



## Midlands Series - uMngeni Valley Trail - 11km



13 March 2022

Race #	Race Time	Name	Category	Overall Position	Gender Position	Cat. Position
358	0:56:49	MBONGISENI MBHELE	Open M	1	1	1
542	0:59:22	ROSS PALFRAMAN	U18 M	2	2	1
593	0:59:31	JAMES LIVINGSTONE	Open M	3	3	2
526	1:03:57	GARY BEHN	Veteran M	4	4	1
487	1:04:11	ROB HASTIE	Veteran M	5	5	2
352	1:05:33	GLEN BELL	Master M	6	6	1
341	1:06:02	ANDRE WOLMARANS	Veteran M	7	7	3
362	1:06:15	GARETH BELL	Open M	8	8	3
472	1:07:35	ROSS WRIGHT	Veteran M	9	9	4
400	1:07:45	MARC NEL	Veteran M	10	10	5
506	1:09:08	KATHLEEN HASTIE	U18 F	11	1	1
418	1:09:12	ANDREW HAMMOND	Open M	12	11	4
540	1:09:57	DARYN SHEPERD	Open M	13	12	5
433	1:11:44	CLAUDIA SLATTERY	Open F	14	2	1
590	1:12:15	CAMERON COETZER	Veteran M	15	13	6
543	1:12:52	GREG PALFRAMAN	U16 M	16	14	1
499	1:13:31	SIMON NDABA	Veteran M	17	15	7
489	1:13:43	CHRISTINA RENCKEN	Open F	18	3	2
509	1:14:54	JOHN RICHARDS	Open M	19	16	6
517	1:15:21	LIANA VAN ROOYEN	Open F	20	4	3
494	1:15:32	GABRIEL MLOTSHWAK	Veteran M	21	17	8
635	1:16:03	WILLIAM DYER	Veteran M	22	18	9
491	1:17:42	KATE BRADING	Veteran F	23	5	1
551	1:17:55	CRAIG OELLERMAN	Veteran M	24	19	10
503	1:18:09	HEIN DE KOCK	Veteran M	25	20	11
402	1:18:46	AYLIN CEBBAR	Open F	26	6	4
520	1:19:15	CLAIRE BEHN	Veteran F	27	7	2
627	1:19:23	GABRIEL DAVIES	Open M	28	21	7
530	1:19:39	CARLA-LEIGH ZIADY	Open F	29	8	5
370	1:20:56	DENISE JOUBERT	Veteran F	30	9	3
598	1:20:58	KEEGAN EVANS	Open M	31	22	8
471	1:21:25	JACO STEENEKAMP	Open M	32	23	9
448	1:21:26	MICHELLE STEENEKAMP	Open F	33	10	6
529	1:21:29	ROBERT EARL	Master M	34	24	2
604	1:21:33	JAMES MUIR	Open M	35	25	10
507	1:21:39	CAIN DUBE	Veteran M	36	26	12
589	1:21:47	SALOME SLABBER	Open F	37	11	7
640	1:22:08	CAMDEN RAVENSCROFT	Open F	38	12	8
641	1:22:21	MICHAEL FROST	Veteran M	39	27	13
353	1:23:13	GARETH GIBSON	Veteran M	40	28	14
592	1:24:47	ROGER THOMPSON	Veteran M	41	29	15



