



## Midlands Series - Lion's River Challenge - 10km Results



23 May 2021

Race #	Race Time	Name	Category	Batch	Overall Position	Gender Position	Cat. Position
422	0:46:37	JOSHUA MOLLER	U18 M	3	1	1	1
750	0:50:59	ROSS TRELEAVEN	Veteran M	3	2	2	1
424	0:52:59	RACHEL VAN DEVENTER	U16 F	3	3	1	1
733	0:54:34	SUSAN MACHPESH	Open F	3	4	2	1
366	0:54:57	KRISJAN SLABBERT	Open M	4	5	3	1
511	0:55:43	RICHARD ROBERTS	Veteran M	3	6	4	2
419	0:56:15	CHRISTIAN SCHÜTTE	U18 M	3	7	5	2
427	0:56:29	RYAN VAN DEVENTER	Veteran M	3	8	6	3
686	0:56:58	CATHERINE LEWIS	Open F	3	9	3	2
704	0:58:07	BRANDON DE LANGE	Open M	3	10	7	2
502	0:59:30	GUY COCKSEGE	Open M	4	11	8	3
718	0:59:33	ELLIOTT WILLIAMS	U18 M	4	12	9	3
703	1:00:10	CHRISTO LINDEQUE	Master M	3	13	10	1
446	1:00:11	ALISON WASSERFALL	Open F	3	14	4	3
527	1:00:43	MARK BLEW	Open M	3	15	11	4
449	1:02:33	JESSICA BARNSELY	Open F	3	16	5	4
524	1:02:49	HERMAN VISAGIE	Open M	3	17	12	5
654	1:03:51	GARETH ELS	Open M	3	18	13	6
711	1:04:11	DOUGLAS COUPERTHWAIT	Grand Master M	3	19	14	1
492	1:05:14	MICHAEL	Master M	3	20	15	2
706	1:05:32	MATTHEW GIBBON	Veteran M	3	21	16	4
528	1:05:42	B LONGHURST	Master M	4	22	17	3
700	1:06:32	JOLENE ELS	Veteran F	3	23	6	1
741	1:07:48	WARREN HASLEHURST	Open M	3	24	18	7
526	1:08:04	JEAN-PIERRE JORDAAN	Open M	3	25	19	8
516	1:09:41	HAYDEN RICH	Open M	3	26	20	9
747	1:09:58	DONNA HUTTON	Open F	3	27	7	5
705	1:10:00	TAYLOR MCNAMARA	U16 F	4	28	8	2
716	1:10:07	TAYLA WYNNE	Open F	3	29	9	6
593	1:10:18	CAROLINE WOERNER	U18 F	4	30	10	1
560	1:10:33	ROBYN BUTTERWORTH	Open F	3	31	11	7
661	1:10:34	LEONARD LINE	Open M	4	32	21	10
734	1:10:57	SHAUN MACKENZIE	Open M	3	33	22	11
565	1:11:18	NAOMI HARDMAN	Veteran F	3	34	12	2
508	1:11:20	PAUL HARDMAN	Veteran M	3	35	23	5
563	1:11:38	DANIEL MAJOR	U16 M	4	36	24	1
425	1:13:01	MONIQUE VAN DEVENTER	Veteran F	3	37	13	3
450	1:13:03	NATACHA SMITH	Veteran F	4	38	14	4
739	1:13:07	STEFAN VAN DER WESTHUIZEN	Open M	4	39	25	12
531	1:13:09	JUSTIN PLATT	Grand Master M	3	40	26	2
600	1:13:27	MICHAEL FROST	Veteran M	3	41	27	6



