



TALA TRAIL RUN

MEDIUM COURSE



Tala Trail Run - 10km



19 March 2023

Race #	Race Time	Name	Category	Overall Position	Gender Position	Cat. Position
684	0:45:49	TRAVIS BRIGG	U16 M	1	1	1
746	0:50:23	RHAIN HOSKINS	Open M	2	2	1
754	0:51:25	NOMORE YAKOBE	Open M	3	3	2
7501	0:52:19	JANNIS LAU	Open M	4	4	3
695	0:53:12	MICHAEL MESSITER-TOOZE	U16 M	5	5	2
737	0:53:43	CARLA-LEIGH ZIADY	Open F	6	1	1
922	0:54:41	MARC NEL	Veteran M	7	6	1
674	0:56:12	ROBERT CULLIS	U16 M	8	7	3
730	0:57:30	JAMES READ	U16 M	9	8	4
916	0:57:35	BRANDON O'NEILL	Open M	10	9	4
687	0:57:45	GLEN MORGAN	Open M	11	10	5
696	0:58:02	THOMAS PRENTICE	U16 M	12	11	5
839	0:58:18	ROXY DE KOCK	U16 F	13	2	1
573	0:58:47	ROSS WRIGHT	Master M	14	12	1
862	0:58:54	LANGELIHLE MHLONGO	Open M	15	13	6
844	0:59:58	LIAM BEKKER	U12 M	16	14	1
838	1:00:49	HEIN DE KOCK	Veteran M	17	15	2
996	1:00:55	KIRSTY WAUGH	Open F	18	3	2
974	1:01:12	STUART PATTERSON	Open M	19	16	7
711	1:01:20	RHYAN RUDMAN	Master M	20	17	2
930	1:01:34	KYLE WEST	Open M	21	18	8
915	1:01:39	KADE POLLARD	U16 M	22	19	6
9961	1:01:54	MIKE NORTON	Open M	23	20	9
742	1:02:30	LARS TOGNINO	Open M	24	21	10
733	1:02:32	ROBERT SIRILLI	Veteran M	25	22	3
968	1:02:40	LUKE MURGATROYD	Open M	26	23	11
835	1:02:52	MICHELE LOUW	Open F	27	4	3
728	1:03:44	CHRISTINA MUNNIK	Open F	28	5	4
970	1:04:15	SHAWN MEYER	Master M	29	24	3
744	1:04:39	MIKA SCHMIDT	Open M	30	25	12
936	1:04:40	MARIUS LOURENS	Veteran M	31	26	4
688	1:05:00	TIMOTHY DE KLERK	Open M	32	27	13
993	1:05:01	DARREN HUNTLEY	Veteran M	33	28	5
749	1:05:56	NATASHA POOLTON	Open F	34	6	5
750	1:05:58	BRADLEY RUDMAN	Open M	35	29	14
920	1:06:02	DAVID SANSBURY	Grand Master M	36	30	1
914	1:06:04	BRYN POLLARD	Master M	37	31	4
975	1:06:12	VICTORIA ATTREE	Open F	38	7	6
745	1:06:44	LAUREN PAXTON	Open F	39	8	7
971	1:07:44	MADDY DORRIAN	Open F	40	9	8
973	1:07:46	MARTIN BIRTWISTLE	Grand Master M	41	32	2
743	1:07:57	NOEMIE PIEDBOEUF	Open F	42	10	9



