



TABLE MOUNTAIN TRAIL RUN

12 NOVEMBER 2023

SHORT COURSE



Table Mountain Trail Run - 7km



12 November 2023

Race #	Race Time	Name	Category	Overall Position	Gender Position	Cat. Position
230	0:38:34	THOKOZANI ZONDI	U16 M	1	1	1
10	0:40:12	APHIWE NTOMBELA	U16 M	2	2	2
94	0:41:03	SBAHLE NGCOBO	U16 M	3	3	3
202	0:41:19	AYAYBONGA NGUBANE	U16 M	4	4	4
136	0:44:48	ANELE NTOMBELA	Open M	5	5	1
284	0:45:23	THABO DLADLA	U16 M	6	6	5
280	0:47:44	ROBBIE CULLIS	U16 M	7	7	6
167	0:49:54	HENK MARAIS	Veteran M	8	8	1
176	0:51:17	PAIGE VAN VUUREN	U12 F	9	1	1
54	0:55:04	NHLAKAWIPHO GCABASHE	Open M	10	9	2
277	0:58:21	DAVID CHATTERTON	Grand Master M	11	10	1
98	1:08:39	STACY CASWELL	Veteran F	12	2	1
52	1:15:24	PHILIP OZOUX	Grand Master M	13	11	2
3	1:16:04	DEBORAH WALTON	Grand Master F	14	3	1
183	1:21:33	JESSICA VAN VUUREN	U12 F	15	4	2
244	1:21:55	ANDRE V VUUREN	Veteran M	16	12	2
113	1:23:58	CLIFFORD WALTON	Grand Master M	17	13	3
150	1:31:02	BRIAN SCOTT	Grand Master M	18	14	4
56	1:31:06	WENDY CHATTERTON	Master F	19	5	1
279	1:54:37	MAI STRYOON-WALLIS	U12 F	20	6	3
11	1:54:39	PEYTON STRYDOM-WALLIS	Junior F	21	7	1
137	1:55:02	TARRYN STRYDOM-WALLIS	Open F	22	8	1
267	2:27:15	NOKUBONGA NDABA	Open F	23	9	2
162	2:35:39	SHAUN ROBISON	Grand Master M	24	15	5
333	2:35:43	GAIL ROBINSON	Grand Master F	25	10	2
175	2:56:41	NHLANHLA ZIMASE	Master F	26	11	2