



Garden Trail Series - 5km Results



26 April 2020

Name	Gender	Distance Adjusted Time	Overall Position	Gender Position	Distance (km)	Elevation (m)	Race Time
ROHINI RAMSUNDER	F	0:19:11	1	1	5	-	0:19:11
RHAIN HOSKINS	M	0:20:48	2	1	5	15	0:20:48
DAVID OGG	M	0:23:39	3	2	5	51	0:23:39
JASON HUNTLEY	M	0:24:30	4	3	5	86	0:24:30
CHRIS VAN EYSSSEN	M	0:24:31	5	4	5	27	0:24:31
CALVIN BRIGG	M	0:24:49	6	5	5	61	0:24:49
KELLY SLATER	F	0:25:12	7	2	5.02	82	0:25:18
TIMOTHY LEURS	M	0:25:32	8	6	6.01	-	0:30:42
HYLTON ENGLISH	M	0:25:56	9	7	5.13	34	0:26:36
KEVIN MEYER	M	0:26:29	10	8	5	85	0:26:29
TONY MAKRIS	M	0:26:38	11	9	5.48	236	0:29:11
ASHWIN MAHARAJ	M	0:26:53	12	10	5.03	8	0:27:03
NEIL BROWNING	M	0:27:06	13	11	5	0	0:27:06
ROSS GOLDSTONE	M	0:27:22	14	12	5.25	142	0:28:44
MIKE HARRISON	M	0:28:01	15	13	5	-	0:28:01
SUSSIE AKA OLIVE MJWARA	F	0:28:03	16	3	5.7	0	0:31:59
JULIA WILLIAMS	F	0:28:06	17	4	5.02	43	0:28:13
CAMILLA LEURS	F	0:28:15	18	5	5.37	-	0:30:20
CRAIG BRIGG	M	0:28:35	19	14	5.05	61	0:28:52
BRIDGET DINKELMANN	F	0:28:40	20	6	5	0	0:28:40
JONATHAN CECH	M	0:28:47	21	15	5	110	0:28:47
ROZELL VAN BREDA	F	0:28:50	22	7	5	-	0:28:50
JEANNE-MARI FRENZEL	F	0:29:00	23	8	5	0	0:29:00
LAURENS KRITZINGER	M	0:29:01	24	16	7.03	13	0:40:48
MARK CHARLESWORTH	M	0:29:13	25	17	5	20	0:29:13
DAWN COETZEE	F	0:29:19	26	9	5	133.9	0:29:19
FREDERICK PILCH	M	0:29:41	27	18	5.35	0	0:31:46
GP VAN DEN BERG	M	0:29:43	28	19	5.09	136	0:30:15



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TRENT BAUER	M	0:30:13	29	20	7.03	96	0:42:29
WARREN PHIPPEN	M	0:30:22	30	21	5.03	80	0:30:33
ANT JARVIE	M	0:30:31	31	22	5.25	-	0:32:03
IAN GRIFFITHS	M	0:30:37	32	23	5.1	0	0:31:14
NICHOLETTE SPENCE	F	0:30:44	33	10	5.03	18	0:30:55
SUZETTE VENTER	F	0:30:57	34	11	5.38	93	0:33:18
DAVID WILKINSON	M	0:31:02	35	24	5.1	140.4	0:31:39
LEYA MUSLIM	F	0:31:16	36	12	5	10	0:31:16
ANDREW STIRK	M	0:31:16	37	25	5.09	67	0:31:50
GEMMA LINFORTH	F	0:31:30	38	13	5.07	58.1	0:31:56
JAMES COLLINS	M	0:31:31	39	26	5	41	0:31:31
SARAH CRANSTON	F	0:31:35	40	14	6.41	-	0:40:30
WARREN GIBSON	M	0:31:40	41	27	5	34	0:31:40
MURRAY BLEWETT	M	0:31:41	42	28	6.01	454	0:38:05
KATE ROWLAND	F	0:32:01	43	15	5	26	0:32:01
LYNTON KINLOCH	M	0:32:11	44	29	5	27.4	0:32:11
ANTONIO DA SILVA	M	0:32:12	45	30	5	55	0:32:12
STEVEN CLARK	M	0:32:14	46	31	5	32.5	0:32:14
CHANTELLE KOEKEMOER	F	0:32:18	47	16	5.11	-	0:33:01
ANN DRUCE	F	0:32:23	48	17	5.15	-	0:33:21
SIAN THERON	F	0:32:32	49	18	7.066	61	0:45:58
DEREK CHADDERTON	M	0:32:33	50	32	5	0	0:32:33
ANDREW BOOTH	M	0:32:37	51	33	4.6	-	0:30:00
ASHLEIGH JOUBERT	F	0:33:09	52	19	7.51	-	0:49:47
STEPHANIE BENTZ	F	0:33:20	53	20	5	40	0:33:20
KIM FLACK	F	0:33:28	54	21	5	-	0:33:28
CASIDY ATKINS	F	0:33:28	55	22	5	34	0:33:28
DUNCAN HAUPT	M	0:33:44	56	34	5	154	0:33:44



