



1000 Hills Challenge - 10km



17 July 2022

Race #	Race Time	Name	Category	Overall Position	Gender Position	Cat. Position
386	1:00:06	SANDILE MTOLO	Open M	1	1	1
482	1:01:28	XULU DOMSOMHLUBE	Open M	2	2	2
385	1:01:37	BUSANI NGCOBO	U18 M	3	3	1
968	1:07:11	ANDREW CHAPMAN	Open M	4	4	3
396	1:10:47	NKULULEKO MNGADI	Open M	5	5	4
857	1:11:35	DANIEL HAIL	U18 M	6	6	2
173	1:11:43	NTANDO SHOZI	U16 M	7	7	1
136	1:13:02	SAMKELO MSOMI	U16 M	8	8	2
159	1:14:15	NJABULO MKHIZE	U16 M	9	9	3
620	1:14:25	RICHARD SLABBERT	Open M	10	10	5
254	1:15:06	ASANDA NDLOVU	U16 M	11	11	4
892	1:15:59	SAIEN GOVENDER	Open M	12	12	6
862	1:16:01	MICHAEL BYCHELL	Open M	13	13	7
391	1:17:16	KEVIN WATERSTON	Master M	14	14	1
223	1:17:26	JORDAN JOHNSON	Open M	15	15	8
348	1:17:28	RYAN GROBBELAAR	Open M	16	16	9
364	1:17:48	CHRIS QUIRKE	Open M	17	17	10
376	1:17:54	WYNAND HATTINGH	Veteran M	18	18	1
363	1:17:58	STACEY LEE PRETORIUS	Open F	19	1	1
835	1:18:25	KATHLEEN HASTIE	U18 F	20	2	1
477	1:19:54	ZOE PAPADAKIS	Open F	21	3	2
40	1:21:38	SANELE MKHIZE	Open M	22	19	11
872	1:21:44	STUART BEACH	Open M	23	20	12
785	1:21:46	NADIA EDWARDS	Open F	24	4	3
347	1:22:30	GRAEME MINTER-BROWN	Master M	25	21	2
792	1:23:58	ANTNY WARREN	Open M	26	22	13
492	1:26:52	ANDREW BOUCHER	U16 M	27	23	5
894	1:27:16	DANIEL HUNWICK	U16 M	28	24	6
520	1:27:19	DALEEN JANSEN VAN VUUREN	Open F	29	5	4
973	1:27:54	GREIG TANNWR	Master M	30	25	3
909	1:29:41	JOHN CLARK	Open M	31	26	14
608	1:29:55	CHRISTOPHER MILLAR	Veteran M	32	27	2
374	1:30:55	JONATHAN VAN DEN BERGH	Open M	33	28	15
631	1:31:04	CHLOE VENESS	Open F	34	6	5
470	1:31:07	RYAN BEGG	Open M	35	29	16
428	1:32:24	KEVIN ANDREWS	Open M	36	30	17
442	1:33:35	BRENT	Veteran M	37	31	3
366	1:35:28	KOBUS LOURENS	Master M	38	32	4
534	1:35:30	ANGELA SCRUBY	Veteran F	39	7	1
895	1:35:44	SEBASTIAN HUNWICK	U16 M	40	33	7
171	1:37:28	BYRON MCKIE	Open M	41	34	18



