



COASTAL SERIES

ROCKY BAY

LONG COURSE

PRELIMINARY RESULTS



Coastal Series - Rocky Bay Trail Run - 19km - Preliminary Results



08 January 2023

Race #	Race Time	Name	Category	Overall Position	Gender Position	Cat. Position
755	1:15:57	IGGY GOREJENA	Veteran M	1	1	1
675	1:22:25	IAN DICKINSON	Open M	2	2	1
850	1:22:54	DAVID LAMONT	Master M	3	3	1
916	1:24:23	LLOYD SITHOLE	Open M	4	4	2
793	1:25:11	NIEL NEETHLING	Open M	5	5	3
715	1:26:12	SHAUN KING	Open M	6	6	4
909	1:29:18	BRYCE MAHER	Open M	7	7	5
990	1:31:25	LUKE PLOTTS	Open M	8	8	6
677	1:34:11	LISA COLLETT	Veteran F	9	1	1
914	1:34:29	MATT SALVESEN	Open M	10	9	7
830	1:34:32	JONATHAN HENRY	Open M	11	10	8
731	1:34:35	BRAD VENTER	Veteran M	12	11	2
922	1:34:42	HAIG GIBB	Open M	13	12	9
782	1:35:17	NEAL HATTINGH	Master M	14	13	2
930	1:35:21	SEAN YELLAND	U18 M	15	14	1
905	1:36:09	EMMANUEL NGCOMGO	Veteran M	16	15	3
878	1:36:33	MATTHEW LAMMERS	Open M	17	16	10
986	1:36:59	WARREN GIBSON	Veteran M	18	17	4
958	1:43:06	THULANI MNTUNGWA	Veteran M	19	18	5
754	1:48:06	GRANT HARRIS	Veteran M	20	19	6
747	1:48:13	RUTH HICKS	Master F	21	2	1
937	1:48:30	ALAN HENRY	Master M	22	20	3
753	1:48:36	DALTON STEENMANS	Open M	23	21	11
707	1:48:38	NICOLE VON METZINGER	Open F	24	3	1
938	1:49:23	CHRIS MILLAR	Veteran M	25	22	7
995	1:54:26	USTOVIL RAMWATER	Open M	26	23	12
993	1:55:20	NKOSIYADI JWILI	Veteran M	27	24	8
853	1:58:27	DAVID BODDY	Veteran M	28	25	9
697	1:58:42	DEAN BOYERS	Open M	29	26	13
835	1:59:38	AMY KIRCHMANN	Open F	30	4	2
969	2:00:03	MIKE HARRISON	Master M	31	27	4
804	2:01:07	LEONA LAMONT	Master F	32	5	2
884	2:04:56	CATHERINE BOSSE	Open F	33	6	3
928	2:04:58	PETER LAMPLOUGH	Veteran M	34	28	10
957	2:11:25	STELLIO COUTSIDES	Veteran M	35	29	11
946	2:18:00	SITHEMBISO KHUZWAYO	Open M	36	30	14
935	2:18:36	PREYA GOPIE	Junior F	37	7	1
897	2:18:53	JASON VAN NIEKERK	Open M	38	31	15
738	2:24:59	DANA DANIELS	Veteran F	39	8	2
982	2:27:37	RENASH GOPIE	Junior M	40	32	1
968	2:27:43	KHINESH VALLABH	Veteran M	41	33	12
901	2:27:58	BYRON UGLJANIN	Master M	42	34	5



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792	2:28:45	THOMAS HOROWITZ	Veteran M	43	35	13
888	2:29:17	STEVEN SMITH	Open M	44	36	16
966	2:32:34	BRENDA LOCKYEAR	Veteran F	45	9	3
973	2:32:39	JADE DA COSTA	Master M	46	37	6
980	2:32:46	CAMILLA DA COSTA	Veteran F	47	10	4
972	2:34:07	KIM SELWOOD	Grand Master M	48	38	1
717	2:35:26	ISHTIAQ KHAN	Open M	49	39	17
936	2:35:28	DHIRESH VALLABH	Open M	50	40	18
669	2:39:55	CATHERINE ANNE DIXON	Open F	51	11	4
887	2:40:07	JUANITA UGLJANIN	Veteran F	52	12	5
809	2:40:11	ADRI BECKER	Veteran F	53	13	6
933	2:40:53	JACQUELINE MAC GREGOR	Veteran F	54	14	7
852	2:43:08	TAMARA KLOS	Open F	55	15	5
806	3:05:13	SIHLE KRAAI	Master F	56	16	3
680	3:05:17	LUNGILE DLAMINI	Veteran F	57	17	8