



URR

UMNGENI RIVER RUN

20 AUGUST 2023



12km



uMngeni River Run - 12km



20 August 2023

Race #	Race Time	Name	Category	Overall Position	Gender Position	Cat. Position
377	1:00:55	TYRONE HOLDER	Veteran M	1	1	1
586	1:01:42	TLHOLOHELO MAKAMOLE	Open M	2	2	1
383	1:01:55	ROSS TRELEAVEN	Veteran M	3	3	2
455	1:05:13	ANDREW ALEXANDER	Veteran M	4	4	3
386	1:06:48	MARC	Veteran M	5	5	4
371	1:06:53	SHEA DUNCAN	Open F	6	1	1
614	1:09:35	ROBERT KAMHOOT	Open M	7	6	2
548	1:15:51	SAHIB BULAND	Open M	8	7	3
513	1:16:12	GREG GIBSON	Veteran M	9	8	5
385	1:16:53	DEVON MICHAUX	Open M	10	9	4
382	1:21:01	COURTNEY VAN WYNGAARD	U16 F	11	2	1
540	1:21:03	GINA TRELEAVEN	Veteran F	12	3	1
388	1:21:14	ROBERT SIRILLI	Veteran M	13	10	6
401	1:22:18	RONEL STEVENS	Veteran F	14	4	2
398	1:23:05	DUNCAN BECKERLING	Open M	15	11	5
393	1:23:34	DEBBIE STEINER	Master F	16	5	1
378	1:23:35	CATHERINE BOSSE	Open F	17	6	2
474	1:25:06	WARREN CONFAIT	Master M	18	12	1
254	1:27:50	DANIEL PRETORIUS	Open M	19	13	6
359	1:29:46	MICHELLE LE ROUX	Veteran F	20	7	3
379	1:29:57	KATHERINE GIBSON	Veteran F	21	8	4
309	1:29:59	RUTH SEALE	Veteran F	22	9	5
543	1:30:10	JOANNE WOOD	Open F	23	10	3
168	1:31:08	DAVID LARSEN	Master M	24	14	2
44	1:31:09	TRINITY LARSEN	U16 F	25	11	2
394	1:31:37	KELLY CLEGG	Open F	26	12	4
568	1:31:47	HEATHER CLEGG	Master F	27	13	2
390	1:31:52	LEILAH COLLEY	Open F	28	14	5
261	1:34:26	GP VAN DEN BERG	Veteran M	29	15	7
211	1:34:31	ANJA VAN DEN BERG	Veteran F	30	15	6
635	1:36:33	HOWARD NICOL	Veteran M	31	16	8
208	1:36:35	ANDRE BURGER	Veteran M	32	17	9
391	1:37:21	GRANT O'BRIEN	Veteran M	33	18	10
654	1:37:22	KERI O'BRIEN	Veteran F	34	16	7
482	1:37:28	CHANTELLE STEENKAMP	Open F	35	17	6
358	1:37:43	SAM FERNANDEZ	Open F	36	18	7
416	1:38:02	TRACY STEART	Veteran F	37	19	8
389	1:38:03	SARAH PITOUT	Master F	38	20	3
448	1:38:28	JUSTIN BARKER	Veteran M	39	19	11
660	1:40:16	IAN POTGIETER	Master M	40	20	3
370	1:40:46	LAUREL BRITZ	Open F	41	21	8



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409	1:40:48	MEGAN NICOL	Veteran F	42	22	9
376	1:40:50	JONO HOLLINSHEAD	Master M	43	21	4
514	1:41:02	PAM DANIEL	Open F	44	23	9
983	1:41:04	JOCELYN TULLIS	Open F	45	24	10
539	1:41:05	KEITH DUDGEON	Junior M	46	22	1
483	1:41:13	JOHN TROISI	Veteran M	47	23	12
450	1:41:15	KATHERINE TROISI	Veteran F	48	25	10
527	1:41:29	TENNEIL LEE	Open F	49	26	11
471	1:42:13	HANTIE PUREN	Veteran F	50	27	11
369	1:43:16	REINETTE NEL	Veteran F	51	28	12
456	1:44:26	KARISHA QUARRIE	Veteran F	52	29	13
625	1:45:27	GILLIAN COLEMAN	Grand Master F	53	30	1
484	1:51:12	PATRICK DALAIS	Grand Master M	54	24	1
375	1:52:44	SARAH-LEE CLEMENTS	Open F	55	31	12
497	1:53:17	STEPHEN BECKERLING	Grand Master M	56	25	2
384	1:54:06	SHARON VAN ROOYEN	Veteran F	57	32	14
588	1:54:23	NYAMEKO MOLOSI	Open M	58	26	7
629	1:58:46	BRONWEN BOWLEY	Veteran F	59	33	15
273	1:59:13	NIKI RYLEY	Veteran F	60	34	16
280	1:59:14	SHAWN MICHAEL BONTHUYS	Veteran M	61	27	13
381	1:59:19	ANDREA NAIDOO	Open F	62	35	13
387	1:59:21	CAROLINE CLOVER	Veteran F	63	36	17
406	1:59:22	RAGMAH BOURNE	Master F	64	37	4
433	2:00:45	GRAEME NORVAL	Veteran M	65	28	14
356	2:06:31	DAVID LANGSTONE	Grand Master M	66	29	3
16	2:13:03	JULYETTE LEWIS	Grand Master F	67	38	2
249	2:13:04	GRAHAM LEWIS	Grand Master M	68	30	4
405	2:30:41	NOMPUMELELO MADLALA	Veteran F	69	39	18
512	2:30:43	SIBUSBO MADLADLA	Open M	70	31	8
392	2:36:42	JAMIEL KHAN	Veteran M	71	32	15
530	2:36:42	FAATIMAH KHAN	U18 F	72	40	1
498	2:59:37	JANE BAIN	Grand Master F	73	41	3
408	2:59:41	KATHY MCGRATH	Master F	74	42	5
522	2:59:43	SALLY MILLS	Grand Master F	75	43	4