



Midlands Series - Howick Trail Run - 10km Results



18 April 2021

Race #	Race Time	Name	Gender	Batch	Overall Position	Gender Position	Cat. Position
395	0:42:55	TRISTAN SEBIRE	U18 M	4	1	1	1
5013	0:45:56	CHARLI MLOTSHWA	U16 M	6	2	2	1
548	0:46:22	ASH PREVOST	Open M	4	3	3	1
630	0:47:12	SYDNEY ZUMA	Veteran M	4	4	4	1
551	0:50:02	SIZWE KHUMALO	Master M	4	5	5	1
409	0:52:25	DOUG BOLTON	Veteran M	4	6	6	2
561	0:53:02	MARCUS TAYLOR	Master M	4	7	7	2
549	0:53:16	JASON KITCHING	Open M	6	8	8	2
582	0:53:24	SUSAN MACHPSH	Open F	6	9	1	1
499	0:53:53	NCOMEKA GUMEDE	Open F	6	10	2	2
408	0:53:57	RICHARD ROBBERTS	Veteran M	4	11	9	3
656	0:54:13	ANDRE WOLMARANS	Open M	4	12	10	3
494	0:54:31	JOHN LOUW	Open M	6	13	11	4
521	0:55:18	MICHAEL RELIHAN	Master M	4	14	12	3
489	0:55:41	ROSS TRELEAVEN	Veteran M	4	15	13	4
505	0:55:47	YOLANDE FOURE	Open F	4	16	3	3
691	0:56:07	JASON APSEY	Veteran M	4	17	14	5
626	0:56:35	BRETT SMERDON	Open M	6	18	15	5
666	0:56:46	KYLE ROBERTSON	Open M	6	19	16	6
360	0:57:24	MATT EDWARDS	Open M	4	20	17	7
447	0:57:46	LUKE PLOTTS	Open M	6	21	18	8
416	0:58:09	DENISE JOUBERT	Veteran F	4	22	4	1
473	0:58:21	BRADLEY HEMINGWAY	Open M	4	23	19	9
420	0:58:28	KRISTY HEESEN	U16 F	4	24	5	1
445	0:58:46	GRANT KERR	Master M	5	25	20	4
550	0:58:53	CHRIS ADAM	U16 M	4	26	21	2
2020	0:59:02	SOPHIE PEARCE	Open F	6	27	6	4
403	0:59:16	SIMON DAY	Veteran M	4	28	22	6
490	0:59:40	ROBERT BOTHA	Open M	4	29	23	10
468	0:59:51	GERHARD JONKER	Open M	5	30	24	11
391	1:00:01	LINDI MEYER	Veteran F	4	31	7	2
2010	1:00:06	CHRISTO LINDEQUE	Master M	4	32	25	5
446	1:00:34	HEIN DE KOCK	Veteran M	4	33	26	7
502	1:00:46	MTHOKOZISI KANYILE	U18 M	6	34	27	2
5011	1:00:49	GORDON BELLANTYRE	Open M	6	35	28	12
470	1:01:00	BANDILE MBUQE	Open M	5	36	29	13
506	1:01:15	BRANDON ROCHAT	Master M	4	37	30	6
440	1:01:54	DEVIN PIKE	Open M	5	38	31	14
660	1:01:56	SIPS MORAJANE	Open M	4	39	32	15
518	1:02:20	THEMBEKILE MTHIMUNYE	Open F	6	40	8	5
4011	1:02:25	JESSICA BARNSELY	Open F	4	41	9	6



