F	96	33	21
640	1:17:11	WARREN WEBBER	Veteran M	97	64	14
472	1:17:13	LUKE DANIEL	Open M	98	65	27
573	1:18:01	DEBRA-LEE DANIEL	Veteran F	99	34	6
576	1:18:07	BRADLEY SANDER	Grand Master M	100	66	5
356	1:18:21	TREVOR STRYDOM-WALLIS	Open M	101	67	28
596	1:18:42	DONAVAN HALL	Veteran M	102	68	15
632	1:18:44	KATHYN STARBUCK	Open F	103	35	22
458	1:18:53	MAXINE LOGAN	Open F	104	36	23
622	1:18:55	JASON DE BROIZE	Open M	105	69	29
459	1:19:16	CLAIRE BALMER	Veteran F	106	37	7
483	1:19:18	KERI O'BRIEN	Veteran F	107	38	8
531	1:19:20	JANE STOTT	Veteran F	108	39	9
504	1:19:27	TAMSIN MANNING	Open F	109	40	24
595	1:19:32	GARTH HAWYES	Veteran M	110	70	16
480	1:19:34	CHERON MCCONNELL	Veteran F	111	41	10
582	1:19:38	MUSA THUSI	Open M	112	71	30
512	1:19:40	GABRIEL JANSSENS	Open M	113	72	31
583	1:19:52	CISKE UYS	Open F	114	42	25
405	1:19:57	DEBRA MYBURGH	Master F	115	43	5
511	1:20:07	TESS BROWN	Open F	116	44	26
639	1:20:09	MYLES BROWN	Open M	117	73	32
427	1:20:19	GABRIEL LUKE JACK	Open M	118	74	33
258	1:20:47	SHAREEN KIRKPATRICK	Open F	119	45	27
93	1:21:00	KERRY FROST	Grand Master F	120	46	3
881	1:21:02	KEVIN PARRY	Veteran M	121	75	17
169	1:21:25	DALE PREECE	Grand Master F	122	47	4
649	1:21:39	TARYN SCHOLTZ	Veteran F	123	48	11



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451	1:21:48	HANNAH SCHOLTZ	U16 F	124	49	1
712	1:21:50	GREGORY ADAMS	Veteran M	125	76	18
465	1:21:52	LEIGH FELT	Open F	126	50	28
494	1:21:57	SINETHEMBA ZUNGU	Open F	127	51	29
406	1:21:58	NINA KITCHING	Veteran F	128	52	12
631	1:22:00	LEE CALITZ	Veteran M	129	77	19
355	1:22:05	JENNIE VAVIK-RAMJEE	Veteran F	130	53	13
398	1:22:10	MICHAEL MANSON	Grand Master M	131	78	6
643	1:22:17	JEREMY HUNTER-SMITH	Veteran M	132	79	20
455	1:22:23	RAVI PILLAY	Grand Master M	133	80	7
528	1:22:25	ESTELLE LABUSCHAGNE	Veteran F	134	54	14
541	1:22:37	JULIE CALITZ	Veteran F	135	55	15
652	1:22:42	STEVE BECKERLING	Grand Master M	136	81	8
563	1:22:46	EMILY STEAD	Open F	137	56	30
585	1:22:49	SARAH ANN DE LANGE	Open F	138	57	31
507	1:22:52	BRONWYN STEAD	Master F	139	58	6
466	1:22:53	KRINOLIN NAIDOO	Open M	140	82	34
552	1:22:55	NOOBILE NGUBANE	Open F	141	59	32
377	1:23:07	DAVID VIGAR	Master M	142	83	11
584	1:23:11	CAITLIN FYVIE	Open F	143	60	33
357	1:23:21	KIRSTEN BOTES	Open F	144	61	34
422	1:23:22	KELLY STEINBACH	Open F	145	62	35
421	1:23:23	JORDAN STEINBACH	Open M	146	84	35
605	1:23:38	JO KIRSTEN	Open F	147	63	36
624	1:23:39	DEBRA-LEE TAYLOR	Veteran F	148	64	16
392	1:23:41	MARIE VON BARGON	Grand Master F	149	65	5
475	1:23:43	TANITH LOADER	Open F	150	66	37
425	1:24:02	NOKWAZI MABASO	Open F	151	67	38
579	1:24:06	MELANIE DANIEL	Open F	152	68	39
4041	1:24:13	ASHLEY GAVIN SMITH	Open M	153	85	36
383	1:24:20	KYLE EVANS	Open M	154	86	37
463	1:24:23	ANDREW GREET	Open M	155	87	38
375	1:24:53	ISABELLE SANDER	Master F	156	69	7
360	1:25:09	JENNA MILLS	Open F	157	70	40
488	1:25:10	KAYLEIGH ALBERS	Open F	158	71	41
657	1:25:36	LAUDETTE JANSSENS	Master F	159	72	8
334	1:25:37	WENDY JANSSENS	Master F	160	73	9
228	1:25:55	CANDICE BRENA-A-BRAMPLUS	Open F	161	74	42
185	1:26:08	LORI-ANN STIRK	Veteran F	162	75	17
482	1:26:14	ABIGAIL LOUW	Open F	163	76	43
112	1:26:18	CORBAN DE BEER	U12 M	164	88	1



