



## Midlands Series - Howick Trail Run - 5km



27 March 2022

Race #	Race Time	Name	Category	Overall Position	Gender Position	Cat. Position
67	0:24:36	LWANDO NGQOTSHE	U16 M	1	1	1
97	0:24:38	NCEBO MOLEFE	U16 M	2	2	2
76	0:24:46	MALIBONGWE MDUNGE	U16 M	3	3	3
219	0:25:54	DANIEL HALE	U18 M	4	4	1
92	0:26:21	CHRIS QUINTON	Veteran M	5	5	1
66	0:26:26	MATTHEW QUINTON	U12 M	6	6	1
230	0:27:36	SIYANDA SIKHAKHANE	U16 M	7	7	4
57	0:27:42	SAMKELO DUBE	U16 M	8	8	5
241	0:29:04	AYANE MSANE	U12 M	9	9	2
94	0:29:06	SIBULELE SOSHANGE	U12 M	10	10	3
162	0:29:55	THOMAS PATRICE	U16 M	11	11	6
62	0:29:59	LIAM FIRTH	U16 M	12	12	7
161	0:31:06	BLAKE MCFIE	U12 M	13	13	4
204	0:31:11	MURRAY POTE	Open M	14	14	1
225	0:31:23	JACO STEENEKAMP	Open M	15	15	2
154	0:32:41	REYNAULD VAN ROOYEN	Veteran M	16	16	2
59	0:33:16	MEGAN MCNAMARA	U12 F	17	1	1
163	0:35:11	LESLIE SAMUELS	Open M	18	17	3
212	0:36:27	LAUREN DE FREITAS	Open F	19	2	1
236	0:36:46	LEANNE COX	Veteran F	20	3	1
102	0:37:06	TALA VAN HUYSTEEN	U16 F	21	4	1
112	0:37:36	SOREN BRUCE	Open M	22	18	4
245	0:37:39	DANIEL NEL	U16 M	23	19	8
79	0:38:08	MICHAEL BENADI	U16 M	24	20	9
164	0:38:29	KEEGAN BENTLEY	Open M	25	21	5
51	0:38:41	NOKULUNGA HLONGWANA	Open F	26	5	2
157	0:38:52	BEN BOOTH	Junior M	27	22	1
10	0:38:55	URICK SING	U12 M	28	23	5
226	0:39:00	SARAH MCNAMARA	Junior F	29	6	1
217	0:39:02	DANIEL MCNAMARA	Veteran M	30	24	3
2	0:40:47	RACHEL THOMPSON	Veteran F	31	7	2
130	0:40:57	YUVISH SING	U12 M	32	25	6
146	0:41:02	MELISSA TIFFLIN	Open F	33	8	3
186	0:41:17	VISHAN SING	Veteran M	34	26	4
9	0:41:20	GEN QUINTON	Veteran F	35	9	3
244	0:41:28	JANCIE REAY	Veteran F	36	10	4
105	0:41:40	DARYN SHEPHERD	Open M	37	27	6
247	0:42:13	ANTON IMMELMAN	Master M	38	28	1
142	0:42:38	MONIQUE DE VILLIERS	Open F	39	11	4
126	0:43:15	DEMI HUMPHRIES	Open F	40	12	5
148	0:43:24	CHARLENE STEYN	Veteran F	41	13	5



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49	0:43:31	FRANCOIS STEYN	Veteran M	42	29	5
111	0:43:34	SWASTHI SING	Veteran F	43	14	6
205	0:43:59	KYLE NEL	U16 M	44	30	10
251	0:45:35	JILLIAN NEL	Veteran F	45	15	7
6	0:45:49	FAYE FIRTH	U12 F	46	16	2
253	0:46:13	SUE FIRTH	Veteran F	47	17	8
53	0:47:25	COLIN MADELEY	Master M	48	31	2
48	0:47:30	NICOLA KIDGELL	Veteran F	49	18	9
232	0:48:06	KAY MEYRICK	Grand Master F	50	19	1
207	0:48:15	AILSA WINGFIELD	Master F	51	20	1
180	0:48:43	RACHEL MARCH	Open F	52	21	6
246	0:48:50	JULIA SHILTON	Open F	53	22	7
77	0:49:05	HANNAH MAYER	Open F	54	23	8
47	0:49:09	TANIS MARCH	Master M	55	32	3
208	0:49:54	PETER BAKER	Master M	56	33	4
117	0:50:18	LUKE MCFIE	U16 M	57	34	11
176	0:51:02	MIKE GIBBON	Master M	58	35	5
233	0:51:37	NICO ENGELBRECHT	U12 M	59	36	7
153	0:51:56	CAROL VAN RENSBURG	Master F	60	24	2
224	0:51:58	LANA ENGELBRECHT	Junior F	61	25	2
110	0:52:22	GILLIAN RICHMOND	Veteran F	62	26	10
36	0:52:42	CINDI MCFIE	Veteran F	63	27	11
145	0:52:48	SASHA MORRISON	Open F	64	28	9
85	0:52:51	ISABEL BENADE	Open F	65	29	10
42	0:52:57	MICHELLE ENGELBRECHT	Veteran F	66	30	12
242	0:53:20	SUE PHILPOTT	Master F	67	31	3
121	0:53:28	BEANKA ESTERHUIZEN	Open F	68	32	11
129	0:53:38	BYRON BAKER	Open M	69	37	7
15	0:54:19	GRAHAM PHILPOTT	Grand Master M	70	38	1
58	0:54:38	ZIMISILE NZUZA	Veteran F	71	33	13
78	0:55:28	BRETT VENTON	Veteran M	72	39	6
55	0:57:03	HANA ESTERHUIZEN	U12 F	73	34	3
201	0:57:23	BERTUS ESTERHUIZEN	Open M	74	40	8
249	0:58:44	ANJINI LALBADOOR	Veteran F	75	35	14
107	0:59:53	NOMTHANAZO ZUMA	U16 F	76	36	2
60	0:59:58	ZEKHETHELO ZUMA	U16 F	77	37	3
239	1:00:57	SHIVAUN EARLE	Master F	78	38	4
65	1:01:23	SIYABONGA KHUMALO	U12 M	79	41	8
16	1:01:25	RHYAN VAN DER MERWE	Junior M	80	42	2
156	1:01:35	JUDY ZINGEL	Grand Master F	81	39	2
209	1:02:15	ETHEN VAN DER MERWE	U16 M	82	43	12



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98	1:02:21	JULIE YOUNG	Grand Master F	83	40	3
177	1:02:24	EVIE COX	U12 F	84	41	4
8	1:02:30	AMY VENTON	U12 F	85	42	5
116	1:02:42	BRAD VAN DER MERWE	Veteran M	86	44	7
221	1:03:20	SUNE FOURIE	U12 F	87	43	6
45	1:03:25	TRACY CAMPBELL	Master F	88	44	5
86	1:03:27	MARIENA DAVIES	Veteran F	89	45	15
122	1:03:56	CHERISE PLATT	Veteran F	90	46	16
39	1:04:08	SANDY HEMMINGWAY	Master F	91	47	6
227	1:05:15	NICOLENE FOURIE	Open F	92	48	12
136	1:10:28	THEMBENI MTHEMBU	Master F	93	49	7
243	1:16:08	AVUYILE REBE	Open F	94	50	13
218	1:16:11	NDALO REBE	Junior F	95	51	3
88	1:42:02	SANDEEP GOBIND	Open M	96	45	9