



KZN Trail Running 2022 Calender



Date	Day	Event	Series	Distances	Venue
09-Jan	Sun	Rocky Bay	CS	6k, 12k, 21k	Rocky Bay Resort, Scottburgh
16-Jan	Sun	Zululami Seaton Trail	CS	6k, 10k, 20k	Zululami Luxury Coastal Estate, Dolphin Coast
30-Jan	Sun	Honey Trails	CS	5k, 10k, 15k	Honey Trails, Botha's Hill
20-Feb	Sun	Gilboa Challenge	MS	5k, 12k, 18k	Bushwilliw, Karkloof, Howick
05-Mar	Sat	Drakensberg Northern Trail	MMS	5k, 10k, 21k, 40k	aha Alpine Heath Resort, Bergville
13-Mar	Sun	WESSA uMngeni Valley Trail Run	MS	4k, 11k, 21k	WESSA uMngeni Nature Reserve, Howick
27-Mar	Sun	Howick Trail	MS	5k, 10k, 20k	La Petite France, Howick
03-Apr	Sun	Trail Shed Race	CS	5k, 12k, 20k	Trail Shed, Botha's Hill
10-Apr	Sun	Lion's River Trail	MS	5k, 10k, 18k	Lion's River Trading Post, uMngeni
01-May	Sun	Bishopstowe Hall	WS	4k, 10k, 15k	Bushwillow Caravan Park, Karkloof
07-May	Sat	Mnweni Mountain Marathon	MMS	5k, 10k, 20k, 40k	Mnweni Cultural and Hiking Center, Bergville
14-May	Sun	Table Mountain Trail Run	WS	7k, 12k, 19k	Mcoseleli Secondary School, Pietermaritzburg
28-May	Sat	Cascades SLF Trail	WS	5k, 10k, 18k	Cascades Lifestyle Center, Pietermaritzburg
04-Jun	Sat	North Coast Ultra	Ultra	10k, 30k, 60k	Zinkwazi Lagoon Lodge, KZN North Coast
18-Jun	Sun	Soutpansberg Mountain Marathon	MMS	5k, 10k, 20k, 40k	Soutpansberg, Limpopo
02-Jul	Sat	Kruger2Canyon	Stage Race	26k, 42k	Laerskool Mariepskop, Hoedspruit
03-Jul	Sun	Kruger2Canyon	Stage Race	5k, 10k, 19k, 28k	Laerskool Mariepskop, Hoedspruit
17-Jul	Sun	1000 Hills Challenge	Trail Marathon	5k, 10k, 20k, 38k	Nagle Dam, Cato Ridge
31-Jul	Sat	Ingeli Mountain Marathon	MMS	10k, 20k, 40k	Ingeli Mountain, Kokstad, KwaZulu-Natal
07-Aug	Sat	Karkloof Stages and Camp	Stage Race	20k, 32k	Karkloof Club
08-Aug	Sun	Karkloof Stages and Camp	Stage Race	18k, 40k	Karkloof Club
21-Aug	Sun	uMngeni River Run	Ultra	12k, 25k, 50k, 75k	WESSA uMngeni Nature Reserve, Howick
05-Sep	Sun	Blythedale Trail Run	-	5k, 10k, 20k	Blythedale Coastal Estate, Blythedale, Dolphin Coast
24-Sep	Fri	Karkloof 100	Ultra	100 Mi	RSA, KZN, Howick
25-Sep	Sat	Karkloof 100	Ultra	50 Mi, 30Mi, 20Mi, 10Mi	RSA, KZN, Howick
26-Sep	Sun	Karkloof 100	Ultra	50 Mi, 100 Mi	RSA, KZN, Howick
02-Oct	Sat	LIV Village Race	-	5k, 12k, 18kk	LIV Village, Verulem, Durban
09-Oct	Sat	Uitsoek Mountain Marathon	MMS	5k, 10k, 20k, 40k	Uitsoek Hiking Trail, near Nelspruit, Mpumalanga
05-Nov	Sat	Lesotho Ultra	MMS Final	21k, 40k, 50k	Maliba Lodge, Lesotho
13-Nov	Sun	Inanda Trail	SS	6k, 12k, 20k	Inanda Dam, Durban
27-Nov	Sun	Kenneth Stainbank	SS	5k, 10k, 15k	Kenneth Stainbank, Durban
02-Dec	Fri	Drakensberg Trail Festival	MMS	5k, 10k (Night)	TBC
03-Dec	Sat	Drakensberg Trail Festival	MMS	6k, 10k, 20k, 40k, 80k	TBC
10-Dec	Sun	Hilton College	SS	7k, 12k, 21k	Hilton College, Hilton
17-Dec	Sat	Year End Christmas Run	-	5k, 11k, 21k	Barn Owl

* CS is the Coastal Series
 * MS is the Midlands Series
 * WS is the Winter Series

* MMS is the Mountain Marathon Series
 * No abbreviation indicates that it is a standalone event