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533	1:37:37	LOUIS MOLLENTZE	Master M	42	35	5
346	1:37:49	FIONA MORLEY	Master F	43	8	1
440	1:38:00	HAYLEY GIBBON	Master F	44	9	2
559	1:39:37	THOMAS HOROWITZ	Veteran M	45	36	4
703	1:39:53	LESLIE	Open M	46	37	19
661	1:40:00	NICK EMANUEL	Master M	47	38	6
636	1:40:04	LOUISE CAMPBELL	Veteran F	48	10	2
593	1:40:16	RACHEL QUINLAN	U16 F	49	11	1
579	1:40:18	NEIL CARLYLE	Grand Master M	50	39	1
105	1:40:37	WILLIAM LAMBERT	Grand Master M	51	40	2
544	1:42:09	KEVIN MILLAR	Open M	52	41	20
9	1:42:47	LORRYN MAUJEAN	Veteran F	53	12	3
305	1:43:17	DARREN HUNTLEY	Veteran M	54	42	5
75	1:43:48	KATE BUTLIN	Veteran F	55	13	4
319	1:43:57	PAUL LICKKUS	Grand Master M	56	43	3
264	1:44:00	PHYLLIS LICKKUS	Grand Master F	57	14	1
541	1:45:16	NIKARA MAHADEO	Open F	58	15	6
392	1:45:20	JO-ANN VAN DER MERWE	Open F	59	16	7
969	1:46:14	GLENN AMBROSE	Veteran M	60	44	6
343	1:46:35	NIKKI WATERSTON	Master F	61	17	3
92	1:46:49	THERESE HURLY	Master F	62	18	4
344	1:47:23	AYABONGA CEBEKLZULU	U16 M	63	45	8
574	1:47:52	ALAN BONIFACE	Veteran M	64	46	7
619	1:48:24	DAVID DE LEEUW	Veteran M	65	47	8
15	1:48:33	KALMAN PORRITT	Master M	66	48	7
382	1:49:16	JANA DAMMANN	U16 F	67	19	2
325	1:49:38	LOUISE LILFORD	Master F	68	20	5
644	1:50:25	TOMMY COLEMAN	Veteran M	69	49	9
377	1:50:52	SAVANNA DU PREEZ	Open F	70	21	8
578	1:50:59	BRADLEY DAW	Open M	71	50	21
302	1:51:21	SAMANTHA DE LA PORTE	Master F	72	22	6
581	1:52:29	ANDY PATTERSON	Grand Master M	73	51	4
976	1:52:55	DAVID CHATTERTON	Master M	74	52	8
907	1:53:25	ANDREW WILSON	Master M	75	53	9
906	1:53:28	RENATA MACKENZIE	Veteran F	76	23	5
900	1:53:37	ETHAN TRUTER	U18 M	77	54	3
545	1:54:10	ELIDA DU TOIT	Open F	78	24	9
687	1:54:23	CHERRYL WILSON	Grand Master F	79	25	2
905	1:54:56	FAARADH SYED RUSSOUL	Open M	80	55	22
588	1:55:01	RODNEY HOOPER	Master M	81	56	10
908	1:55:46	MELISSA	Open F	82	26	10