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463	1:24:55	NICHOLAS MUNRO	Veteran M	42	30	16
588	1:24:56	USTOVIL RAMWATER	Open M	43	31	11
600	1:25:02	TAYLOR MCNAMARA	U18 F	44	13	2
404	1:25:21	MARZANNE MYBURGH	Open F	45	14	9
594	1:26:46	ANDREW LIVINGSTONE	Open M	46	32	12
535	1:26:49	HEATHER CLEGG	Master F	47	15	1
432	1:26:53	EMILY HOWE	Open F	48	16	10
464	1:26:57	JOSHUA HOWE	Open M	49	33	13
552	1:26:59	MONIKA SEELE	Open F	50	17	11
368	1:27:37	CLARE STEPHENSON	Open F	51	18	12
488	1:27:42	LESLIE SAMUELS	Open F	52	19	13
642	1:28:51	JOHANN MCLEOD	Master M	53	34	3
538	1:28:54	CHANTALL VAN DER MERWE	Veteran F	54	20	4
527	1:29:16	BRENT NELSON	Veteran M	55	35	17
450	1:29:50	CHANTELLE GIBSON	Open F	56	21	14
639	1:29:57	HAYLEY GIBBON	Master F	57	22	2
599	1:30:28	BRAD HENDERSON	Open M	58	36	14
528	1:32:01	JONATHAN HENRY	Open M	59	37	15
462	1:32:34	JANE DICKINSON	Grand Master F	60	23	1
534	1:32:35	KEEGAN BENTLEY	Open M	61	38	16
504	1:32:43	JACO STEYN	Open M	62	39	17
512	1:33:13	SARAH PITOUT	Master F	63	24	3
459	1:33:16	ANNABELLE MEAKER	Veteran F	64	25	5
458	1:33:18	CHRISTIAAN SMITH	Open M	65	40	18
561	1:33:29	BRON SCHOENFELD	Veteran F	66	26	6
461	1:33:30	DAVID GERMIQUET	Open M	67	41	19
638	1:33:34	BRIGITTE TULLIS	Master F	68	27	4
497	1:34:04	GUY MARKHAM	Open M	69	42	20
545	1:34:38	RICHARD HENWOOD	Veteran M	70	43	18
587	1:35:05	RICHARD BENCE	Open M	71	44	21
548	1:35:16	GREG MASKELL	Master M	72	45	4
533	1:35:30	JO-ANN VAN DER MERWE	Open F	73	28	15
493	1:35:40	KAYLEIGH DEMOSTHENOUS	Open F	74	29	16
521	1:35:43	SARAH PICKUP	Open F	75	30	17
490	1:36:15	CATHRYN BENTLEY	Open F	76	31	18
513	1:36:18	SARAH HENNING	Open F	77	32	19
456	1:36:21	ISHMAEL RAMELA	Open M	78	46	22
525	1:37:16	PHUMELELE MKHIZE	Open F	79	33	20
338	1:37:21	SIYABONGA HLANGWANA	Open M	80	47	23
371	1:37:32	LEIGH HOWES	Veteran F	81	34	7
405	1:37:37	MEGAN RENCKEN	Open F	82	35	21



