



## Table Mountain Trail Run - 18km



17 October 2021

Race #	Race Time	Name	Category	Overall Position	Gender Position	Cat. Position
901	1:32:09	SANELE MAPHUMALO	Open M	1	1	1
773	1:33:13	IAN DICKINSON	Open M	2	2	2
935	1:39:46	WATSON ZITHA	Veteran M	3	3	1
759	1:41:07	DENZIL HILLERMANN	Open M	4	4	3
919	1:44:04	RHAIN HOSKINS	Open M	5	5	4
937	1:46:05	JOHANN KASSIER	Veteran M	6	6	2
793	1:46:16	JOSHUA GROBBELAAR	Open M	7	7	5
876	1:47:10	SPURGEON FLEMINGTON	Veteran M	8	8	3
991	1:47:12	EWALD THÖLE	Open M	9	9	6
938	1:47:37	DARYN SHEPHERD	Open M	10	10	7
889	1:48:07	CRAIG HEENAN	Open M	11	11	8
810	1:50:41	LLOYD ABERNETHY	Open M	12	12	9
907	1:52:07	MEZ KENNEDY	Open M	13	13	10
809	1:53:02	JAMES LIVINGSTONE	Open M	14	14	11
929	1:53:23	CHANTEL PENNICOTT	Open F	15	1	1
993	1:54:37	DAWN NUNES	Open F	16	2	2
785	1:54:56	CORNE REYNEKE	Open M	17	15	12
906	1:55:00	RICHARD KAUFMANN	Open M	18	16	13
998	1:59:56	BRETT LOUW	Veteran M	19	17	4
896	2:02:14	CHRISTIAN NURSE	Veteran M	20	18	5
852	2:03:27	MARISSA GROENEWALD	Open F	21	3	3
899	2:08:47	RUDI VAN DER MERWE	Veteran M	22	19	6
850	2:14:00	EMMA DICK	Open F	23	4	4
869	2:14:37	GARTH SKINNER	Master M	24	20	1
805	2:19:13	KAI ROSS	Open M	25	21	14
797	2:28:06	PAUL HELLBERG	Open M	26	22	15
902	2:28:07	COLLIN MOORE	Veteran M	27	23	7
777	2:29:45	NEAL HATTINGH	Master M	28	24	2
769	2:29:57	SIBUSISO HLATSHWAYO	Veteran M	29	25	8
883	2:31:48	KHANYA MNYANDA	Open M	30	26	16
838	2:33:07	ZAKES NKOSI	Open M	31	27	17
832	2:34:33	DALE PIPER	Veteran M	32	28	9
806	2:44:33	RHONWYN BRAYLEY	Veteran F	33	5	1
997	2:44:36	LINDELA MTSHALI	Veteran F	34	6	2
863	2:45:00	SIMPHIWE MLOTSHWA	Veteran M	35	29	10
771	2:45:04	BONGUMUSA NGCOBO	Master M	36	30	3
926	2:48:17	ZINGIE NKOMO	Open F	37	7	5
821	2:51:14	ANDILE MTHETHWA	Open M	38	31	18
812	2:51:17	CRAIG CHARITY	Open M	39	32	19
951	2:55:56	ROBYN FINCHAM	Veteran F	40	8	3
948	2:55:59	TARYN NORTON	Veteran F	41	9	4



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859	2:56:30	GILLIAN TREGOLD	Veteran M	42	33	11
818	2:56:31	CLAIRE SYMONS	Master F	43	10	1
764	3:02:14	MTHOKOZISI KHULU	Open M	44	34	20
827	3:05:11	CAS PRETORIUS	Master M	45	35	4
803	3:10:32	JO CRIMES	Open F	46	11	6
900	3:10:34	ALICIA SIMPSON	Grand Master F	47	12	1
979	3:11:01	XOLANI DUBE	Open M	48	36	21
792	3:11:08	NONHLANHLA GWALA	Open F	49	13	7
913	3:19:06	LOU SCHOEMAN	Veteran F	50	14	5
921	3:19:08	MARK SMITH	Veteran M	51	37	12
954	3:29:05	YENKE GROBBELAAR	Open F	52	15	8
788	3:29:08	KAMIR BALDEO	Open M	53	38	22