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287	1:55:55	SKYE PARKER	U18 F	83	27	2
730	1:56:56	MELISSA HODGKISS	Open F	84	28	11
886	1:57:36	STEPHEN RUBIDGE	Master M	85	57	11
431	1:58:44	TAMIKA QUIRKE	Open F	86	29	12
303	1:58:56	WENDY BOTHMA	Master F	87	30	7
274	1:59:00	ERIC BOTHMA	Master M	88	58	12
911	1:59:26	MXOLISI HLOPHE	Open M	89	59	23
249	2:00:10	JACINTA FARQUHARSON	Veteran F	90	31	6
417	2:00:12	MOHSIN PARUK	Veteran M	91	60	10
527	2:01:06	RICHARD MORRIS	Veteran M	92	61	11
896	2:01:13	CHRISTINE BENCE	Open F	93	32	13
629	2:01:26	JILL MORRIS	Veteran F	94	33	7
245	2:01:36	WAYNE USHER	Master M	95	62	13
898	2:01:44	SHAYLEEN JAMES	Veteran F	96	34	8
899	2:01:47	ROB MURRAY	Veteran M	97	63	12
372	2:02:09	SCOTT CAMPBELL	Veteran M	98	64	13
457	2:02:17	ASHLEY SCOTT	Veteran F	99	35	9
487	2:02:32	MURRAY SAUNDERSON	Master M	100	65	14
583	2:02:58	DAVID ROUX	Open M	101	66	24
592	2:02:59	SEAN ROUX	Open M	102	67	25
447	2:03:02	DENISE PHILLIPS	Master F	103	36	8
389	2:03:07	DEBORAH WALTON	Grand Master F	104	37	3
890	2:03:23	DERREN GRANTHAM	Open M	105	68	26
594	2:03:56	KATHY PIPER	Master F	106	38	9
889	2:04:52	JANINE GRANTHAM	Open F	107	39	14
330	2:04:53	MICOLE MARTENS	Open F	108	40	15
897	2:04:57	MARINDA VAN DER WALT	Veteran F	109	41	10
863	2:05:03	PAULENE GROENEWALD	Veteran F	110	42	11
786	2:05:21	HENKIE GROENEWALD	Open M	111	69	27
910	2:06:07	TIM LEURS	Open M	112	70	28
851	2:06:20	CHANTAL BAEZA	Master F	113	43	10
370	2:06:27	GARY GEVERS	Open M	114	71	29
181	2:06:36	NICOLETTE CROZIER	Veteran F	115	44	12
256	2:06:41	CRAIG CHRISTAINSON	Grand Master M	116	72	5
572	2:07:15	ESTELLE MALAN	Master F	117	45	11
397	2:07:26	JAN SMUTS	Veteran M	118	73	14
257	2:07:55	JAN DE NEEF	Grand Master M	119	74	6
958	2:08:23	LIZ ALEXANDER	Grand Master F	120	46	4
957	2:08:26	DAVE ALEXANDER	Master M	121	75	15
318	2:08:59	CRAIG LILFORD	Master M	122	76	16
332	2:09:28	BROGAN JOHNSON	Open F	123	47	16



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32	2:09:31	NICK WYKRD	Open M	124	77	30
980	2:09:39	TASH THOMSON	Open F	125	48	17
979	2:09:41	DUDLEY THOMSON	Open M	126	78	31
546	2:10:28	ANA WARBURG	Open F	127	49	18
577	2:10:30	STACEY TARBOTON	Open F	128	50	19
411	2:10:34	ANDREW QUINLAN	Master M	129	79	17
231	2:10:45	FYNN SIMMONS	U16 M	130	80	9
157	2:10:53	CARRI SIMMONS	Veteran F	131	51	13
381	2:11:28	ROCHE KRAUSE	Open F	132	52	20
352	2:11:31	JOANNE CRIMES	Open F	133	53	21
138	2:12:29	MERRYL DUNCAN	Grand Master F	134	54	5
261	2:12:32	BRIDGETTE VOLEK	Veteran F	135	55	14
255	2:12:36	BYRON VOLEK	Open M	136	81	32
580	2:12:54	LYNNE BAXTER	Master F	137	56	12
399	2:12:59	GENEVIEVE ELLIOTT	Open F	138	57	22
353	2:13:02	DAWN REED	Master F	139	58	13
284	2:13:28	MICHELLE KERR	Open F	140	59	23
587	2:14:06	SARENA MAISTRY	Open F	141	60	24
972	2:14:18	COLETTE TANNER	Veteran F	142	61	15
613	2:14:56	PHUMELELE NTLABATI	Veteran F	143	62	16
380	2:14:58	NOMFUNDO SIPUNZI	Veteran F	144	63	17
145	2:15:00	SARAH GIBBON	U16 F	145	64	3
893	2:15:05	CHARMAINE LEFF	Veteran F	146	65	18
887	2:15:38	KAY MEYRICK	Grand Master F	147	66	6
888	2:15:41	ANDREW BARNES	Veteran M	148	82	15
586	2:15:46	STEPHANIE MILLAR	Open F	149	67	25
217	2:15:56	MELISSA AITKEN	Open F	150	68	26
424	2:16:49	GED LOUBSER	Master M	151	83	18
409	2:16:51	ROBYNNE FITZPATRICK	Veteran F	152	69	19
823	2:17:36	GRANT HOLNESS	Veteran M	153	84	16
446	2:18:33	ASHLEIGH SMITH-KREUTZNER	Open F	154	70	27
640	2:19:40	ALEXA TIFFLIN	U16 F	155	71	4
509	2:19:45	JADE REDMAN	Open F	156	72	28
429	2:19:53	RAINIE REDMAN	Open F	157	73	29
637	2:20:01	ERICA MCDONALD	Master F	158	74	14
454	2:20:15	REECE TIFFLIN	Open M	159	85	33
960	2:20:26	DALE FERGUSON	U16 M	160	86	10
959	2:20:29	SHELLDINE FERGUSON	Master F	161	75	15
518	2:21:48	SIMONE OWENS	Open F	162	76	30
768	2:22:09	MELISSA	Open F	163	77	31
645	2:22:11	JACQUELINE MAC GREGOR	Veteran F	164	78	20