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608	1:26:22	PRUDENCE MASWIME	Veteran F	165	77	18
658	1:26:45	CHANDRA KNOWLES	Open F	166	78	44
947	1:26:46	REX HUNT	Master M	167	89	12
615	1:26:56	MATTHEW DANIEL	U12 M	168	90	2
548	1:27:05	SHAUNA HAWYES	U16 F	169	79	2
532	1:27:07	RAE HAWYES	Veteran F	170	80	19
515	1:27:23	GISELE HAYES	Master F	171	81	10
387	1:27:24	GREG HAYES	Master M	172	91	13
309	1:27:26	GUGULETHU NKOMO	Open F	173	82	45
496	1:27:28	MELISSA NORTJE	Open F	174	83	46
120	1:27:56	JABULANI MABASO	Master M	175	92	14
493	1:28:00	JUDE SCHROTER	Open M	176	93	39
203	1:28:42	VERNAL AUGUSTUS	Veteran F	177	84	20
634	1:29:29	THERESA MORCK	Master F	178	85	11
283	1:29:43	KIM ROBINSON	Master F	179	86	12
202	1:29:46	KIM DE BEER	Open F	180	87	47
492	1:30:27	DALE WESSON	Master F	181	88	13
370	1:30:28	NIGEL HAWLEY	Grand Master M	182	94	9
296	1:31:14	THIRUSHA NAIDU	Master F	183	89	14
351	1:31:24	KIRSTEN TRIMBORN	Open F	184	90	48
242	1:31:54	COLIN FROST	Grand Master M	185	95	10
506	1:31:58	LIAM SCHOTER	U12 M	186	96	3
230	1:32:46	WERNER HAMEL	Veteran M	187	97	21
467	1:33:34	MICHAEL FERGLY	Grand Master M	188	98	11
609	1:34:30	MEGHANN HAMPSON	Open F	189	91	49
429	1:34:33	RAYNE HAMPSON	Veteran F	190	92	21
613	1:34:35	GRANT HAMPSON	Veteran M	191	99	22
380	1:34:50	RONNIE GROENEWALD	Open M	192	100	40
439	1:34:51	HEIDI GROENEWOLD	Veteran F	193	93	22
561	1:34:53	LIZANNE EVANS	Master F	194	94	15
650	1:35:17	TRACY LOGAN	Grand Master F	195	95	6
661	1:35:29	CORNELIA APPEL	Open F	196	96	50
976	1:35:32	JACQUELENE FERRADAZ	Master F	197	97	16
407	1:36:13	TYLAH HOBBAH-WATSON	Open F	198	98	51
501	1:36:15	TANIA KUHL	Open F	199	99	52
536	1:36:24	LUCKMORE MAWUYE	Open M	200	101	41
379	1:36:31	NONHLANHLA XABA	Master F	201	100	17
602	1:36:33	THABILE MBHELE	Veteran F	202	101	23
574	1:37:17	OBVIOUS SHOKO	Veteran M	203	102	23
642	1:37:28	AYLA HARVEY	Open F	204	102	53
395	1:39:08	HUGH COCKSEGE	Grand Master M	205	103	12



