



Race #	Race Time	Name	Category	Overall Position	Gender Position	Cat. Position
740	2:20:23	ANDREAS VAN HEERDEN	Open M	1	1	1
584	2:30:24	PETER WHITE	Master M	2	2	1
610	2:36:36	RUAN SCHRODER	Open M	3	3	2
500	2:39:10	NEIL ROBINSON	Open M	4	4	3
558	2:50:28	WERNER SCHUTTE	Open M	5	5	4
736	2:50:30	JUANDRE VAN DUYSER	Open M	6	6	5
647	2:51:33	ANDREW WATKINS	Open M	7	7	6
413	2:53:12	JUSTIN ACRES	Veteran M	8	8	1
416	2:54:48	CHRISTIAAN LUUS	Open M	9	9	7
646	2:55:33	PAT BRENCHLEY	Master M	10	10	2
441	2:56:02	MARK WRIGHT	Open M	11	11	8
634	2:58:47	CHANDRI VAN HEERDEN	Open F	12	1	1
743	2:59:46	JEROME PRETORIUS	Open M	13	12	9
499	3:01:28	ARNO CILLIERS	Master M	14	13	3
617	3:02:13	AMELIA LYONS	Open F	15	2	2
434	3:03:29	BERNO DE VILLIERS	Open M	16	14	10
471	3:03:40	YUSUF ASVAT	U16 M	17	15	1
454	3:07:17	PIETER BRIEL	Open M	18	16	11
631	3:09:04	DEBBIE PAPPAS	Veteran F	19	3	1
544	3:09:45	ESSICH WASSENAAR	Open M	20	17	12
577	3:11:13	ASHLEY BETTENRIDGE	Veteran M	21	18	2
663	3:12:13	DERICK NHAMUCHE	Open M	22	19	13
677	3:16:41	MICHELLE MEYERS	Open F	23	4	3
514	3:16:44	STEPHEN JACKSON	Open M	24	20	14
641	3:18:16	ADELE SMIT	Veteran F	25	5	2
458	3:18:17	ALISTAIR FISHER	Veteran M	26	21	3
609	3:18:21	CHARLOTTE FOURIE	Open F	27	6	4
638	3:20:14	JOCELYN SALTER	U16 F	28	7	1
361	3:20:42	KARIN CILLIERS	Veteran F	29	8	3
504	3:21:26	CARIN BADENHORST	Veteran F	30	9	4
642	3:21:30	ROBERT BADENHORST	Open M	31	22	15
694	3:23:51	CORNELEA DU PLOOY	Open F	32	10	5
725	3:23:58	LIZE ROGERS	Open F	33	11	6
524	3:26:12	JOHANNES HANEKOM	Open M	34	23	16
366	3:26:21	MARIAAN WILTSHIRE	Open F	35	12	7
423	3:28:56	RUSSELL PILLAY	Veteran M	36	24	4
376	3:28:59	MOHAMED ASVAT	Master M	37	25	4
526	3:30:28	ERWIN LOUW	Veteran M	38	26	5
729	3:31:06	PAUL LE HANIE	Master M	39	27	5
511	3:32:50	ADRIENNE CROESER	Open F	40	13	8
673	3:34:19	ERNST DILL	Open M	41	28	17



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588	3:34:35	PAUL VAN NIEKERK	Open M	42	29	18
459	3:34:42	LEILAH VAN NIEKERK	U18 F	43	14	1
530	3:34:46	ELMIEN VAN NIEKERK	U18 F	44	15	2
491	3:35:08	ANNEMARIE OLIVIER	Open F	45	16	9
358	3:35:10	FREDERIK DREYER	Open M	46	30	19
764	3:35:12	SUSAN VAN DER MERWE	Open F	47	17	10
714	3:35:22	WILHELM STEINBERG	Open M	48	31	20
606	3:35:24	ANJA STEINBERG	Open F	49	18	11
603	3:39:23	MARTHINUS NEL	Open M	50	32	21
674	3:40:42	ANTON SMIT	Veteran M	51	33	6
481	3:44:00	GERARD LINDNER	Open M	52	34	22
608	3:44:30	BLANDINE AIGRON	Open F	53	19	12
489	3:45:10	CHRISTIAN HERBSTT	Open M	54	35	23
629	3:47:47	MICHAEL BROOKS	Open M	55	36	24
463	3:48:11	CHRISTA VAN SCHALKWYK	Open F	56	20	13
548	3:48:14	BURT VAN SCHALKWYK	Veteran M	57	37	7
586	3:50:26	JOHN PARKES	Veteran M	58	38	8
682	3:50:29	MARIE MEYER	Veteran F	59	21	5
649	3:50:30	HENDRICK PRETORIUS	Veteran M	60	39	9
648	3:57:48	SOPHIA LOUW	Open F	61	22	14
636	3:59:08	ROSS COUPER	Veteran M	62	40	10
448	3:59:11	LINDSAY COUPER	Veteran F	63	23	6
406	4:00:06	LINDA BRENCHLEY	Master F	64	24	1
498	4:01:35	CATHERINE DEACON	Open F	65	25	15
661	4:01:37	JENNY LIVINGSTONE	Veteran F	66	26	7
476	4:02:18	KATE JULIET POOL	Open F	67	27	16
650	4:03:50	ANTOINETTE SMALL	Veteran F	68	28	8
622	4:04:05	WERNER OOSTHUIZEN	Veteran M	69	41	11
623	4:04:10	IANTHE OOSTHUIZEN	Open F	70	29	17
597	4:04:14	JAMES BERLIEN	Open M	71	42	25
643	4:13:35	ESTELLE LE HANIE	Master F	72	30	2
452	4:23:48	DUDU DLAMINI	Master F	73	31	3
722	4:28:20	NICO PIENAAR	Veteran M	74	43	12
495	5:06:24	TANA STRYDOM	Open F	75	32	18
618	5:16:12	JESS SALTER	Veteran F	76	33	9
375	5:16:14	CINDY BROOKS	Veteran F	77	34	10
475	5:16:29	MATTHEW LARSEN	Open M	78	44	26
428	5:16:31	MORNE JOHAN KITCHEN	Open M	79	45	27
391	5:16:32	ROZEL-MARI KITCHEN	Open M	80	46	28
431	5:16:34	GUILLAUME DE SWARDT	Open M	81	47	29
803	6:34:09	WILLIAM (BILL) MASON	Master M	82	48	6