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4012	1:02:26	KATE BURNETT	U18 M	4	42	33	3
354	1:02:28	TARRYN LOW	Open F	4	43	10	7
567	1:02:32	LUSHEN PILLAY	Veteran M	4	44	34	8
526	1:02:52	XAVIER VERMEULEN	U16 M	4	45	35	3
628	1:03:03	CRAIG OELLERMANN	Veteran M	6	46	36	9
355	1:03:17	MAUREEN SLACK	Master F	5	47	11	1
623	1:03:39	JESS REDFERN	Open F	6	48	12	8
625	1:03:40	DEREK REDFERN	Master M	6	49	37	7
4013	1:04:10	NICHOLAS MUNRO	Veteran M	5	50	38	10
393	1:04:18	DOUGLAS COUPERTHWAITTE	Grand Master M	4	51	39	1
6002	1:04:47	TROY RAUTENBACH	Open M	6	52	40	16
615	1:05:05	CISKE UYS	Open F	5	53	13	9
605	1:05:15	WENDY THOMPSON	Veteran F	4	54	14	3
508	1:05:26	ROBYN BUTTERWORTH	Open F	4	55	15	10
421	1:05:28	MARK DEACON	Master M	5	56	41	8
534	1:05:59	KYM POTGIETER	Veteran F	5	57	16	4
3020	1:06:03	JANE DICKINSON	Grand Master F	6	58	17	1
425	1:06:15	GINA TRELEAVEN	Veteran F	4	59	18	5
356	1:06:30	MEGAN PARKER	Open F	5	60	19	11
602	1:06:47	ROBYN SCOTT	Open F	4	61	20	12
4018	1:06:56	THEO MULDER	Open M	6	62	42	17
496	1:07:16	DAMIEN RAUTENBACH	Veteran M	6	63	43	11
516	1:07:17	MALUSI NINELA	Open M	4	64	44	18
556	1:08:05	MALCOLM FOURE	Master M	4	65	45	9
419	1:08:35	ALISON HOWE	Open F	4	66	21	13
438	1:08:43	JILLIAN MAGRATH	Veteran F	5	67	22	6
3014	1:08:44	CAROLINE WOOLLAM	Master F	5	68	23	2
386	1:08:50	LUNGILE MCHULISE	Open F	6	69	24	14
484	1:09:07	LINDA WOLHUTER	Grand Master F	5	70	25	2
500	1:09:10	JAN NORRIS	Master F	5	71	26	3
694	1:09:20	ASHLEY PILGRIM	Open M	4	72	46	19
379	1:09:22	JESSICA SEYMOUR	Open F	4	73	27	15
351	1:09:23	POTGIETER	Open F	4	74	28	16
680	1:09:28	DIANA SIMPSON	Master F	5	75	29	4
461	1:10:00	SHIMONE PRETORIUS	Open F	4	76	30	17
1015	1:10:07	DAWN COETZEE	Open F	5	77	31	18
1013	1:10:08	MICHAEL PATRICK	Open M	5	78	47	20
1010	1:10:12	DAVE CULVERWELL	Open M	4	79	48	21
2016	1:10:13	LOUISE CAMPBELL	Veteran F	6	80	32	7
452	1:10:28	ERYN CHAPMAN	U18 F	4	81	33	1
422	1:10:30	MURRAY CHAPMAN	Master M	4	82	49	10