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553	1:13:32	CARLA SWART	Open F	4	42	15	8
552	1:13:37	CHRISTIAAN KOTZE	Open M	4	43	28	13
551	1:13:39	DEAN RUTHERFORD	Open M	4	44	29	14
723	1:13:57	BRETT ACUTT	Open M	4	45	30	15
445	1:14:11	LINDA WOLHUTER	Grand Master F	4	46	16	1
596	1:14:12	SHELLEY EXELBY	Veteran F	3	47	17	5
559	1:14:41	DYLAN KRIEL	U16 M	3	48	31	2
372	1:14:58	THEO MULDER	Open M	4	49	32	16
735	1:15:08	JAN NORRIS	Master F	4	50	18	1
493	1:15:09	NAZMIRA KHAN	Open F	3	51	19	9
368	1:15:23	CHANEL BASSON	Open F	4	52	20	10
583	1:15:25	KLARA SNYMAN	Open F	4	53	21	11
656	1:15:27	DIRK NEL	Veteran M	4	54	33	7
370	1:15:42	JEN PATRICK	Master F	4	55	22	2
416	1:15:54	KIRBY FELIX	Open F	3	56	23	12
415	1:16:26	TASH THOMSON	Open F	3	57	24	13
730	1:16:27	DUDLEY THOMSON	Open M	3	58	34	17
361	1:16:36	MICHAEL PATRICK	Open M	4	59	35	18
362	1:16:37	DAWN COETZEE	Open F	4	60	25	14
550	1:16:42	ANDREW ROUSE	Open M	4	61	36	19
726	1:17:38	CAITLYN ODELL	U12 F	4	62	26	1
532	1:17:40	DANIEL DUNN-STUART	Open M	3	63	37	20
714	1:18:13	LISA VAN ZYL	Veteran F	3	64	27	6
371	1:18:16	KATHY MCGRATH	Master F	3	65	28	3
556	1:18:46	HOWARD BENADE	Open M	4	66	38	21
658	1:18:51	CLINTON CAMERON	Open M	4	67	39	22
429	1:18:54	STACY CAMERON	Open F	4	68	29	15
374	1:18:58	DANIELLE PAUL	Open F	4	69	30	16
707	1:19:56	MICHELLE NEL	Veteran F	4	70	31	7
448	1:20:10	MARK CRANSTON	Open M	4	71	40	23
720	1:20:44	PHILIPPA REYNOLDS	Veteran M	4	72	41	8
698	1:20:45	KELLY STEVENS	Open F	3	73	32	17
694	1:20:50	PENNY VAN VREDEN	Veteran F	3	74	33	8
509	1:20:57	MATTHEW MAJOR	Master M	4	75	42	4
418	1:20:58	REBECCA MAJOR	U16 F	4	76	34	3
725	1:20:59	GREGORY MASKELL	Master F	4	77	35	4
495	1:21:33	TRACEY ROBERTS	Veteran F	4	78	36	9
421	1:22:10	LESLEY DRALLE	Open F	3	79	37	18
518	1:22:13	MICHELLE RUMNEY	Master F	4	80	38	5
709	1:22:15	CARMEN WHYTE	Open F	3	81	39	19
373	1:22:17	CARA MUNROE	Open F	4	82	40	20



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568	1:22:20	NEIL JACKSON	Grand Master M	4	83	43	3
510	1:23:07	EMILY HOWARD	U18 F	4	84	41	2
745	1:23:10	PIPPA JUCHSHA	Veteran F	4	85	42	10
458	1:23:12	CISKE UYS	Open F	4	86	43	21
564	1:23:23	ILSE BROWN	Master F	4	87	44	6
689	1:23:24	HILTON BROWN	Master M	4	88	44	5
701	1:23:28	KIM MCCALL	Veteran F	4	89	45	11
594	1:23:39	WAYNE VOCK	Veteran M	4	90	45	9
736	1:24:02	TIMOTHY LEURS	Open M	4	91	46	24
713	1:24:06	LANA KRUGER	Open M	3	92	47	25
597	1:24:09	SARAH CRANSTON	Veteran F	4	93	46	12
598	1:24:14	MICHELLE GREEN-SMERDON	Open F	4	94	47	22
577	1:24:33	ESTELLE MALAN	Master F	3	95	48	7
412	1:24:41	EMMA WIJNBERG	Open F	3	96	49	23
500	1:24:42	MELANIE PAUL	Veteran F	3	97	50	13
505	1:25:21	SIMONE LIEBENBERG	Veteran M	3	98	48	10
494	1:25:22	PETER STEVENS	Grand Master M	3	99	49	4
575	1:25:25	SALLY SHAW	Veteran M	3	100	50	11
569	1:26:00	GRANT JACOBS	Master M	3	101	51	6
687	1:26:16	LAUREN DAVISON	Open F	3	102	51	24
548	1:26:18	DANIE LE ROUX	Open F	4	103	52	25
498	1:26:57	HANNAH MARKHAM	Open F	3	104	53	26
447	1:27:01	KIREN RAMDUTH	Veteran M	4	105	52	12
659	1:27:16	JULIANE SCHÜTTE	Veteran F	3	106	54	14
360	1:27:28	VUSI ZUMA	Veteran M	4	107	53	13
364	1:27:30	THAMSANQA DLADLA	Master M	3	108	54	7
428	1:27:31	IOLINE REDFERN	Open F	3	109	55	27
431	1:27:38	PARYL KRIEL	Master M	4	110	55	8
455	1:27:50	CHERICE HUNTER	Open F	4	111	56	28
554	1:27:52	NERINE ERASMUS	Open F	4	112	57	29
507	1:28:51	PHELELANI SHEZI	Open M	4	113	56	26
574	1:29:19	NONDUMISO MAKAULA	Open F	4	114	58	30
513	1:29:29	PIPPA SOLOMON	Open F	3	115	59	31
365	1:29:36	JANINE GRANTHAM	Open F	3	116	60	32
367	1:29:40	SHAYLENE LAWRENCE	Veteran F	3	117	61	15
683	1:30:26	JANET DE GROOT	Veteran F	3	118	62	16
521	1:30:32	SALEEM MOOSA	Open M	3	119	57	27
688	1:31:10	THANDOKAZI NDLAKUSE	Open F	4	120	63	33
740	1:31:43	IRENE SERAFINO	Master F	4	121	64	8
653	1:32:42	MANDY MEYER	Veteran F	3	122	65	17
708	1:32:43	MAUREEN LYONS	Master F	3	123	66	9