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31	1:08:13	LANA DORROFIELD	Veteran F	43	11	1
850	1:08:24	ANDY PATTERSON	Grand Master M	44	33	3
854	1:09:03	NEIL PATTERSON	Master M	45	34	5
689	1:09:15	GARATT HAMILTON	Open M	46	35	15
727	1:09:55	ALEXANDRA KIRKMAN	Open F	47	12	10
725	1:10:01	FIONA MORLEY	Master F	48	13	1
979	1:10:13	SAMANTHA BOTES	Open F	49	14	11
741	1:10:29	NKOSIYABO SIBANDA	Open M	50	36	16
845	1:10:30	WALDO BEKKER	Veteran M	51	37	6
935	1:10:32	CHANEL LOURENS	Veteran F	52	15	2
851	1:10:37	ELMARIE THOLE	Master F	53	16	2
852	1:10:39	KERRY VAN GREUNEN	Open F	54	17	12
853	1:10:40	ERROL THOLE	Master M	55	38	6
937	1:11:04	ANDREW BARNES	Veteran M	56	39	7
765	1:11:23	FAARADH SYED RUSSOUL	Open M	57	40	17
9681	1:11:25	CATHERINE MUIRHEAD	Open F	58	18	13
678	1:11:30	ALAN BARONET	Grand Master M	59	41	4
911	1:11:38	JASON DU RANDT	Open M	60	42	18
958	1:11:46	NEAL HATTINGH	Master M	61	43	7
675	1:12:15	KIM CRUICKSHANK	Open F	62	19	14
933	1:12:29	JULIANNE NORTON	Open F	63	20	15
900	1:12:49	THOMAS HOROWITZ	Veteran M	64	44	8
767	1:12:52	JANE DICKINSON	Grand Master F	65	21	1
918	1:12:55	KAYLA EGGAR	Open F	66	22	16
227	1:14:25	MICHAEL FROST	Veteran M	67	45	9
694	1:15:10	JAMES BROOKS	Open M	68	46	19
903	1:15:13	HERVE ROUGIER LAGANE	Grand Master M	69	47	5
917	1:15:17	ROB VERESS	Grand Master M	70	48	6
863	1:15:24	DLAMINI THENKIWE	Open F	71	23	17
676	1:15:40	NATASHA WILLIAMS	Master F	72	24	3
747	1:15:42	SANDY OLIVIER	Grand Master F	73	25	2
921	1:16:59	SIMON JOUBERT	Master M	74	49	8
934	1:17:00	MARK ZARTMANN	Master M	75	50	9
9921	1:17:06	MELISSA AITKEN	Open F	76	26	18
857	1:17:07	BYRON MCKIE	Open M	77	51	20
768	1:17:15	WARREN PHIPPEN	Master M	78	52	10
769	1:17:17	MARY MARTENS	Veteran F	79	27	3
701	1:17:19	MELANIE PAUL	Veteran F	80	28	4
988	1:17:22	JONATHAN REECE	Grand Master M	81	53	7
692	1:17:46	WILLIE MARAIS	Master M	82	54	11
982	1:18:26	CLAIRE SMITH	Veteran F	83	29	5
985	1:18:27	BIANCA MILLER	Open F	84	30	19



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986	1:18:34	JACQUES VRIESE	Master M	85	55	12
668	1:18:48	TERESA COLLETT	Grand Master F	86	31	3
751	1:18:58	JONO HOLLINSHEAD	Master M	87	56	13
978	1:19:11	GAVIN MOONEY	Master M	88	57	14
998	1:19:56	ANGEL HARGREAVES	Veteran F	89	32	6
931	1:20:10	CAITLIN FYVIE	Open F	90	33	20
932	1:20:12	JUSTIN FYVIE	Veteran F	91	34	7
753	1:20:15	SARAH HEMINGWAY	Open F	92	35	21
740	1:20:18	DESERE WADSWORTH	Open F	93	36	22
950	1:20:26	STEVE ELLIOTT	Grand Master M	94	58	8
723	1:20:31	MURRAY SAUNDERSON	Master M	95	59	15
707	1:21:01	STEPHEN RUBIDGE	Master M	96	60	16
980	1:21:04	JACQUELINE MOONEY	Master F	97	37	4
764	1:21:14	GABOR LUKACS	Open M	98	61	21
763	1:21:19	LYNNE WESSON	Veteran F	99	38	8
951	1:21:46	MARGIE MCGRAW	Veteran F	100	39	9
672	1:21:47	CYNDY GORDON	Veteran F	101	40	10
882	1:21:48	KAYDEE CORBELLA	Open F	102	41	23
955	1:22:14	CARMEN WHYTE	Open F	103	42	24
892	1:23:29	HEIDI PAUL	Master F	104	43	5
739	1:23:31	TARRYN LOCKE	Veteran F	105	44	11
908	1:23:32	GRANT WESTON	Grand Master M	106	62	9
912	1:23:35	VANESSA HOUNSELL	Veteran F	107	45	12
738	1:23:36	DEBBIE ANN GILLETT	Veteran F	108	46	13
772	1:24:03	MICHAEL BULLARD	Open M	109	63	22
756	1:24:10	HELEN ANDERSON	Veteran F	110	47	14
923	1:24:29	GLENDA PATTERSON	Master F	111	48	6
994	1:24:31	KIM SELWOOD	Grand Master M	112	64	10
709	1:25:21	LEIGH ANNE EGLING	Master F	113	49	7
940	1:26:15	ASHLEY SCOTT	Veteran F	114	50	15
881	1:26:36	DONNA EDMONDS	Veteran F	115	51	16
840	1:26:38	ANDREW HUDSON	Open M	116	65	23
967	1:27:17	MARC EDWARDS	Veteran M	117	66	10
984	1:27:34	NICOLLA NAIDOO	Open F	118	52	25
698	1:27:39	BEKITHEMBA HWALIMA	Veteran M	119	67	11
959	1:27:41	KERRY LOWE	Open F	120	53	26
924	1:27:49	WAYNE USHER	Master M	121	68	17
773	1:28:24	BONNIE ROBERTSON	Open F	122	54	27
693	1:28:37	FRANCOIS DU TOIT	Veteran M	123	69	12
537	1:28:50	BEVERLY MCINTYRE	Veteran F	124	55	17
966	1:28:53	BERNE EDWARDS	Open F	125	56	28
965	1:28:55	EMILY MURRAY	Open F	126	57	29



