



Midlands Series - Lion's River Trail - 10km



10 April 2022

Race #	Race Time	Name	Category	Overall Position	Gender Position	Cat. Position
546	1:03:30	ROSS PALFRAMAN	U18 M	1	1	1
609	1:03:58	GARY BEHN	Veteran M	2	2	1
362	1:06:04	RACHEL VAN DEVENTER	U16 F	3	1	1
611	1:08:46	MURRAY BEHN	U18 M	4	3	2
490	1:08:53	RHAIN HOSKINS	Open M	5	4	1
509	1:12:31	JEMMA HAYWARD	Open F	6	2	1
514	1:13:05	HANNAH BULLOCK	U16 F	7	3	2
494	1:13:29	KEIRA NAIDOO	U16 F	8	4	3
622	1:15:38	NICHOLAS BARNES	Open M	9	5	2
404	1:18:08	CHRISTINA RENCKEN	Open F	10	5	2
596	1:20:05	MICHELLE DE VILLIERS	Open F	11	6	3
425	1:20:07	JACO STEENEKAMP	Open M	12	6	3
458	1:20:13	WILL DYER	Veteran M	13	7	2
492	1:22:49	KEEGAN EVANS	Open M	14	8	4
629	1:24:12	WILLIAM LAMBERT	Grand Master M	15	9	1
370	1:24:49	BRENT NELSON	Veteran M	16	10	3
610	1:26:30	CLAIRE BEHN	Veteran F	17	7	1
606	1:26:32	EMILY HOWE	Open F	18	8	4
612	1:32:16	PAUL VAN ZYL	Open M	19	11	5
538	1:32:19	CHELSI VAN ZYL	Open F	20	9	5
561	1:33:14	MEGAN RENCKEN	Open F	21	10	6
508	1:33:23	BRADLEY HENDERSON	Open M	22	12	6
599	1:33:30	LUKE BAKKE	Open M	23	13	7
630	1:34:24	MONIQUE VAN DEVENTER	Veteran F	24	11	2
605	1:34:48	HELEN DUMANIS	Veteran F	25	12	3
400	1:36:56	WENDY BOTHMA	Master F	26	13	1
660	1:36:57	ERIC BOTHMA	Master M	27	14	1
615	1:44:22	LORRYN MAUJEAN	Veteran F	28	14	4
358	1:44:25	SUNET PRINGLE	Veteran F	29	15	5
641	1:44:30	JANE DICKINSON	Grand Master F	30	16	1
637	1:45:53	THOMAS HOROWITZ	Veteran M	31	15	4
607	1:49:22	GARY GEVERS	Open M	32	16	8
636	1:49:49	JO CRIMES	Open F	33	17	7
551	1:50:55	LEANNE BANKS	Veteran F	34	18	6
464	1:52:28	ESTELLE MALAN	Master F	35	19	2
536	1:52:37	JACQUELINE MAC GREGOR	Veteran F	36	20	7
623	1:55:59	RUTH HARDING	Master F	37	21	3
462	1:59:34	KEEGAN BENTLEY	Open M	38	17	9
613	2:05:28	CATHRYN BENTLEY	Open F	39	22	8
540	2:06:35	ADELE WICKERSON	Veteran F	40	23	8
631	2:06:36	KIRSTEN HUMBOLDT	Open F	41	24	9



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528	2:07:03	ANGELIQUE DELIGNY	Master F	42	25	4
473	2:15:03	CHRISTINA ECKSTEIN	Grand Master F	43	26	2
614	2:21:14	JACINTA FARQUHARSON	Veteran F	44	27	9
357	2:21:18	KRISTEN FARNHAM	Open F	45	28	10
617	2:26:19	VARSHA RAMLAKAN	Open F	46	29	11
618	2:26:26	SUVEER RAMBALI	Open M	47	18	10
444	2:29:47	DALENE BENNETT	Veteran F	48	30	10
521	2:33:06	JO WILD	Open F	49	31	12
608	2:33:08	GERVINEE UNSWORTH	Open F	50	32	13
616	2:52:06	ANÉ ROUX	Veteran F	51	33	11
624	2:55:47	THERESA MADDEN	Open F	52	34	14
486	2:55:49	MICHELLE SUMNER	Veteran F	53	35	12