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572	1:32:46	HANNAH EVANS	Open F	3	124	67	34
748	1:32:48	JULIA DE WAAL	Open F	3	125	68	35
581	1:33:10	DEBBIE SOROUR	Master F	3	126	69	10
601	1:33:11	JUANITA UGLJANNIN	Veteran F	4	127	70	18
691	1:33:13	PHILLIPA BAINES	Master F	4	128	71	11
692	1:33:16	JUDITH FLETT	Master F	4	129	72	12
721	1:34:07	JACQUI DU TOIT	Grand Master F	4	130	73	2
722	1:34:34	ETHAN BOSHI	Open M	3	131	58	28
570	1:34:36	TEYA CHARLTON	U18 F	3	132	74	3
595	1:34:57	LOUISE VOCK	Open F	4	133	75	36
578	1:35:16	LUCY NGUBANE	Master F	3	134	76	13
749	1:35:18	KEVIN MILLAR	Open M	4	135	59	29
515	1:35:21	ALAYNE MASKELL	Veteran F	3	136	77	19
719	1:35:39	BRIGITTE JACOBS	Master F	3	137	78	14
506	1:36:25	TAWHEEDA GAFFOOR	Open F	3	138	79	37
724	1:36:29	SHAHEEDA GAFFOOR	Open F	3	139	80	38
746	1:36:46	SANDY AMBROSS	Veteran F	3	140	81	20
530	1:36:47	HELOISE AMBROSS	U18 F	3	141	82	4
430	1:36:52	TONY YUNNIE	Grand Master M	3	142	60	5
457	1:37:18	RIYAAZ GANY	Open M	4	143	61	30
737	1:37:30	THOMAS SANDERS	U12 M	3	144	62	1
573	1:37:35	TAMARA CAMERON	Open F	3	145	83	39
497	1:37:37	GUY MARKHAM	Open M	3	146	63	31
433	1:37:50	ZAKIR MAHOMED	Veteran M	4	147	64	14
434	1:37:52	ZUBAIR MAHOMED	Open M	4	148	65	32
525	1:37:56	GORDON ODELL	Master M	4	149	66	9
571	1:38:22	JONATHAN BLACK	Grand Master M	4	150	67	6
432	1:38:25	KERRILEE MILLAR	Open F	4	151	84	40
660	1:38:36	GLYNIS RADFORD	Grand Master F	4	152	85	3
420	1:38:37	LYNDA VERSTER	Veteran F	4	153	86	21
426	1:39:10	SUZANNE STEVENS	Master F	3	154	87	15
652	1:39:26	MONIQUE RIEKERT	Veteran F	3	155	88	22
529	1:39:33	JULYETTE LEWIS	Grand Master F	4	156	89	4
732	1:39:34	GRAHAM LEWIS	Grand Master M	4	157	68	7
738	1:39:51	SENZELWE MZILA	Open M	3	158	69	33
712	1:40:00	SUSAN RUDMAN	Veteran F	3	159	90	23
520	1:40:54	PAMELA ROESTOF	Veteran F	3	160	91	24
657	1:40:56	MARTIN ROESTOF	Master M	3	161	70	10
728	1:41:39	WILLIAM SANDERS	Junior M	3	162	71	1
729	1:41:41	JEREMY SANDERS	Master M	3	163	72	11
695	1:41:53	CHRISTINE CUFF	Open F	3	164	92	41