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454	1:37:46	KHARA-JADE WARREN	Open F	83	36	22
537	1:37:49	KAYLEE JO BOOYSEN	Open F	84	37	23
492	1:38:59	NOOGS SPALL	Open F	85	38	24
357	1:39:18	PATRICK SISWANA	Veteran M	86	48	19
444	1:39:27	ANDISA SISWANA	Open F	87	39	25
602	1:39:31	JANINE GRANTHAM	Open F	88	40	26
603	1:39:32	DERREN GRANTHAM	Open M	89	49	24
633	1:39:37	DIETER KOSSMANN	Veteran M	90	50	20
425	1:39:44	HENDRIK VORSTER	Open M	91	51	25
559	1:40:30	EMMA WIJNBERG	Open F	92	41	27
601	1:40:37	MELANIE PAUL	Veteran F	93	42	8
394	1:41:22	BRIGITTE JACOBS	Master F	94	43	5
372	1:41:39	SHAYLEEN JAMES	Veteran F	95	44	9
366	1:42:27	KIRSTEN MCDONALD	Open F	96	45	28
495	1:43:37	KEVIN VAN JAARVELD	Master M	97	52	5
585	1:43:50	PETER EARLE	Master M	98	53	6
514	1:44:03	KATHY ACUTT	Master F	99	46	6
605	1:44:17	BRIDGET PEARSON	Open F	100	47	29
515	1:45:01	DEBBIE SOROUR	Master F	101	48	7
558	1:45:02	DAVID WINGFIELD	Master M	102	54	7
629	1:45:32	WENDY BOTHMA	Master F	103	49	8
628	1:45:35	ERIC BOTHMA	Master M	104	55	8
586	1:45:44	CHRISTINE BENCE	Open F	105	50	30
634	1:46:00	MANUELA KOSSMANN	Veteran F	106	51	10
632	1:46:03	ANGELA BOARDMAN	Open F	107	52	31
560	1:46:22	MZWA NENE	Open M	108	56	26
584	1:46:26	ESTELLE MALAN	Master F	109	53	9
544	1:47:56	CHANTAL JANKS	Open F	110	54	32
524	1:48:57	BYRAN KELBE	Open F	111	55	33
516	1:49:00	NICOLE KELBE	Open F	112	56	34
501	1:49:28	JANET BODDY	Master F	113	57	10
564	1:49:30	JOANNE DE BRUYN	Master F	114	58	11
637	1:49:34	VICTORIA WILSON	Open F	115	59	35
636	1:49:37	SHAYLENE LAWRENCE	Veteran F	116	60	11
486	1:50:51	BERNICE STEPHENSON	Veteran F	117	61	12
388	1:51:05	GARY GEVERS	Open M	118	57	27
522	1:51:28	UMAM MPOSI	Open F	119	62	36
531	1:53:35	JO CRIMES	Open F	120	63	37
595	1:54:02	ANGELIQUE DELIGNY	Master F	121	64	12
420	1:55:49	RUSSELL HUMPHREY	Grand Master M	122	58	1
505	1:57:47	REUBEN MOODLEY	Master M	123	59	9



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562	1:58:16	LEE ANNE DORNING	Master F	124	65	13
403	1:59:01	MEGAN ANDERSON	Veteran F	125	66	13
438	1:59:37	KIMBERLEY LOMAS	Open F	126	67	38
591	1:59:40	JEN DU PREEZ	Veteran F	127	68	14
468	1:59:47	KIRSTEN HUMBOLDT	Open F	128	69	39
340	2:00:53	MELISSA GREY	Open F	129	70	40
550	2:00:56	ALAYNE MASKELL	Veteran F	130	71	15
539	2:06:26	MIKE ALBERS	Grand Master M	131	60	2
541	2:06:57	MICHELLE ALBERS	Master F	132	72	14
597	2:07:42	CHRISTINA ECKSTEIN	Grand Master F	133	73	2
606	2:08:48	SHARON VAN ROOYEN	Open F	134	74	41
860	2:11:02	CATHERINE BOSSE	Open F	135	75	42
496	2:14:15	DALENE BENNETT	Veteran F	136	76	16
546	2:17:41	JACOMIEN DE KLERK	Master F	137	77	15
547	2:17:42	KARL WEBER	Grand Master M	138	61	3
631	2:19:15	MEGAN WATT	Veteran F	139	78	17
630	2:19:17	JON WATT	Veteran M	140	62	21
596	2:22:50	JEANETTE EGLINGTON	Grand Master F	141	79	3
481	2:33:11	JULYETTE LEWIS	Grand Master F	142	80	4
523	2:33:12	LIZ SNEDDON	Grand Master F	143	81	5
473	2:35:50	THANDIWE MNIKATHI	Master F	144	82	16
532	2:35:51	THEMBEKA MLAMBO	Veteran F	145	83	18
336	2:36:07	MARIA VAN TONDER	Grand Master F	146	84	6
536	2:36:13	TONY YUNNIE	Grand Master M	147	63	4
369	2:36:28	RENETTE VAN DER MERWE	Grand Master F	148	85	7
408	2:36:30	SUSAN RUDMAN	Veteran F	149	86	19