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414	1:39:14	JUSTIN EDWARDS	Open F	206	103	54
352	1:39:15	GINA RODRIGUES	Open F	207	104	55
469	1:39:16	NATALIE BEZUIDENHOUT	Open F	208	105	56
500	1:39:29	BRUCE MILLS	Master M	209	104	15
382	1:39:53	JULYETTE LEWIS	Grand Master F	210	106	7
301	1:39:55	THOBILE MUTWA	Master F	211	107	18
473	1:40:34	LOUISE SMITH	Veteran F	212	108	24
645	1:40:50	RYAN	Open M	213	105	42
581	1:40:55	AMANDA SEIDLER	Veteran F	214	109	25
570	1:40:59	KYLE TERBOTON	Open M	215	106	43
565	1:40:59	GAVIN SEIDLER	Master M	216	107	16
197	1:41:11	STEFAN VISAGIE	Open M	217	108	44
26	1:41:22	ANTHONY LAWSON	Master M	218	109	17
63	1:41:25	LESA LAWSON	Master F	219	110	19
654	1:41:45	LIZZY HUNTER-SMITH	U16 F	220	111	3
659	1:41:58	LARA KROEBER	U18 F	221	112	2
290	1:42:15	VANESSA HAMEL	Veteran F	222	113	26
530	1:43:00	THABILE MEYMA	Open F	223	114	57
641	1:43:02	IMMACULATE JWILI	Master F	224	115	20
389	1:43:17	CLIFFORD WALTON	Grand Master M	225	110	13
353	1:43:32	JEANINE	Master F	226	116	21
648	1:44:33	BONGISWA MAPHANGA	Open F	227	117	58
477	1:45:05	MARIA CHACANA	Grand Master F	228	118	8
577	1:46:22	NOREEN MARNEWICK	Master F	229	119	22
489	1:46:30	JACQUELINE SMITH	Grand Master F	230	120	9
590	1:47:06	MICHELLE SCHEEPERS	Grand Master F	231	121	10
927	1:47:08	DEANNE BALLINGTON	Grand Master F	232	122	11
457	1:47:31	LARA PLOTTS	Master F	233	123	23
416	1:47:33	ROBYN BURNE	Open F	234	124	59
655	1:47:44	KIANNE BOTHMA	Open F	235	125	60
509	1:47:47	ASTRID BOTHMA	Master F	236	126	24
456	1:47:51	INOELE MAIN	Open F	237	127	61
660	1:47:52	TYLA HARTMANN	Open F	238	128	62
433	1:47:54	ANIQUE CRONJE	Open F	239	129	63
423	1:48:00	WIMPIE DE LANGE	Master M	240	111	18
136	1:48:01	CATHERINE GEILS	Veteran F	241	130	27
393	1:49:48	CAROLINE GLOVER	Master F	242	131	25
346	1:49:50	JANET LA GRANGE	Master F	243	132	26
499	1:49:52	DEAN GLOVER	Grand Master M	244	112	14
484	1:50:12	JOHN VIRISSIMO	Master M	245	113	19
394	1:50:18	YOLANDE LEIBBRANDT	Master F	246	133	27



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342	1:50:20	GILLIAN SCOTT	Grand Master F	247	134	12
498	1:50:26	DIANE THUNDER	Master F	248	135	28
529	1:50:27	LYNNE SHAUN	Grand Master F	249	136	13
384	1:52:06	REBECCA JAMES	Open F	250	137	64
508	1:52:06	MONIQUE PETZER	Open F	251	138	65
651	1:53:18	HAYLEY	Master F	252	139	29
354	1:53:19	CAROLE JOHNSTONE	Master F	253	140	30
551	1:53:25	MEIRICE KOOPMAN	Open F	254	141	66
464	1:53:35	NICOLA PALFRAMAN	Veteran F	255	142	28
340	1:53:36	NICOLE DAVIES	Open F	256	143	67
558	1:53:38	SHARON VAN ROOYEN	Veteran F	257	144	29
666	1:53:41	REYNAULD VAN ROOYEN	Veteran M	258	114	24
578	1:56:26	SPENCER HUNTER-SMITH	U12 M	259	115	4
588	1:56:30	CANDICE HUNTER-SMITH	Veteran F	260	145	30
452	1:58:14	RUTH HENWOOD	Grand Master F	261	146	14
629	1:58:15	CHARLENE DICKERSON	Grand Master F	262	147	15
524	1:59:16	NILA RYAN	Master F	263	148	31
408	1:59:17	MONIKA HARTMANNGRUBER	Master F	264	149	32
526	2:01:21	NATASHA MILLER	Veteran F	265	150	31
430	2:01:22	JANE WOLFF-TRELOAR	Open F	266	151	68
115	2:02:44	CINDY MKHIZE	Open F	267	152	69
347	2:03:00	NOKUBONGA MAPHUMULO	Open F	268	153	70
514	2:03:00	MARILU BARTELS	Open F	268	153	70
396	2:04:36	KRISTIN SMITH	Open F	270	155	72
490	2:04:36	KAREN ECCLES	Master F	271	156	33
611	2:04:49	MICHAEL LEE	Veteran M	272	116	25
564	2:04:50	MICHELLE KERR	Veteran F	273	157	32
359	2:07:18	FRANCIS CHISOLM	Open F	274	158	73
486	2:07:25	JACQUELINE NGOZO	Master F	275	159	34
337	2:07:33	NALINI SINGH	Grand Master F	276	160	16
367	2:07:55	MALIGA NAIDOO	Grand Master F	277	161	17
522	2:10:28	MARIA VAN TONDER	Grand Master F	278	162	18
647	2:10:33	JENNY MOORES	Grand Master F	279	163	19
417	2:11:29	LYNETTE MOHRING	Master F	280	164	35
510	2:11:32	MARILYN QUIRKE	Master F	281	165	36
418	2:11:39	JENNA WILSON	Open F	282	166	74
390	2:11:46	RENETTE VAN DER MERWE	Grand Master F	283	167	20
431	2:11:54	JANIE ERASMUS	Grand Master F	284	168	21
448	2:11:57	INGE MILBANK	Grand Master F	285	169	22
793	2:22:51	NERISHA MEHTA	Open F	286	170	75
756	2:22:56	BHARTI MEHTA	Master F	287	171	37



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935	2:25:08	ADITI MEHTA	Open F	288	172	76
984	2:25:12	RESHMI MEHTA	Open F	289	173	77