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685	1:10:49	MAREZELDA BREET	Open F	4	83	34	19
357	1:11:15	NAZMIRA KHAN	Open F	5	84	35	20
607	1:11:23	SHELLEY EXELBY	Veteran F	4	85	36	8
384	1:11:41	MICHELLE NEL	Veteran F	5	86	37	9
2015	1:11:49	TIM LEURS	Open M	5	87	50	22
487	1:12:54	NICOLA MEINTJES	Open F	5	88	38	21
536	1:12:55	KATHRYN BOLTON	Veteran F	4	89	39	10
478	1:13:10	CAROLYN ROCHAT	Veteran F	4	90	40	11
610	1:13:34	JASON ATTLEE	Veteran M	5	91	51	12
399	1:13:49	LESLEY DRALLE	Open F	4	92	41	22
510	1:13:59	LAURA COLE	Open F	4	93	42	23
439	1:14:15	CARI DICKERSON	Open F	4	94	43	24
479	1:14:19	DEBORAH WALTON	Grand Master F	5	95	44	3
621	1:14:55	KYLIE KEETON	Veteran F	5	96	45	12
5014	1:14:57	SURUJPAUL HARRYLAL	Grand Master M	6	97	52	2
410	1:15:13	KARIEN MULDER	Open F	5	98	46	25
547	1:15:14	JANI WARBURTON	Open F	5	99	47	26
1009	1:15:17	CARIN BUTCHER	Open F	5	100	48	27
429	1:15:20	ANGELA WESTERMEYER	Veteran F	4	101	49	13
488	1:15:24	GREG MASKELL	Veteran M	6	102	53	13
459	1:15:34	DUNCAN RODERICK	Open M	5	103	54	23
537	1:15:37	PHELELANI SHEZI	Open M	5	104	55	24
3017	1:15:55	CANDICE BIGGS	Open F	6	105	50	28
3027	1:15:56	NSIZWA DLAMINI	Open M	5	106	56	25
417	1:15:58	MICHELLE RUMNEY	Master F	4	107	51	5
580	1:15:59	CHANTELLE KOEKEMOER	Veteran F	4	108	52	14
559	1:16:14	MARIETTE GROBBELAAR	Veteran F	6	109	53	15
4022	1:16:41	BRETT ACUTT	Open M	6	110	57	26
368	1:16:52	PENNY VAN VREDEN	Veteran F	4	111	54	16
3021	1:17:18	ERIC BOTHMA	Master M	6	112	58	11
424	1:17:18	LYNNE BAXTER	Master F	5	113	55	6
469	1:17:22	DAWN REED	Master F	5	114	56	7
4019	1:17:29	CARA LEANNE MUNROE	Open F	6	115	57	29
353	1:18:06	NOEL NADASEN	Veteran M	5	116	59	14
5009	1:18:10	TRACEY STEART	Veteran F	5	117	58	17
649	1:18:10	LISA VAN ZYL	Veteran F	5	118	59	18
2011	1:18:15	TRACEY ROBERTS	Veteran F	6	119	60	19
594	1:18:22	ANDISA SISWANA	Open F	5	120	61	30
555	1:18:39	TAMARA KLOS	Open F	4	121	62	31
432	1:18:56	GRANT JACOBS	Master M	4	122	60	12
1022	1:19:18	COLIN FROST	Grand Master M	6	123	61	3



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597	1:19:26	SANDY AMBROSS	Veteran F	5	124	63	20
493	1:19:44	MICHELLE GREEN-SMERDON	Open F	6	125	64	32
400	1:19:49	SARAH CRANSTON	Veteran F	6	126	65	21
513	1:20:22	KIM HARRIS	Veteran F	5	127	66	22
497	1:20:41	JENAY JONSSON	Master F	4	128	67	8
539	1:20:41	SARAH PITOUT	Master F	4	129	68	9
430	1:20:44	KATHARINA WESTERMANN	Open F	6	130	69	33
436	1:20:45	CHRISTINE CUFF	Open M	4	131	62	27
3022	1:20:49	WENDY BOTHMA	Master F	5	132	70	10
633	1:21:17	TRACY GARDNER	Open F	5	133	71	34
2019	1:21:42	ZANELE` CROUS	Open F	5	134	72	35
3019	1:21:43	JAN-FREDERIK ENSLIN	Open M	5	135	63	28
413	1:22:07	KAY MEYRICK	Master F	5	136	73	11
442	1:22:08	ANDREW BARNES	Veteran M	5	137	64	15
405	1:22:10	KEVIN MILLAR	Open M	5	138	65	29
378	1:22:30	JANET DE GROOT	Veteran F	5	139	74	23
1020	1:23:21	TSHEPANG MAKOFANE	Open M	5	140	66	30
358	1:24:00	CLINT ROBSON	Open M	5	141	67	31
515	1:24:03	JESSICA JACOBS	Open F	5	142	75	36
3018	1:24:04	CHERYL MOIG	Veteran F	5	143	76	24
698	1:24:27	BRIGITTE JACOBS	Master F	4	144	77	12
560	1:24:38	MELANIE PAUL	Veteran F	4	145	78	25
3015	1:24:40	DIETER KOSSMANN	Veteran M	6	146	68	16
545	1:24:40	EMMA WIJNBERG	Open F	4	147	79	37
1021	1:24:58	KERRY FROST	Master F	6	148	80	13
3016	1:25:01	MANUELA KOSSMANN	Veteran F	6	149	81	26
692	1:25:16	PATRICK SISWANA	Open M	5	150	69	32
509	1:25:23	SUZETTE VENTER	Master F	6	151	82	14
5015	1:25:36	SARAH HARRYLAL	Master F	6	152	83	15
396	1:27:17	SIMONE LOMBARD	Open F	5	153	84	38
376	1:27:18	CORNÉ VAN NIEKERK	Open F	5	154	85	39
578	1:27:35	DEBBIE SOROUR	Master F	4	155	86	16
474	1:27:40	JO ANNE WILKINSON	Veteran F	4	156	87	27
629	1:27:42	GISELLE FERREIRA	Veteran F	4	157	88	28
480	1:28:13	COURTNEY THATCHER	Open M	4	158	70	33
5012	1:28:15	KAVIT NARAN	Open M	5	159	71	34
448	1:28:38	NONDUMISO MAKAULA	Open F	5	160	89	40
606	1:28:57	CAROLYN GOVER	Master F	5	161	90	17
579	1:29:15	SHELLEY LAW	Open F	5	162	91	41
374	1:29:51	KERRILEE MILLAR	Open F	5	163	92	42
482	1:30:33	JORDAN HOLLINS	U12 M	5	164	72	1