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547	1:42:20	MICHELLE LE ROUX	Open F	4	165	93	42
549	1:42:40	CARLA ROUSE	Open F	4	166	94	43
584	1:42:59	ANDILE NGINI	Open F	3	167	95	44
576	1:43:09	SUE GRIFFITHS	Grand Master F	3	168	96	5
655	1:43:20	ANJA BEKKER	Open F	3	169	97	45
684	1:43:44	WENDY BOTES	Grand Master F	3	170	98	6
651	1:43:47	SHARON LOTZ	Master F	3	171	99	16
523	1:43:49	JEANETTE EGLINGTON	Grand Master F	3	172	100	7
501	1:44:18	CHRISTINA ECKSTEIN	Grand Master F	3	173	101	8
514	1:45:47	ISOBEL BARNARDO	Master F	3	174	102	17
558	1:46:23	SHARON VAN ROOYEN	Open F	4	175	103	46
451	1:46:44	JESSICA HUDSON-REED	Open F	4	176	104	47
562	1:47:57	SHARON HOCKLY	Master F	3	177	105	18
682	1:48:00	BELINDA QUIN	Master F	3	178	106	19
699	1:49:03	CYNTHIA MORTON	Master F	3	179	107	20
504	1:49:17	MARION BURN	Master F	3	180	108	21
522	1:49:18	RENE WILL	Veteran F	3	181	109	25
499	1:49:21	CAMILLA LEURS	Open F	4	182	110	48
727	1:50:24	LOUISE SANDERS	Open F	3	183	111	49
696	1:50:25	OLIVER SANDERS	Junior M	3	184	73	2
452	1:50:42	CLARE HUDSON-REED	Open F	4	185	112	50
454	1:55:19	TASNEEM KHAN	Open F	4	186	113	51
453	1:55:20	GAVIT MARAN	Veteran M	4	187	74	15
582	1:55:48	CHERYL LAW	Master F	3	188	114	22
579	1:55:51	TERENCE JAMES	Grand Master M	4	189	75	8
580	1:55:53	BRONWEN JAMES	Open F	4	190	115	52
363	1:57:02	KHUTHALA DLADLA	Veteran F	3	191	116	26
585	1:58:11	CAROL TEBBUTT	Master F	3	192	117	23
592	1:58:45	HAYLEY WOOD	Master F	4	193	118	24
693	1:59:08	RENETTE VAN DER MERWE	Grand Master F	3	194	119	9
369	1:59:10	MARILYN QUIRKE	Master F	3	195	120	25
414	1:59:36	AMANDA MNGADI	Open F	3	196	121	53
417	2:01:47	ADELE LEVIN	Veteran F	3	197	122	27
685	2:02:07	CHANTALLE WILSON	Veteran F	3	198	123	28
423	2:02:07	JEN DU PREEZ	Open F	3	199	124	54
743	2:02:39	FIKILE DLAMINI	Open F	3	200	125	55
512	2:02:40	PHUMZILE NGUBANE	Veteran F	3	201	126	29
496	2:05:24	JENNY HENSCHER	Master F	3	202	127	26
731	2:08:37	WENDY MEYER	Master F	3	203	128	27
566	2:08:40	LYNSEY HAMMOND	Master F	3	204	129	28
561	2:12:36	SONYA ROUGIER LAGANE	Grand Master F	3	205	130	10



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591	2:22:11	PAM VAN ROOYEN	Grand Master F	4	206	131	11
503	2:22:12	JANE BAIN	Grand Master F	4	207	132	12
456	2:23:40	SALLY MILLS	Grand Master F	4	208	133	13
413	2:29:10	INGE MILBANK	Grand Master F	4	209	134	14
519	2:29:11	JANIE ERASMUS	Master F	4	210	135	29
555	2:30:30	LUNGELO NSELE	Veteran F	4	211	136	30
557	2:30:34	PHAKAMILE MTOLO	Veteran M	4	212	76	16