



MARATHON COURSE

PRELIMINARY RESULTS





1000 Hills Challenge - 40km



17 July 2023

Race #	Race Time	Name	Category	Overall Position	Gender Position	Cat. Position
77	4:17:21	ERIC NGUBANE	Veteran M	1	1	1
177	4:17:27	IGNATIUS GOREJENA	Veteran M	2	2	2
204	4:31:17	LLOYD SITHOLE	Open M	3	3	1
79	4:45:28	MAZU NDANDANI	Veteran M	4	4	3
172	4:45:41	DAVID LAMONT	Master M	5	5	1
98	4:51:47	STUART AITKEN	Master M	6	6	2
54	4:53:50	DEBBIE KITTO	Veteran F	7	1	1
316	4:54:04	SHAUN KING	Open M	8	7	2
183	5:04:02	INIE DLAMINI	Open M	9	8	3
292	5:08:13	LLOYD ABERNETHY	Open M	10	9	4
291	5:16:13	ZOE PAPADAKIS	Open F	11	2	1
288	5:24:13	REIA DLAMINI	Open F	12	3	2
324	5:35:35	TAKALANI NDANDAN	Veteran F	13	4	2
328	5:37:04	CINDY GLOVER	Veteran F	14	5	3
191	5:38:12	JUSTIN BAKER	Veteran M	15	10	4
317	5:38:15	RICHARD LONG	Veteran M	16	11	5
290	5:41:46	DANIEL MUNDELL	Open M	17	12	5
10	5:42:33	STEPHEN VON MOLLENDORFF	Veteran M	18	13	6
3	5:42:58	GRANT BLAIR	Veteran M	19	14	7
300	5:43:03	TONI SEERY	Open F	20	6	3
327	5:47:19	SEAN YELLAND	U18 M	21	15	1
158	5:50:43	TIM WILCOX	Open M	22	16	6
293	5:51:56	BRETT LOUW	Master M	23	17	3
39	6:01:32	GARETH O'REILLY	Open M	24	18	7
201	6:02:14	GRANT KERR	Master M	25	19	4
115	6:03:01	NEAL HATTINGH	Master M	26	20	5
198	6:13:05	JACO STEENEKAMP	Veteran M	27	21	8
287	6:13:07	MICHELLE STEENEKAMP	Open F	28	7	4
289	6:15:11	RICHARD KAUFMANN	Open M	29	22	8
302	6:19:21	LUAN FOURIE	Veteran M	30	23	9
299	6:23:30	RICHIE LEES	Veteran M	31	24	10
230	6:29:27	GREGORY PETTIFER	Open M	32	25	9
195	6:31:22	BARBARA NEAL	Veteran F	33	8	4
224	6:36:46	GUGULETHU MDINGI	Open M	34	26	10
173	6:37:02	CHRIS MILLAR	Veteran M	35	27	11
318	6:38:14	KERRY RAS	Master F	36	9	1
2	7:12:44	BYRON UGLJANIN	Master M	37	28	6
205	7:13:13	SUNET SLABBERT	Master F	38	10	2
105	7:13:27	GARETH WHYTE	Veteran M	39	29	12