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JANINE HANGER	F	0:33:45	57	23	5	65	0:33:45
LAUREN LOWRY	F	0:33:46	58	24	5	0	0:33:46
MELANIE PAUL	F	0:33:46	59	25	5.13	31	0:34:39
SIMON ACKERMAN	M	0:33:51	60	35	5	22	0:33:51
ANGIE PAWLEY	F	0:34:17	61	26	5	0	0:34:17
PENNY MISKIN	F	0:34:31	62	27	5	54	0:34:31
NEIL GRIFFITHS	M	0:34:40	63	36	4	2	0:27:44
WAYNE ROBERTSON	M	0:34:41	64	37	5	3	0:34:41
JANINE BROWNING	F	0:34:44	65	28	5	0	0:34:44
JESSICA GREENWOOD	F	0:34:44	66	29	5	-	0:34:44
MANDY HUNT	F	0:34:48	67	30	5	50	0:34:48
ANNE BLEWETT	F	0:35:03	68	31	5.13	341	0:35:58
DONOVAN HALL	M	0:35:43	69	38	5.71	110.8	0:40:47
ADELE LEVIN	F	0:35:48	70	32	5	74	0:35:48
NASEERAH OSMAN	F	0:35:48	71	33	5.1	121	0:36:31
SHAYLEEN JAMES	F	0:35:58	72	34	5.1	123	0:36:41
ZEFA MKWANAZI	F	0:36:00	73	35	5	108.5	0:36:00
TAMMY KOLL	F	0:36:06	74	36	5	0	0:36:06
CYNDI-MAE HADIARIS	F	0:36:16	75	37	5	35	0:36:16
MANDY MARINCOWITZ	F	0:36:27	76	38	5.11	-	0:37:15
DIVAN DE GOEDE	M	0:36:35	77	39	5	0	0:36:35
CHERRY MUSLIM	F	0:36:43	78	39	5	25	0:36:43
NOZIE SAPEPA	F	0:36:43	79	40	5	172.4	0:36:43
ROSIE DU TOIT	F	0:36:45	80	41	5	-	0:36:45
RONALD COLLYER	M	0:36:48	81	40	5	75	0:36:48
SONJA FRANKE	F	0:36:59	82	42	5.05	-	0:37:21
HERVE ROUGIER LAGANE	M	0:37:04	83	41	5.26	56	0:39:00
BRETT MORAN	M	0:37:09	84	42	5	113	0:37:09



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LAUREN WILLIAMS	F	0:37:14	85	43	5	87	0:37:14
YUMNA SHAIK	F	0:37:26	86	44	5.43	76	0:40:39
WAYNE USHER	M	0:37:26	87	43	5.966	120	0:44:40
KEVIN GOWDY	M	0:37:26	88	44	5.22	57	0:39:05
CORNE SWANEPOEL	F	0:37:41	89	45	5	0	0:37:41
SHEILA KNUDSEN	F	0:37:46	90	46	5.21	375	0:39:21
MARCEL KAGELER	M	0:37:54	91	45	5.9	180	0:44:43
PAULINE RAINBIRD	F	0:38:24	92	47	5.08	138	0:39:01
QUENTIN "SEXY BEAST" MALGA	M	0:38:43	93	46	5	223	0:38:43
CELESTE CRINALL	F	0:38:51	94	48	5.02	12.6	0:39:00
BARBARA-ANNE STIRK	F	0:39:11	95	49	5.07	124	0:39:44
KELVIN STRACHAN	M	0:39:12	96	47	5	55	0:39:12
MOIRA WALKER	F	0:39:17	97	50	5.01	100	0:39:22
MEL KRUUSE	F	0:39:17	98	51	5.01	100	0:39:22
TRACEY ROBERTS	F	0:39:24	99	52	5	0.4	0:39:24
MELANIE NASH	F	0:39:34	100	53	5	6.2	0:39:34
CHRIS LOTTER	M	0:39:36	101	48	5	-	0:39:36
GEOFF LINNELL	M	0:39:46	102	49	5.52	177	0:43:54
FARHANA OSMAN	F	0:39:57	103	54	5	122	0:39:57
YOSTA VAN DRIEL - ZANDVLIET	F	0:40:16	104	55	5.03	0	0:40:30
KIRSTEN MULDER	F	0:40:21	105	56	5	20	0:40:21
SINOTHI TSHABANGU	F	0:40:21	106	57	5	20	0:40:21
KATHERINE SCHEEPERS	F	0:40:52	107	58	5	93	0:40:52
NICHOLAS ENGEL	M	0:41:00	108	50	5	92	0:41:00
VANESSA PHIPPEN	F	0:41:05	109	59	8.47	145	1:09:36
DANIELLE DU TOIT	F	0:41:11	110	60	5	124	0:41:11
LAUREN BOOTH	F	0:41:15	111	61	8	-	1:06:00
JOHN READ	M	0:42:07	112	51	5.08	5	0:42:47