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455	2:22:12	TANIA KUHL	Open F	165	79	32
360	2:22:14	MARK NINOW	Grand Master M	166	87	7
971	2:22:18	DEBORAH STRINGER	Veteran F	167	80	21
143	2:22:28	DARRIN MARTENS	Open M	168	88	34
891	2:22:45	JEAN MORTLOCK	Open F	169	81	33
500	2:23:06	ELBIE BOTHA	Veteran F	170	82	22
811	2:25:20	MARTIN WHITE	Grand Master M	171	89	8
521	2:25:26	SHAYLENE LAWRENCE	Veteran F	172	83	23
401	2:25:32	NICOLE DE LANGE	Open F	173	84	34
615	2:26:15	RABIA ADAM	Veteran F	174	85	24
639	2:26:19	MIKE ALBERS	Grand Master M	175	90	9
821	2:29:09	WARREN LUCAS	Open M	176	91	35
964	2:30:03	KIM ROE	Master F	177	86	16
902	2:30:05	ZINHLE NDABA	Open F	178	87	35
965	2:30:08	TANIA DESMARAIS	Master F	179	88	17
853	2:30:23	NBELE AYEZA	U18 M	180	92	4
451	2:31:59	MURRAY DALES	Veteran M	181	93	17
551	2:32:01	ALLISON SALLIE	Open F	182	89	36
476	2:32:03	TARRYN TIFFLIN	Open F	183	90	37
404	2:32:06	MARTIN DAMMANN	Master M	184	94	19
471	2:32:11	ANTONIETTA ALVES	Veteran F	185	91	25
600	2:32:51	NICHOLAS GROBLER	Veteran M	186	95	18
548	2:33:21	JACLYN BRUWER	Open F	187	92	38
338	2:33:48	ALICIA SIMPSON	Grand Master F	188	93	7
501	2:33:51	ANGELIQUE DELIGNY	Master F	189	94	18
560	2:33:52	PHILIP BOUCHER	Master M	190	96	20
422	2:33:54	PAULA BOUCHER	Veteran F	191	95	26
356	2:34:21	NONGCEBO QWABE	Open F	192	96	39
354	2:34:31	LINDELWA SITHOLE	Open F	193	97	40
384	2:34:46	CHRIS NOSSEK	Grand Master M	194	97	10
881	2:35:44	BARBARA-ANNE STIRK	Open F	195	98	41
473	2:35:52	MICHELLE ALBERS	Grand Master F	196	99	8
155	2:36:42	KATHRYN HALL	Open F	197	100	42
85	2:36:44	SEAN BECKETT	Open M	198	98	36
35	2:40:02	SIMONE TAYLOR	Open F	199	101	43
435	2:40:08	DONAE BUCK	Open F	200	102	44
390	2:40:35	NONDUMISO MDLETSHE	Veteran F	201	103	27
468	2:40:37	MANJE ZWANE	Open F	202	104	45
426	2:42:10	SUE ST LEGER	Master F	203	105	19
445	2:42:14	KELLY GIBBON	Open F	204	106	46
349	2:42:18	MIKE GIBBON	Master M	205	99	21



