



Midlands Series - Lion's River Trail - 18km



10 April 2022

Race #	Race Time	Name	Category	Overall Position	Gender Position	Cat. Position
693	1:33:12	CRAIG SHARRATT	Open M	1	1	1
874	1:35:09	MZWAKHE KHANYILE	Open M	2	2	2
798	1:35:55	EWOUUD GROBLER	Veteran M	3	3	1
823	1:36:14	SIMPHIWE SITHOLE	Open M	4	4	3
733	1:57:07	SHAUN KING	Open M	5	5	4
701	2:07:32	MARK HARDIE	Open M	6	6	5
842	2:08:59	JOHN BENN	Open M	7	7	6
771	2:11:06	ASHLEY HOLTZHUIZEN	Veteran M	8	8	2
703	2:12:20	DAWN NUNES	Veteran F	9	1	1
688	2:12:27	ROXANNE VALE	Open F	10	2	1
818	2:14:06	CHRISTOPHER JACKSON	Open M	11	9	7
732	2:16:26	IAN BREWER	Master M	12	10	1
784	2:17:54	MEGHAN KING	Open F	13	3	2
741	2:17:58	ONEILL MARAIS	Open M	14	11	8
769	2:22:37	ALISON HOWE	Open F	15	4	3
854	2:23:38	BRIAN STEVENSON	Master M	16	12	2
734	2:25:41	CAIN DUBE	Veteran M	17	13	3
876	2:36:23	MARK HIEP	Master M	18	14	3
857	2:37:51	MICHELLE HONWOOD	Open F	19	5	4
835	2:41:16	GRANT MAYBERY	Open M	20	15	9
809	2:50:39	IVAN COCHRANE	Open M	21	16	10
839	2:50:40	LENEKE COCHRANE	Open F	22	6	5
815	3:03:48	SARAH PICKUP	Open F	23	7	6
811	3:08:04	JULIA CLARKE	Open F	24	8	7
730	3:19:22	SONIA GROBLER	Veteran F	25	9	2
853	3:37:17	PHAKATHI LANGELIHLE	Open M	26	17	11
865	3:37:35	NAAZNEEN AMRA	Open F	27	10	8
710	3:39:40	TAMARA KLOS	Open F	28	11	9