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926	1:29:16	SAVANNA DU PREEZ	Open F	127	58	30
927	1:29:19	BRADLEY DAW	Open M	128	70	24
703	1:30:13	EMMA PITOUT	Open F	129	59	31
702	1:30:21	SARAH PITOUT	Master F	130	60	8
700	1:30:27	KATHY ACUTT	Master F	131	61	9
720	1:30:59	KIM ROBINSON	Master F	132	62	10
942	1:31:04	STEPHEN CRIMES	Open M	133	71	25
941	1:31:12	JOANNE CRIMES	Open F	134	63	32
669	1:31:14	DEREK COLLETT	Grand Master M	135	72	11
856	1:31:17	LISA VAN ZYL	Veteran F	136	64	18
855	1:31:21	KERRY SAUNDERS	Veteran F	137	65	19
943	1:31:24	ANGELIQUE DELIGNY	Master F	138	66	11
721	1:31:27	DIANNE CILLIERS	Grand Master F	139	67	4
766	1:31:32	ESTELLE MALAN	Master F	140	68	12
898	1:31:35	KATHLEEN RAFFLE	Open F	141	69	33
897	1:31:37	ADELE CONIBEAR	Open F	142	70	34
724	1:31:48	GRAEME NORVAL	Veteran M	143	73	13
956	1:32:18	CASEY LE LANGE	Open F	144	71	35
957	1:32:20	VANESSA HATTINGH	Veteran F	145	72	20
722	1:32:21	BRONWEN BOWLEY	Veteran F	146	73	21
907	1:32:26	SIOBHAN HADLEY	Veteran F	147	74	22
681	1:32:37	JACQUELINE MAC GREGOR	Veteran F	148	75	23
983	1:32:44	TASNEEM PATEL	Veteran F	149	76	24
757	1:32:46	WENDY BOTHMA	Master F	150	77	13
748	1:32:53	ERIC BOTHMA	Master M	151	74	18
981	1:32:58	GARRY SALKOW	Grand Master M	152	75	12
995	1:33:00	JENNIFER HARLEY	Veteran F	153	78	25
925	1:33:24	JUSTIN WEBBER	Open M	154	76	26
859	1:33:45	PAULINE GROENEWALD	Veteran F	155	79	26
858	1:33:48	HENKIE GROENEWALD	Open M	156	77	27
734	1:33:50	KATHERINE TROISI	Open F	157	80	36
736	1:33:52	SHARON VAN ROOYEN	Veteran F	158	81	27
735	1:33:53	NICOLE DAVIES	Open F	159	82	37
929	1:34:13	TONY YUNNIE	Grand Master M	160	78	13
679	1:34:23	LEIGH WESSON	Veteran F	161	83	28
899	1:34:24	DALE WESSON	Master F	162	84	14
680	1:34:26	NIGEL HAWLEY	Grand Master M	163	79	14
704	1:34:28	ZAKIR MAHOMED	Veteran M	164	80	14
705	1:34:35	RIYAAZ GANY	Open M	165	81	28
842	1:34:39	NICOLA TORLAGE	Open F	166	85	38
843	1:34:40	KATIE BARRY	Open F	167	86	39
919	1:35:03	JENNA HARDMAN	Veteran F	168	87	29