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975	2:42:22	WENDY CHATTERTON	Master F	206	107	20
260	2:42:25	GRAHAM LEWIS	Grand Master M	207	100	11
371	2:42:35	AURORA FOSTER	Junior F	208	108	1
345	2:42:38	SHERRY-LEE FOSTER	Open F	209	109	47
508	2:43:34	ZARA VALENTINE	Veteran F	210	110	28
8	2:43:36	BROUGHTON MANDY	Veteran F	211	111	29
379	2:44:42	LISA ROBINSON	Veteran F	212	112	30
599	2:44:44	BRANDON ROBINSON	Veteran M	213	101	19
419	2:45:20	LAURA DU TOIT	Open F	214	113	48
673	2:45:31	MEGAN WHITE	Veteran F	215	114	31
460	2:46:14	MELISSA	Open F	216	115	49
963	2:47:06	ZUBAIR ALLI	Open M	217	102	37
350	2:47:28	MAY GREEFF	Veteran F	218	116	32
433	2:48:14	STEPHENIE MOLLENTZE	Veteran F	219	117	33
452	2:48:17	LOUISE HOOPER	Veteran F	220	118	34
633	2:48:19	SONE COLEMAN	Veteran F	221	119	35
903	2:50:29	DUMISANI GXAWU	Master M	222	103	22
486	2:51:02	BRIGITTE JORDAAN	Grand Master F	223	120	9
458	2:51:31	WAYNE JORDAAN	Master M	224	104	23
974	2:52:37	CAMILLA LEURS	Open F	225	121	50
276	2:54:19	HELEN LITTLEWOOD	Grand Master F	226	122	10
154	2:54:22	JOHN BATCHELOR	Grand Master M	227	105	12
464	2:57:34	SUSSIE MJWARA	Veteran F	228	123	36
480	3:03:43	CLAIRE DU TOIT	Master F	229	124	21
514	3:04:28	BRONWYN WALLIS	Veteran F	230	125	37
967	3:05:09	SUVEER RAMBALI	Open M	231	106	38
966	3:05:32	VARSHA RAMLAKAN	Open F	232	126	51
707	3:08:35	ZOE RYAN	Open F	233	127	52
978	3:12:43	AMBER PATTON	Veteran F	234	128	38
724	3:12:53	AVUYILE REBE	Open F	235	129	53
367	3:14:38	NOMFUNDO PHETHA	Veteran F	236	130	39
467	3:17:33	NATALIE HALL	Open F	237	131	54
416	3:17:39	LEVERNE KNOX	Open F	238	132	55
398	3:17:41	HANA BENESOVA	Veteran F	239	133	40
444	3:19:00	AINSLEY HANS	Master F	240	134	22
461	3:23:50	KAREN VERESS	Master F	241	135	23
469	3:23:53	ROB VERESS	Grand Master M	242	107	13
358	3:32:16	THEO LOUW	Veteran M	243	108	20
962	3:38:17	TARRYN SAWYER	Open F	244	136	56
378	3:44:09	TANIA WATERS	Master F	245	137	24
515	3:44:16	MANDY LOUW	Veteran F	246	138	41



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961	3:48:00	ALANSHCE DU PLOOY	Open F	247	139	57
13	3:57:18	SIBONGILE MAZIBUKO	Veteran F	248	140	42
170	3:57:19	ZAMA CELE	Open F	249	141	58
60	3:57:23	AYANDA KHANYASE	Open F	250	142	59
484	3:57:47	SAGIE MOODLIER	Grand Master M	251	109	14
361	3:57:55	JUBEIRA ZUBIE	Grand Master F	252	143	11
826	4:15:00	YENZEKA MTHETHWA	Open F	253	144	60
659	4:21:32	TILDA TEARLE	Grand Master F	254	145	12
427	4:21:36	STEPHAN BRUWER	Master M	255	110	24
683	4:23:19	ANDILE MZILA	Open F	256	146	61
717	4:23:23	SENZO MZILA	Open M	257	111	39
614	4:31:45	TREVOR ZEISS	Master M	258	112	25