



KENNETH STAINBANK TRAIL RUN

SHORT COURSE

PRELIMINARY RESULTS



Kenneth Stainbank Trail Run - 5km



25 June 2023

Race #	Race Time	Name	Category	Overall Position	Gender Position	Cat. Position
920	0:23:59	MATTHEW QUINTON	U12 M	1	1	1
914	0:24:55	CHRIS QUINTON	Veteran M	2	2	1
977	0:25:51	JAMES BLACKWOOD	U16 M	3	3	1
792	0:28:13	BRODIE BRIGG	U12 M	4	4	2
686	0:29:25	WESLEY MBHELE	U16 M	5	5	2
958	0:29:31	LINDOKUHLE MGWAZI	U12 M	6	6	3
923	0:29:35	BAILEY SWAN	U12 F	7	1	1
760	0:29:47	MADISON HEAD	U12 F	8	2	2
979	0:31:32	CRAIG SWAN	Veteran M	9	7	2
822	0:33:36	MNOA BHENGU	U16 M	10	8	3
960	0:33:46	WAYNE MUNN	Veteran M	11	9	3
689	0:36:19	LUYANDA MALEKA	U12 M	12	10	4
868	0:37:18	LISA NOURSE	Master F	13	3	1
747	0:38:09	LEE-ANNE BARKER-GOBLE	Veteran F	14	4	1
840	0:38:30	LINDY HEAD	Veteran F	15	5	2
728	0:38:44	SARAH MORROW	U12 F	16	6	3
883	0:38:48	LARA MORROW	Veteran F	17	7	3
994	0:38:52	FRIEDA STEENKAMP	U16 F	18	8	1
795	0:39:19	KEEGAN KIDWELL	U12 M	19	11	5
684	0:39:38	LEANNE COX	Veteran F	20	9	4
726	0:39:50	MANDY MALLEN	Open F	21	10	1
990	0:40:12	KATHRYN PRETORIUS	U12 F	22	11	4
931	0:40:17	ANDREW BLACKWOOD	U12 M	23	12	6
980	0:40:20	PETRIS PRETORIOUS	Master M	24	13	1
975	0:40:55	EMMA VON MOLLENDORF	Junior F	25	12	1
737	0:40:58	JENNA VON MOLLENDORF	Open F	26	13	2
893	0:41:09	NATALIE CROOK	Veteran F	27	14	5
891	0:41:27	MARTIN WHITE	Grand Master M	28	14	1
734	0:41:33	THANDISWA MBHELE	U18 F	29	15	1
670	0:41:36	CHRISTOPHER CROOK	Veteran M	30	15	4
787	0:42:59	ALAN WASSERMAN	Grand Master M	31	16	2
901	0:43:16	MICHAEL PRETORIUS	Junior M	32	17	1
884	0:43:20	NOEL SAVILLE	Grand Master M	33	18	3
917	0:43:56	GENEVIEVE QUINTON	Veteran F	34	16	6
934	0:45:52	ANDIE SWAN	Junior M	35	19	2
930	0:45:55	RENEE SWAN	Open F	36	17	3
984	0:49:35	BRANDON HEAD	Veteran M	37	20	5
816	0:50:58	AAVDIA BLACKWOOD	Veteran F	38	18	7
839	0:51:13	JACKIE MARAIS	Veteran F	39	19	8
997	0:53:22	RADHINI VEERAPPAN	Open F	40	20	4
929	0:53:34	BRIAN SCOTT	Grand Master M	41	21	4
786	0:54:29	YAHYA DAWOOD	U12 M	42	22	7



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965	0:54:35	YUSUF KHAN	U12 M	43	23	8
962	0:57:50	STACY SMITH	Veteran F	44	21	9
794	0:57:56	LAUREN SMITH	U18 F	45	22	2
709	0:58:01	KARIN SALKOW	Master F	46	23	2
867	0:58:06	ANA LESKOVAR	Open F	47	24	5
677	1:04:05	MEGAN WHITE	Veteran F	48	25	10
688	1:09:21	FARZANA MAHOMED	Open F	49	26	6
996	1:09:24	SUHAIL RASAD	Open M	50	24	1
910	1:09:50	SHAYLEEN JAMES	Veteran F	51	27	11
717	1:09:54	ANGELA JAMES	Grand Master F	52	28	1
937	1:12:01	SHELLEY HEWITT	Grand Master F	53	29	2
695	1:13:37	KARUSHA PILLAY	Veteran F	54	30	12
886	1:13:41	YURESHAN NAIDOO	Veteran M	55	25	6
927	1:13:45	MICHELLE GOVENDER	Open F	56	31	7
821	1:14:32	JENNIFER NEW	Open F	57	32	8
820	1:14:35	GAIL BURNS	Open F	58	33	9