



TALA TRAIL RUN

SHORT COURSE



Tala Trail Run - 5km



19 March 2023

Race #	Race Time	Name	Category	Overall Position	Gender Position	Cat. Position
197	0:22:37	MATTHEW QUINTON	U12 M	1	1	1
241	0:23:03	SENZO SHANGE	Open M	2	2	1
221	0:23:07	JASON DYLAN REINEKE	U16 M	3	3	1
198	0:24:13	CHRIS QUINTON	Veteran M	4	4	1
28	0:27:22	FABIAN KALLENBACH	Open M	5	5	2
5	0:28:30	CADEN BOTES	U12 M	6	6	2
201	0:28:46	MEGHAN KING	Open F	7	1	1
106	0:30:08	MANDY MALLEN	Open F	8	2	2
30	0:30:18	MICKAYLA VAN STADEN	Open F	9	3	3
13	0:31:03	ANDREW STIRK	U16 M	10	7	2
9	0:31:09	DUANE SMITH	Open M	11	8	3
202	0:32:13	ELIZABETH DE GOEDE	U12 F	12	4	1
220	0:32:56	LEIGH JASON REINEKE	Veteran M	13	9	2
207	0:33:02	TRISTAN VAN DYK	Open M	14	10	4
98	0:33:13	RHETT MESSITERTOZE	U16 M	15	11	3
95	0:33:20	DUNCAN DU TOIT	Junior M	16	12	1
222	0:34:15	TILMAN WILLMS	Open M	17	13	5
187	0:34:39	MILLA DOUGLAS	U16 F	18	5	1
105	0:34:42	PAUL STEPHENS	Open M	19	14	6
230	0:35:03	GRANT COX	U16 M	20	15	4
1	0:35:21	BLAYNE PIPER	Junior M	21	16	2
6	0:35:53	CHRIS PRETORIUS	Grand Master M	22	17	1
100	0:36:54	SARAH-JANE ARNOLD	Open F	23	6	4
236	0:37:51	MICHAEL GRIFFITHS	Open M	24	18	7
216	0:38:25	MOIRA FILMER	Veteran F	25	7	1
193	0:38:28	TYLER JARRAT	U12 M	26	19	3
92	0:39:14	ANGELA WESTY	Veteran F	27	8	2
56	0:39:33	NDUDUZO KHUMALO	Open M	28	20	8
213	0:39:38	BRYONY ROCHAT	Veteran F	29	9	3
235	0:40:18	CARMEN GRIFFITHS	Veteran F	30	10	4
225	0:40:28	CHRISTIAAN VAN AARDT	Junior M	31	21	3
224	0:40:29	CHRISJAN VAN AARDT	Veteran M	32	22	3
111	0:40:32	MONIQUE BOTHA	Open F	33	11	5
206	0:40:34	LEZAAN MARAIS	Open F	34	12	6
103	0:40:58	KEEGAN KIDWELL	U12 M	35	23	4
32	0:41:12	JUSTINE SARAH LONGE	Open F	36	13	7
24	0:41:41	JAMES HOLLINSHEAD	U16 M	37	24	5
104	0:41:43	JEMMA LIEBENBERG	U18 F	38	14	1
228	0:41:57	SAMANTHA COX	Veteran F	39	15	5
115	0:42:12	KERYN EMSLIE	Grand Master F	40	16	1
110	0:42:21	STEVEN BEZUIDENHOUT	Veteran M	41	25	4
109	0:42:24	OLIVIA BEZUIDENHOUT	Junior F	42	17	1



