



# LONG COURSE

PRELIMINARY RESULTS





1000 Hills Challenge - 24km



17 July 2023

Race #	Race Time	Name	Category	Overall Position	Gender Position	Cat. Position
934	2:15:12	BHEKISISA MHLONGO	Open M	1	1	1
678	2:15:23	SIPHO ZUMA	Veteran M	2	2	1
684	2:18:45	XOLANI ZUMA	Veteran M	3	3	2
885	2:22:21	STEVEN GLOVER	Open M	4	4	2
965	2:22:33	GRANT HARPER	Veteran M	5	5	3
920	2:26:02	SHAEN MADEVETTE	Open F	6	1	1
734	2:42:19	MEGAN BELTON	Open F	7	2	2
901	2:47:15	KELLY MARTIN	Open F	8	3	3
951	2:47:31	KEVIN CASSIE	Open M	9	6	3
953	2:50:43	MATTHEW RUDD	Open M	10	7	4
930	2:52:12	KEVIN WILLIAMS	Veteran M	11	8	4
351	2:54:38	KEENAN CLOTHIER	Open M	12	9	5
702	3:00:29	JADE REDMAN	Open F	13	4	4
708	3:03:55	ANDREW MEYEROWITZ	Open M	14	10	6
867	3:07:16	DAN WILLMENT	Open M	15	11	7
961	3:08:34	MALUSI NINELA	Open M	16	12	8
735	3:10:04	MERV GAVIN	Veteran M	17	13	5
727	3:10:39	ANGE COOMBE HEATH	Veteran F	18	5	1
747	3:10:53	STACEY GIBHARD	Open F	19	6	5
877	3:11:23	DENISE JOUBERT	Veteran F	20	7	2
945	3:12:33	WESLEY KOEN	Open M	21	14	9
990	3:14:18	RUDI VAN NIEKERK	Veteran M	22	15	6
767	3:14:49	SCOTT WARBURTON	Open M	23	16	10
939	3:14:58	KAYLA KRUGER	Open F	24	8	6
688	3:15:45	SAHIBZADA BULAND	Open M	25	17	11
923	3:18:00	YUYA GODA	Open M	26	18	12
956	3:18:18	MEGHAN KING	Open F	27	9	7
893	3:18:28	MIKE MCLOUGHLIN	Veteran M	28	19	7
673	3:19:47	SAMANTHA PIPER	Open F	29	10	8
770	3:20:02	DESERE WADSWORTH	Open F	30	11	9
736	3:20:19	TERRY DRUMMOND	Master M	31	20	1
966	3:22:37	JOSHUA FRIEDMAN	Open M	32	21	13
785	3:22:44	KYLE WARBURG	Open M	33	22	14
981	3:26:27	BRENDON BOSCH	Open M	34	23	15
768	3:27:26	JEAN-JACQUES LABUSCHAGNE	Veteran M	35	24	8
818	3:31:17	AMITH SIEBALAK	Veteran M	36	25	9
712	3:35:26	ADAM WALKER	Veteran M	37	26	10
710	3:35:28	VICKY CLARKE	Veteran F	38	12	3
301	3:40:34	MICHELLE GORDON	Veteran F	39	13	4
682	3:40:42	NEIL D CARLYLE	Grand Master M	40	27	1
915	3:40:48	LUC QUEVAUVILLIERS	Veteran M	41	28	11
347	3:40:53	HELGA VENTER	Master F	42	14	1



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943	3:43:42	LEILAH COLLEY	Open F	43	15	10
840	3:47:05	KIRSTY GOODWIN	Master F	44	16	2
709	3:48:25	ZACHARIAH DANIEL DERMICK	Open M	45	29	16
695	3:48:29	THEO MULDER	Open M	46	30	17
921	3:53:22	NONHLANHLA NXUMALO	Veteran F	47	17	5
722	3:54:38	DIRK JONATHAN VISSER	Open M	48	31	18
740	3:58:16	RHONWYN BRAYLEY	Veteran F	49	18	6
957	4:06:48	ALISON COATES	Master F	50	19	3
938	4:06:55	VAUGHN SMIT	Master M	51	32	2
980	4:07:02	JAMES TAYLOR	Open M	52	33	19
894	4:12:16	LYNDA VERSTER	Master F	53	20	4
718	4:12:21	CHRISTOPHER HUMAN	Veteran M	54	34	12
914	4:13:16	KIRSTEN MC DONALD	Veteran F	55	21	7
927	4:14:07	HERVE ROUGIER LAGANE	Grand Master M	56	35	2
929	4:14:08	SHAWN MEYER	Master M	57	36	3
837	4:50:27	URSULA HERBERT	Master F	58	22	5
836	4:50:28	ALISON LEE	Veteran F	59	23	8
728	4:50:30	GILL DE BEER	Master F	60	24	6
321	4:53:42	WARREN LESTER	Open M	61	37	20
156	4:53:46	DIANE HOPE	Open F	62	25	11
889	5:03:27	MICHELLE KERR	Open F	63	26	12
880	5:03:57	LIHLE BIYASE	Open F	64	27	13
996	5:07:52	DUDU DITLHALE	Veteran F	65	28	9
821	5:07:57	FIKILE MFEKA	Master F	66	29	7
888	5:08:02	PHUME MAKOBA	Master F	67	30	8
298	5:10:29	REBECCA HENDERSON	Veteran F	68	31	10
886	5:11:15	JOHN HEWITT	Grand Master M	69	38	3
814	5:16:14	SIBUSISILE HLONGWANE	Veteran F	70	32	11
962	5:23:35	CATHERINE DIXON	Open F	71	33	14