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4901	1:30:34	SAM HOLLINS	Veteran F	5	165	93	29
434	1:30:58	SAMKELISIWE MAZIBUKO	Open F	6	166	94	43
453	1:31:12	JANA BARFF	Veteran F	4	167	95	30
406	1:31:31	SUSAN RUDMAN	Veteran F	4	168	96	31
371	1:31:32	RHYAN RUDMAN	Master M	4	169	73	13
437	1:31:43	IOLINE REDFERN	Open F	5	170	97	44
415	1:31:45	LUNGILE DLAMINI	Veteran F	5	171	98	32
684	1:32:05	JESSY CHARLTON	Open F	6	172	99	45
3011	1:32:08	HELEN DOUMANIS	Open F	5	173	100	46
462	1:32:35	ALAYNE MASKELL	Veteran F	4	174	101	33
613	1:32:40	JOHN HEWITT	Grand Master M	5	175	74	4
380	1:33:04	WARREN CHARLTON	Open M	6	176	75	35
1014	1:33:08	RENE WILL	Veteran F	5	177	102	34
634	1:33:37	TONY YUNNIE	Grand Master M	5	178	76	5
377	1:33:37	EBEN HOLDER	Master M	4	179	77	14
2021	1:33:40	SAM POTGIETER	Open F	6	180	103	47
596	1:33:41	DEBBIE HOLDER	Veteran F	4	181	104	35
5010	1:33:42	ANJA BEKKER	Open F	6	182	105	48
1017	1:33:43	NICOLE DE LANGE	Open F	5	183	106	49
1016	1:33:46	SHAYLENE LAWRENCE	Open F	5	184	107	50
1019	1:33:48	NOZIPHO DE LANGE	Open F	5	185	108	51
642	1:34:08	LYNNE HARRISON	Veteran F	5	186	109	36
638	1:34:08	THABISILE ZULU	Veteran M	4	187	78	17
404	1:34:11	KIRSTEN GEYSER	Veteran F	5	188	110	37
2014	1:35:01	CAMILLA LEURS	Open F	5	189	111	52
4024	1:36:05	VUYOLWETHU TUSWA	Open M	6	190	79	36
449	1:36:15	JANDI HALLETT	Master F	4	191	112	18
464	1:36:16	BARCLAY HALLETT	Master M	4	192	80	15
3010	1:37:03	EMILY ANN BROODRYK	Open F	5	193	113	53
428	1:37:08	THANDIWE GUGULETHU ZULU	Veteran F	4	194	114	38
1011	1:37:56	JULYETTE LEWIS	Grand Master F	5	195	115	4
2017	1:38:10	BRUCE MILLS	Master M	5	196	81	16
2018	1:38:10	BRUCE MILLS	Master M	5	197	82	17
1018	1:39:51	SONJA CARROLL	Veteran F	5	198	116	39
2012	1:39:51	MARION BURN	Master F	5	199	117	19
460	1:39:55	SHELDENE RIDDLE	Master F	4	200	118	20
361	1:41:37	BRIGITTE TULLIS	Master F	4	201	119	21
458	1:41:38	BELINDA QUIN	Master F	4	202	120	22
392	1:41:39	SHARON HOCKLY	Master F	4	203	121	23
495	1:42:37	MIKE FORSYTH	Grand Master M	5	204	83	6
1012	1:42:37	GRAHAM LEWIS	Grand Master M	5	205	84	7