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116	0:42:46	MAHOMED ISMAIL KARA	Master M	43	26	1
194	0:43:20	NATALIE ESTERHUIZEN	Veteran F	44	18	6
122	0:43:56	ALTHAAF IBRAHIM	Open M	45	27	9
4	0:44:00	CHANTAL KIDGELL	Open F	46	19	8
20	0:44:24	EMMA READ	U16 F	47	20	2
217	0:44:38	ANTON IMMELMAN	Master M	48	28	2
195	0:44:53	GENEVIEVE QUINTON	Veteran F	49	21	7
226	0:45:05	ELAINE COX	Veteran F	50	22	8
37	0:45:07	CINDY MAY WANG	Veteran F	51	23	9
38	0:45:30	KIRSTY FONZARI	Master F	52	24	1
39	0:45:32	WERNHER FERRERIA	Master M	53	29	3
26	0:45:36	LEA HOLLINSHEAD	Veteran F	54	25	10
25	0:45:44	THOMAS HOLLINSHEAD	U16 M	55	30	6
196	0:45:50	MARK QUINTON	U16 M	56	31	7
108	0:46:42	AVA BEZUIDENHOUT	Junior F	57	26	2
107	0:46:43	ANDREA BEZUIDENHOUT	Open F	58	27	9
191	0:46:53	PENNY GILBERT	Open F	59	28	10
34	0:46:55	WERNER COETZER	Veteran M	60	32	5
33	0:46:59	CINDY COETZER	Veteran F	61	29	11
10	0:47:10	JESSICA HAY	Open F	62	30	11
233	0:47:11	LEONIE HARPER	Veteran F	63	31	12
232	0:47:13	BYRON TRUSCOTT	Veteran M	64	33	6
231	0:47:28	DANIEL COX	U12 M	65	34	5
245	0:47:33	KIRSTIE DU PREEZ	Open F	66	32	12
229	0:47:36	MARK COX	Veteran M	67	35	7
96	0:47:44	CLAUDIA DU TOIT	Veteran F	68	33	13
102	0:47:51	KERRY KIDWELL	Open F	69	34	13
237	0:48:38	RUMAISA KARA	Open F	70	35	14
8	0:49:04	PHUMELELE SIBISI	Open F	71	36	15
93	0:49:28	SHANNON WINFIELD	Master F	72	37	2
52	0:49:30	ZAYD BADAT	U16 M	73	36	8
55	0:49:44	SIYABONGA BUTHELEZI	Junior M	74	37	4
36	0:49:51	JONTY DOBROWSKY	Open M	75	38	10
35	0:49:53	KELLY DOBROWSKY	Open F	76	38	16
119	0:50:44	KAREN MCDONALD	Master F	77	39	3
97	0:50:58	LIA DU TOIT	Junior F	78	40	3
223	0:51:17	LINDY MAUGHAN	Open F	79	41	17
960	0:51:18	CHERI ATKINS	Open F	80	42	18
218	0:51:21	MICHAEL THORNDIKE	Open M	81	39	11
219	0:51:26	CAITLYN COCHRANE	Open F	82	43	19
192	0:51:29	DAVID ARRARRAO	Open T	83	1	1
14	0:51:48	JAMES STIRK	U12 M	84	40	6