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841	1:35:14	ADELE HUDSON	Master M	169	82	19
726	1:35:25	SUE LIEBENBERG	Veteran F	170	88	30
729	1:35:27	PAT READ	Master F	171	89	15
928	1:36:24	BARBARA-ANNE STIRK	Open F	172	90	40
8961	1:36:38	KATE DE GOEDE	Open F	173	91	41
848	1:36:50	JACQUES BURGER	Open M	174	83	29
847	1:36:52	MICHAEL GEORGIADES	Veteran M	175	84	15
710	1:37:43	ZUBAIR ALLI	Open M	176	85	30
860	1:38:01	MIKE FOREST	Grand Master M	177	86	15
8391	1:38:23	HUGH COCKSEGE	Grand Master M	178	87	16
732	1:39:51	JULYETTE LEWIS	Grand Master F	179	92	5
731	1:39:53	GRAHAM LEWIS	Grand Master M	180	88	17
989	1:40:12	CHLOE SNYDER	Open F	181	93	42
759	1:40:27	MIKE STENCEL	Grand Master M	182	89	18
861	1:42:24	GUMEDE SINDISWA	Open F	183	94	43
719	1:42:40	LANA ALLEN	Veteran F	184	95	31
752	1:43:12	COLETTE LUNDBERG	Grand Master F	185	96	6
780	1:43:45	NJABULISO NGOMANE	Open F	186	97	44
774	1:43:47	JESSE WILLIAMS	Open M	187	90	31
760	1:44:04	CLAUDIA STENCEL	Master F	188	98	16
990	1:44:28	KAREN SEBIRE	Master F	189	99	17
836	1:45:06	PETER BOULLE	Grand Master M	190	91	19
999	1:46:21	CHERRY MUSLIM	Master F	191	100	18
952	1:46:50	JENNIFER COOPER	Master F	192	101	19
953	1:46:53	KARL MARSDEN	Master M	193	92	20
949	1:49:47	LINDA LANZ	Grand Master F	194	102	7
884	1:50:53	JAQUELINE NEL	Open F	195	103	45
433	1:53:01	CHRISTOPHER WALTONS	Master M	196	93	21
715	1:53:18	JEN DU PREEZ	Veteran F	197	104	32
885	1:56:03	NICOLASA MCCABE	Grand Master F	198	105	8
673	1:56:04	JACKIE GOODWILL	Grand Master F	199	106	9
883	1:56:09	DENISE MULDER	Grand Master F	200	107	10
954	1:56:11	LIZ ENGLEFIELD	Grand Master F	201	108	11
712	1:56:47	JESSICA HUANG	Veteran F	202	109	33
976	1:58:19	TYLAH HOBBAH-WATSON	Open F	203	110	46
977	1:58:21	BLYTHE HOBBAH-WATSON	Master F	204	111	20
776	1:59:37	AMBER PATTON	Veteran F	205	112	34
716	2:00:22	LEE ANNE DORNING	Master F	206	113	21
717	2:00:26	LINDSAY WAYT	Veteran F	207	114	35
697	2:00:38	CLAIRE DELPORT	Veteran F	208	115	36
708	2:02:02	AHMED MUSLIM	Grand Master M	209	94	20
815	2:03:46	FAATIMAH ZAHRA KHAN	U18 F	210	116	1



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778	2:04:07	MARYAM SOOFIE	U12 F	211	117	1
904	2:04:09	RENETTE GILPIN	Master F	212	118	22
685	2:04:10	LEONA SWANEPOEL	Veteran F	213	119	37
906	2:04:12	CHARMAINE BOOYSEN	Master F	214	120	23
905	2:04:20	CHANTEL EVA	Open F	215	121	47
816	2:04:26	JAMIEL KHAN	Veteran M	216	95	16
837	2:06:00	RUTH CANHAM	Open F	217	122	48
670	2:06:01	LEONIE HAINES	Master F	218	123	24
699	2:07:03	MANDY EYSELE	Grand Master F	219	124	12
939	2:07:17	LESLEY SHIPP	Grand Master F	220	125	13
770	2:07:19	GILLIAN SCOTT	Grand Master F	221	126	14
771	2:10:05	RENETTE VAN DER MERWE	Grand Master F	222	127	15
714	2:10:08	SANDRA BRUYNS	Grand Master F	223	128	16
758	2:13:48	CHANTAL STIEGER	Open F	224	129	49
938	2:14:20	LYNETTE MOHRING	Master F	225	130	25
713	2:14:28	JANET HAINES	Master F	226	131	26
9161	2:14:44	KAREN VERESS	Master F	227	132	27
969	2:14:46	AMANDA MEYER	Master F	228	133	28
777	2:23:46	HASEENA KHAN	Veteran F	229	134	38
779	2:23:48	GH SOOFIE	Veteran M	230	96	17
946	2:28:33	JABU KHANYILE	Veteran F	231	135	39
945	2:28:44	LUNGILE SHELEMBE	Veteran F	232	136	40