



Winter Series - Table Mountain - 7km



01 May 2022

Race #	Race Time	Name	Category	Overall Position	Gender Position	Cat. Position
111	0:38:46	LUKE NEWLANDS	U16 M	1	1	1
229	0:39:02	LWANDO NGQOTSHE	U18 M	2	2	1
239	0:39:23	MALWANDE MAJOLA	U18 M	3	3	2
205	0:39:41	OWAMI NDIWE	U16 M	4	4	2
51	0:39:55	NGCEBO MOLEFE	U16 M	5	5	3
219	0:40:19	SANDILE MAJOLA	U18 M	6	6	3
40	0:42:49	SBAHLE NGCOBO	U16 M	7	7	4
204	0:43:22	MALIBONGWE MDUNGE	U16 M	8	8	5
230	0:45:42	SAMKELO DUBE	U16 M	9	9	6
75	0:47:46	WANDILE MAPHUMULO	U16 M	10	10	7
2	0:47:50	AYANDA MSANE	U16 M	11	11	8
136	0:48:01	SPHESIHLE SHELEMBE	U12 M	12	12	1
249	0:48:06	SIBULELE SONTSHANGE	U16 M	13	13	9
97	0:49:00	NONZUZO MAPHUMALO	Open F	14	1	1
250	0:49:48	DEAN LEZAR	Open M	15	14	1
45	0:50:09	CEBO NYABA	Open M	16	15	2
151	0:51:09	THOMAS PRENTICE	U16 M	17	16	10
36	0:51:55	ZULU ANELE	U16 F	18	2	1
85	0:52:07	SIMPHIWE KUNENE	Open M	19	17	3
241	0:52:17	AMAHLE NGIDI	U18 F	20	3	1
76	0:52:46	MANDY MALLEN	Open F	21	4	2
132	0:52:54	JESS BEHN	U16 F	22	5	2
217	0:52:57	NZAMA SINDISWA	U16 F	23	6	3
788	0:52:59	LINDA LEISEGANG	Master F	24	7	1
156	0:53:00	LUSANDA GUMEDE	U16 F	25	8	4
227	0:53:33	GUMEDE LWANDILE	U16 M	26	18	11
5	0:54:04	KADE POLLARD	U16 M	27	19	12
84	0:55:08	BRYN POLLARD	Master M	28	20	1
182	0:57:35	ROY NEWLANDS	Master M	29	21	2
148	0:57:58	SNOTHILE NDLOVU	U16 F	30	9	5
134	0:58:01	KUVEN MUDLY	Open M	31	22	4
252	0:59:01	SIYABONGA VUNDLA	U16 M	32	23	13
146	0:59:11	LISA VAN ZYL	Open F	33	10	3
162	0:59:15	NOMASONTO MAJOLA	Open F	34	11	4
228	0:59:29	DUANE BLACKMAN	Open M	35	24	5
110	0:59:43	GARY BEHN	Veteran M	36	25	1
211	1:00:14	NOLWAZI DLAMINI	Open M	37	26	6
180	1:07:26	CANDICE ABBOTT	Veteran F	38	12	1
112	1:08:42	LISA THOMPSON	Open F	39	13	5
62	1:08:43	WAYNE THOMPSON	Open F	40	14	6
224	1:11:00	MNQOBI MAKHATINI	U18 M	41	27	4
153	1:13:28	JAYDEN BLACKMAN	U12 M	42	28	2



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140	1:13:41	EWAN GROBLER	Veteran M	43	29	2
220	1:14:50	MONIQUE DE VILLIERS	Open F	44	15	7
102	1:19:02	CHRIS KERR	Open M	45	30	7
63	1:19:17	WAYNE MOON	Master M	46	31	3
115	1:19:40	JULIA SHILTON	Open F	47	16	8
159	1:20:00	AMIL GOPAL	Open M	48	32	8
223	1:21:05	NATALIE LEZAR	Open F	49	17	9
46	1:21:14	LIZ ALEXANDER	Grand Master F	50	18	1
47	1:21:21	STEVEN GARDENER	Open M	51	33	9
164	1:28:34	CHARLENE STEYN	Veteran F	52	19	2
9	1:28:35	FRANCOIS STEYN	Veteran M	53	34	3
237	1:29:47	SUNE FOURIE	U12 F	54	20	1
171	1:29:49	LUAN FOURIE	Open M	55	35	10
207	1:35:26	CHANTAL BAEZA	Master F	56	21	2
60	1:35:30	CHAY BLACKMAN	Open F	57	22	10
210	1:40:20	PAULA CLARK	Open F	58	23	11
12	1:40:23	KIRSTY CLARK	Open F	59	24	12
10	1:40:50	THANDO DLAMINI	Veteran M	60	36	4
53	1:58:27	LISA ROBINSON	Veteran F	61	25	3
188	1:58:29	BRANDON ROBINSON	Veteran M	62	37	5
138	2:02:00	EMMA JOHNSTON	Master F	63	26	3
170	2:12:35	COLLEN BURDEN	Grand Master M	64	38	1
120	2:12:39	DOUG BURDEN	Grand Master M	65	39	2
59	2:34:47	ST JOHN HAW	Veteran M	66	40	6