



# HILTON COLLEGE TRAIL RUN

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10 SEPTEMBER 2023

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# MEDIUM COURSE



## Hilton College Trail Run - 12km



10 September 2023

Race #	Race Time	Name	Category	Overall Position	Gender Position	Cat. Position
573	1:09:41	DARREN MARQUISS	Open M	1	1	1
444	1:20:43	SHEA DUNCAN	Open F	2	1	1
511	1:21:00	TAYLOR MCNAMARA	U18 F	3	2	1
395	1:21:05	DANIEL MCNAMARA	Veteran M	4	2	1
492	1:21:59	CAMERON TURNER	Open M	5	3	2
434	1:23:34	OWEN BENGO	Veteran M	6	4	2
608	1:23:57	SHAUN GROENINK	Open M	7	5	3
611	1:25:14	JAYCE LANE	Veteran M	8	6	3
378	1:28:15	ALISON DE VILLIERS	Open F	9	3	2
558	1:31:27	RACHEL BOSHOFF	Open F	10	4	3
659	1:32:51	BRIDGET PEARSON	Open F	11	5	4
655	1:33:04	SHANNON OLIVER	Open F	12	6	5
620	1:33:09	DANIEL EDEN	Open M	13	7	4
524	1:34:40	BRYN POLLARD	Master M	14	8	1
570	1:37:41	BRANDON MAY	Open M	15	9	5
585	1:38:14	HUGO LE ROUX	Veteran M	16	10	4
372	1:41:09	NIKKI JONAS	Veteran F	17	7	1
476	1:41:34	MICHELLE LE ROUX	Veteran F	18	8	2
552	1:45:39	JANA DAMMANN	U18 F	19	9	2
648	1:45:44	PATRICIA DAMMANN	Master F	20	10	1
664	1:48:04	FAARADH SYED RUSSOUL	Open M	21	11	6
430	1:48:55	AMBER SMITH	Open F	22	11	6
503	1:50:28	TRINITY LARSEN	U18 F	23	12	3
446	1:50:33	DAVID LARSEN	Master M	24	12	2
571	1:51:53	VICTORIA JOHNSON	Open F	25	13	7
432	1:51:57	JOANNE WOOD	Open F	26	14	8
428	1:52:00	ALEXANDER VAN DEN HEEVER	Veteran M	27	13	5
533	1:56:48	CLAIRE SMITH	Veteran F	28	15	3
440	1:56:50	SALLY JONES	Veteran F	29	16	4
636	1:58:43	JONO HOLLINSHEAD	Master M	30	14	3
541	1:59:34	REINETTE NEL	Veteran F	31	17	5
429	1:59:38	LISA VAN ZYL	Veteran F	32	18	6
335	2:01:26	CAROL VAN RENSBURG	Master F	33	19	2
504	2:02:16	KATHERINE TROISI	Veteran F	34	20	7
509	2:03:09	CHARMAINE LEFF	Veteran F	35	21	8
506	2:05:47	TENNEIL LEE	Open F	36	22	9
662	2:07:15	CEBO MLOTSHWA	Open M	37	15	7
475	2:09:21	THOMAS SANDERS	U12 M	38	16	1
345	2:09:51	WILLIAM SANDERS	U12 M	39	17	2
462	2:09:55	OLIVER SANDERS	Junior M	40	18	1
520	2:10:04	LOUISE SANDERS	Veteran F	41	23	9
515	2:10:11	JEREMY SANDERS	Master M	42	19	4



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348	2:11:58	JO CRIMES	Open F	43	24	10
536	2:12:04	MICHAEL GOLDSTONE	Grand Master M	44	20	1
469	2:12:07	DIANNE O'CONNOR	Veteran F	45	25	10
551	2:12:11	RUSSELL HUMPHRIES	Grand Master M	46	21	2
572	2:12:20	ANGELIQUE DELIGNY	Master F	47	26	3
502	2:13:23	TESS NORVAL	Open F	48	27	11
500	2:13:26	MAUREEN VAN DEN BERGH	Grand Master F	49	28	1
554	2:25:44	TAMLYNN DAVIES	Veteran F	50	29	11
555	2:25:50	ARTHUR LELLO	Master M	51	22	5
343	2:32:03	ISRAEL ZUMA	Veteran M	52	23	6
528	2:32:08	SPHUMLILE MKHIZE	Open F	53	30	12
652	2:35:13	MICHELLE ALBERS	Grand Master F	54	31	2
352	2:35:24	MIKE ALBERS	Grand Master M	55	24	3
486	2:43:36	KHUMBU KUNENE	Open F	56	32	13
517	2:44:42	DAVID LANGSTONE	Grand Master M	57	25	4
518	3:34:11	HASEENA KHAN	Veteran F	58	33	12
448	3:34:50	MARYAM SOOFIE HASSAN	U12 F	59	34	1
426	4:05:29	GOOLAM HAFIZ SOOFIE	Veteran M	60	26	7