



SEATON TRAIL RUN

15 OCTOBER 2023



LONG COURSE



Seaton Trail Run - 18km



15 October 2023

Race #	Race Time	Name	Category	Overall Position	Gender Position	Cat. Position
756	1:31:02	JONATHAN FISH	Open M	1	1	1
963	1:39:50	JAMES DAMANT	Open M	2	2	2
791	1:40:19	TARRYN ERASMUS	Open F	3	1	1
712	1:52:22	BANDILE MBUQI	Veteran M	4	3	1
833	1:52:38	IVAN JACOBS	Veteran M	5	4	2
813	1:53:34	JUSTIN FOURIE	Veteran M	6	5	3
881	1:54:25	BRETT ROUX	Open M	7	6	3
882	1:56:55	MEGAN MILES	Open F	8	2	2
862	1:57:48	MARK DENNYSON	Veteran M	9	7	4
948	2:00:15	LAUREN RODGER	Open F	10	3	3
683	2:04:15	BRAD VAN DER VYVER	Open M	11	8	4
770	2:05:36	ANDREW HELM	Open M	12	9	5
793	2:07:08	JANINE VAN ZIJL	Veteran F	13	4	1
631	2:07:13	HERVE ROUGIER LAGANE	Grand Master M	14	10	1
715	2:07:52	ANDY CHURCH	Master M	15	11	1
674	2:09:51	SIHLE THANGO	Veteran M	16	12	5
927	2:10:29	PAULA WICKS	Open F	17	5	4
988	2:15:18	NIKITA GOUVEIA	Open F	18	6	5
808	2:21:21	LIZELLE MEYER	Junior -	19	1	1
785	2:21:26	ANNE LYALL	Veteran F	20	7	2
996	2:23:25	JOANNE WOOD	Open F	21	8	6
949	2:23:30	VICTORIA JOHNSON	Open F	22	9	7
993	2:34:38	MARIANNA DREYER	Grand Master F	23	10	1
950	2:34:42	ALEXANDRA BALDWIN	Open F	24	11	8
710	2:34:50	SANDY DAMANT	Master F	25	12	1
769	3:05:34	TES LICHKUS	Open F	26	13	9
805	3:06:29	MAUREEN VAN DEN	Grand Master F	27	14	2
961	3:06:33	JONATHAN VAN DE BERGH	Open M	28	13	6