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94	0:52:01	WILMA MARAIS	Veteran F	85	44	14
15	0:52:02	GARY STIRK	Veteran M	86	41	8
677	0:52:20	GEOFF PURNELL	Grand Master M	87	42	2
112	0:52:30	CALIB NATE BOTHA	U16 M	88	43	9
16	0:52:33	MARNA ROELOFSE	Open F	89	45	20
214	0:52:37	JODIE-LEA BOTHA	Open F	90	46	21
18	0:53:02	MICHAEL EGLING	Master M	91	44	4
118	0:53:11	NABEEL MAHOMED KARA	Open M	92	45	12
244	0:53:25	LEIGH PARKER	Open F	93	47	22
50	0:53:51	AISHA BADAT	Junior F	94	48	4
53	0:53:52	MAHOMED ZAHEER BADAT	Veteran M	95	46	9
27	0:54:00	SANDY HEMINGWAY	Grand Master F	96	49	2
200	0:54:05	YASMEEN CHOCHAN	U16 F	97	50	3
11	0:54:27	AMBER JACOBS	Open F	98	51	23
29	0:54:28	MICHELLE MAUGHAN	Open F	99	52	24
101	0:54:34	DHUDHUZILE HWALIMA	Veteran F	100	53	15
185	0:54:44	CINDY RAATH	Master F	101	54	4
184	0:54:45	CHRIS MALAN	Master M	102	47	5
186	0:54:47	RICHARD FLEMING	Master M	103	48	6
189	0:54:49	AARYA MAHARAJ	U12 F	104	55	2
190	0:54:50	ASH MAHARAJ	Master M	105	49	7
47	0:55:42	LAURA LANDER	Veteran F	106	56	16
48	0:55:44	HELENE LANDER	Grand Master F	107	57	3
208	0:55:57	BRIAN SCOTT	Grand Master M	108	50	3
117	0:56:35	CADEE COX	Open F	109	58	25
43	0:56:38	JUDY FLETT	Master F	110	59	5
40	0:56:39	ANEESA PANDOR	Master F	111	60	6
234	0:56:44	PATRICIA KANZLER	Grand Master F	112	61	4
120	0:56:46	AYESHA VAHED	Open F	113	62	26
121	0:56:49	JUNAID KATHRADA	Open M	114	51	13
12	0:57:06	SADE WEBBER	Open F	115	63	27
45	0:57:37	SHERRI GILLIVER	Open F	116	64	28
46	0:57:40	TARIN MADDOCKS	Open F	117	65	29
242	0:57:42	DARYN KLEINHANS	Open M	118	52	14
243	0:57:43	ISLA KLEINHANS	Junior F	119	66	5
210	0:57:48	TRENTEN WADSWORTH	U12 M	120	53	7
211	0:57:50	BRADLEY WADSWORTH	Open M	121	54	15
153	0:59:10	SAMKELISIWE MATHE	Open F	122	67	30
49	0:59:49	NONTOBEKO HLONGWANE	Veteran F	123	68	17
209	1:00:10	LWANDLE KHULU	U16 M	124	55	10
17	1:00:21	ETHEN	U16 M	125	56	11
238	1:00:38	ALAN BUZLAR	Veteran M	126	57	10



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239	1:00:41	NATALIE JOLLANDS	Open F	127	69	31
240	1:00:48	BARBARA FLORENCE	Master F	128	70	7
199	1:01:14	N ISMAEL	Veteran F	129	71	18
44	1:01:18	MAUREEN SCOTT-SHAW	Grand Master F	130	72	5
19	1:01:29	SUSAN RUDMAN	Master F	131	73	8
21	1:01:32	TRISH YAKOBE	Open F	132	74	32
99	1:01:39	KAY MEYRICK	Grand Master F	133	75	6
215	1:01:43	TRAVIS NIGHTINGALE	Open M	134	58	16
154	1:02:00	NICOLE GOVENDER	Open F	135	76	33
212	1:02:19	CARLA O'NEILL	Open F	136	77	34
41	1:03:18	SHEEREN BANA	Veteran F	137	78	19
42	1:03:21	SHAMEEMA KADWA	Veteran F	138	79	20
7	1:03:25	KARIN SALKOW	Master F	139	80	9
203	1:03:26	RITA HADLEY	Grand Master F	140	81	7
54	1:03:42	MARIAM AHMED	Veteran F	141	82	21
51	1:03:53	SALMA BADAT	U12 F	142	83	3
205	1:04:00	ALISON LONGFORD	Grand Master F	143	84	8
188	1:05:02	LUNGILE MUTHWA	Veteran F	144	85	22
151	1:08:45	ZAHRA KARA	Open F	145	86	35
152	1:09:42	NUSRAT KHAN	Open F	146	87	36
3	1:13:46	TYRON PIPER	Open M	147	59	17
2	1:14:01	GEORGIA PIPER	Junior F	148	88	6
22	1:18:14	DEBBORA-ANN SHUNN	Master F	149	89	10
23	1:18:18	CLIVE SHUNN	Master M	150	60	8
113	1:25:36	JUWAIIRIYYAH AMOD	Open F	151	90	37
114	1:25:40	KRISANYA PILLAY	Open F	152	91	38