



# SEATON TRAIL RUN

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15 OCTOBER 2023



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# MEDIUM COURSE



## Seaton Trail Run - 13km



15 October 2023

Race #	Race Time	Name	Category	Overall Position	Gender Position	Cat. Position
651	0:56:12	GARETH MARQUISS	Open M	1	1	1
625	1:08:43	CHRIS ELS	Grand Master M	2	2	1
549	1:12:17	JULIE-ANNE LEACH	Open F	3	1	1
385	1:14:14	MATTHEW MCIVER	Veteran M	4	3	1
471	1:14:28	BRAD ROCHAT	Veteran M	5	4	2
369	1:17:12	DEBBIE WILSON	Open F	6	2	2
554	1:18:54	TAMLYNN DAVIES	Veteran F	7	3	1
555	1:18:57	ARTHUR LELLO	Master M	8	5	1
410	1:20:18	VICKI HOFMANN	Open F	9	4	3
662	1:21:30	CATHERINE DE VILLIERS	Open F	10	5	4
373	1:21:48	WESLEY VICKERY	Open M	11	6	2
611	1:22:53	GRAEME THOMSON	Open M	12	7	3
469	1:27:26	ROZLYN FARRER	Open F	13	6	5
404	1:27:30	NIKOLA JONKER	Open F	14	7	6
352	1:27:36	CARLA VAN DER MERWE	Open F	15	8	7
384	1:27:40	SHAWN MEYER	Master F	16	9	1
348	1:28:20	SAMANTHA EDWARDS	Veteran F	17	10	2
657	1:29:28	CAREY MCCUSKER	Open F	18	11	8
578	1:30:06	DEV MAHARAJ	Master M	19	8	2
548	1:30:30	MIKE CLARK	Veteran F	20	12	3
551	1:36:22	MICHELLE DRAGT	Open F	21	13	9
382	1:37:24	LARA-JEAN GARDINER	Open F	22	14	10
522	1:39:08	NIKAN RAMSDON	Veteran F	23	15	4
361	1:39:11	LISA TEEPE	Veteran F	24	16	5
602	1:39:24	NOZIE SAPEPA	Master F	25	17	2
498	1:40:55	VIVIENNE HANCKE	Master F	26	18	3
572	1:45:17	STEPH GARVIE	Grand Master F	27	19	1
484	1:46:05	GRANT FAGAN	Veteran M	28	9	3
391	1:46:17	CANDICE FAGAN	Veteran F	29	20	6
511	1:46:56	NIRVASH GOVENDER	Open M	30	10	4
474	1:50:50	PETRUS PRETORIUS	Master M	31	11	3
488	1:53:27	JO CRIMES	Open F	32	21	11
446	1:53:43	ANGELIQUE DELIGNY	Master F	33	22	4
483	1:54:31	TERESA COLLETT	Grand Master F	34	23	2
654	1:54:35	JULIE HORNBY	Master F	35	24	5
593	1:55:29	MALCOLM KENSETT	Grand Master M	36	12	2
634	1:57:07	PATRICK DALAIS	Grand Master M	37	13	3
652	1:57:25	SETHABILE GWALA	Open F	38	25	12
579	1:58:04	JADE MC IVER	Open F	39	26	13
476	1:59:20	THAMSANQA DLADLA	Master M	40	14	4
356	2:06:49	CANDY COOK	Open F	41	27	14



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450	2:06:58	DEREK COLLETT	Grand Master M	42	15	4
540	2:12:06	PAUL LICHKUS	Grand Master M	43	16	5
423	2:12:18	PHYLLIS LICHKUS	Grand Master F	44	28	3
527	2:14:38	KATHERINE MORGAN	Veteran F	45	29	7
568	2:15:06	STUART CUMMINGS	Veteran M	46	17	4
658	2:18:52	MICHAEL LEE	Veteran M	47	18	5