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2030	1:43:23	PHILLIPA BAINES	Master F	6	206	122	24
370	1:45:15	KOBUS VERMEULEN	Master M	5	207	85	18
603	1:45:44	TEYA CHARLTON	U18 F	6	208	123	2
511	1:45:45	ETHAN BOSHI	Open M	6	209	86	37
514	1:46:21	ADELE LEVIN	Veteran M	4	210	87	18
4014	1:46:34	SHARON VAN ROOYEN	Open F	5	211	124	54
5007	1:46:52	JUDITH FLETT	Master F	5	212	125	25
554	1:46:57	KERYN ADCOCK	Master F	5	213	126	26
394	1:47:15	SHELAGH LADBROOKE	Grand Master F	6	214	127	5
688	1:47:19	MICHELLE IZATT	Veteran F	4	215	128	40
418	1:47:20	MICHELLE MAC INNES	Master F	4	216	129	27
402	1:47:53	AMY AITKEN	Open F	4	217	130	55
431	1:48:49	INA PEEK	Master F	4	218	131	28
492	1:51:18	SARAH FUNNELL	Open F	6	219	132	56
5008	1:56:46	KAYLA DOWNS	Open F	6	220	133	57
2031	1:59:13	JONATHAN BLACK	Grand Master M	6	221	88	8
2013	1:59:50	GLENDA JAMES	Master F	5	222	134	29
601	2:00:19	SANDRA BOUWER	Veteran F	5	223	135	41
411	2:02:03	KARUSHA PILLAY	Open F	6	224	136	58
4023	2:04:42	RICHARD BECKETT	Grand Master M	6	225	89	9
3012	2:06:18	CAROL MENTZ	Veteran F	5	226	137	42
4016	2:07:48	MARIA SWAN	Master F	5	227	138	30
4017	2:07:49	NICOLE HENNING	Open F	5	228	139	59
4015	2:07:49	ISOBEL BARNARDO	Master F	5	228	139	31
604	2:09:10	JEN DU PREEZ	Open F	5	230	141	60
612	2:09:11	CYNTHIA MORTON	Master F	5	231	142	32
600	2:10:16	WENDY MEYER	Master F	5	232	143	33
3013	2:10:19	JENNIFER MARTIN	Master F	5	233	144	34
553	2:10:23	LYNSEY HAMMOND	Master F	5	234	145	35
382	2:10:25	CHERYL LAW	Master F	5	235	146	36
687	2:10:44	TAMMY BAKEBERG	Open F	6	236	147	61
498	2:10:46	PAIGE WAPLINGTON	Open F	6	237	148	62
465	2:15:37	NCAMISILE ZUMA	Veteran F	5	238	149	43
387	2:15:39	CU NDLOVU	Master F	5	239	150	37
635	2:16:10	CONSTANCE MCHUNU	Master F	5	240	151	38
397	2:16:22	NQQOBILE ZUMA	Open F	5	241	152	63
520	2:20:10	KAREN VERESS	Master F	5	242	153	39
486	2:20:12	SONYA ROUGIER LAGANE	Grand Master F	5	243	154	6
40231	2:21:02	THABANI BHENGU	Open M	6	244	90	38
3024	2:21:02	BARBIE MSOMI	Open F	6	244	155	64
4020	2:26:05	PHAKAMILE MTOLO	Veteran F	5	246	156	44



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4021	2:26:05	LUNGELO NSELE	Veteran F	5	246	156	44
689	2:31:03	NADIA CANTRAL MARTIN	Open F	5	248	158	65
481	2:31:04	JOEL PAVEN NAIDOO	Open M	5	249	91	39