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LYNNE HARRISON	F	0:42:29	113	62	5	-	0:42:29
JAN DE NEEF	M	0:43:05	114	52	6.13	78	0:52:49
SHARON O'HARA	F	0:43:07	115	63	5	13.1	0:43:07
KEVIN CLARKE	M	0:43:14	116	53	5	223	0:43:14
DAVE TREDWAY	M	0:43:17	117	54	6.1	52.6	0:52:48
MICHELLE ROCK	F	0:43:26	118	64	7.08	119	1:01:30
SONJA CECH	F	0:43:29	119	65	5	100	0:43:29
SHAUN KEET	M	0:43:49	120	55	5.04	199	0:44:10
LYNN COWIE	F	0:44:00	121	66	4.81	5	0:42:20
VANESSA HATTINGH	F	0:44:18	122	67	5.1	17	0:45:11
CHRIS WILCOCK	M	0:44:20	123	56	5	0	0:44:20
PAMELA CORLETT	F	0:44:28	124	68	5	15	0:44:28
STUART RIDDLE	M	0:45:07	125	57	5.03	21.1	0:45:23
NICOLE MALAN	F	0:45:17	126	69	5.03	-	0:45:33
SHARLENE JOLLEY	F	0:45:29	127	70	5	11	0:45:29
KARYN SILLS	F	0:46:12	128	71	5.01	81.4	0:46:18
ALTAAF RAOOF	M	0:47:00	129	58	5	-	0:47:00
PIER "BADASS" DUNCAN	F	0:47:20	130	72	5.06	223	0:47:54
MARY CALLAGHAN	F	0:47:35	131	73	6.2	1067	0:59:00
SIMON DOMMETT	M	0:47:52	132	59	5	-	0:47:52
HELEN DOUMANIS	F	0:47:54	133	74	5.01	190	0:48:00
DION BENEKE	M	0:47:59	134	60	5.07	405	0:48:39
MIKE GOLDSTONE	M	0:48:01	135	61	5.06	128	0:48:36
DANIEL READ	M	0:48:15	136	62	5	0	0:48:15
SHANTELL WALTERS	F	0:48:36	137	75	5	0.097	0:48:36
RENETTE VAN DER MERWE	F	0:48:48	138	76	5.02	7	0:49:00
MELANIE LOGAN	F	0:48:59	139	77	5	0	0:48:59
SARAH SYKES	F	0:49:07	140	78	5	-	0:49:07



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WENDY STOREY	F	0:49:30	141	79	5	6	0:49:30
MARK SYKES	M	0:49:37	142	63	5	-	0:49:37
DIANE BRITS	F	0:49:53	143	80	5.14	0	0:51:17
MICHELLE KERR	F	0:49:54	144	81	5	0	0:49:54
DANIELA HUGHES	F	0:50:24	145	82	5	22	0:50:24
TERTIA EMERSON	F	0:50:55	146	83	6.05	7	1:01:36
LOUISE MCTAVISH	F	0:51:17	147	84	5.04	0	0:51:42
MARTIN ROESTOF	M	0:51:27	148	64	5	60	0:51:27
NIKITA LITTLE	F	0:51:37	149	85	5	-	0:51:37
RIDWAAN RAHEEM	M	0:52:20	150	65	5	31.1	0:52:20
SONIA BAUMANN	F	0:52:23	151	86	5.21	0	0:54:35
MOLLY NEL	F	0:52:28	152	87	5.22	66	0:54:47
KATHY CLELAND	F	0:52:34	153	88	5	5	0:52:34
BRENDON ASHWELL	M	0:53:41	154	66	5.02	13	0:53:54
DAWN NUNES	F	0:53:57	155	89	7.6	100	1:22:00
TJAART COETZEE	M	0:54:13	156	67	6	129	1:05:04
LILLIAN HIRZEL	F	0:54:16	157	90	5.08	0	0:55:08
MICHELLE LINDE	F	0:54:35	158	91	5.14	53	0:56:07
ALAYNE MASKELL	F	0:54:42	159	92	5.15	-	0:56:20
ADRI VAN HEERDEN	F	0:54:55	160	93	5	71	0:54:55
STEVEN STOREY	M	0:54:59	161	68	5	6	0:54:59
GREG MASKELL	M	0:55:21	162	69	5.07	-	0:56:08
ALEX ROBERTSON	M	0:56:17	163	70	5	20	0:56:17
GRANT JACOBS	M	0:57:29	164	71	5.27	80	1:00:35
BEN BOOTH	M	0:58:26	165	72	7.7	-	1:30:00
ZARA VALENTINE	F	0:59:43	166	94	5.01	62	0:59:50
TREVOR SMYTHE	M	1:00:00	167	73	5	64	1:00:00
CHARLIE BOOTH	M	1:00:00	168	74	5	-	1:00:00



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SONYA ROUGIER LAGANE	F	1:00:29	169	95	5.29	78	1:04:00
NADINE WEBB	F	1:02:20	170	96	5	1	1:02:20
SAMUEL WEBB	M	1:02:34	171	75	5	1	1:02:34
ROBBIE VERESS	M	1:05:49	172	76	5.09	132	1:07:00
ESTELLE MALAN	F	1:06:00	173	97	5	28	1:06:00
KAREN VERESS	F	1:06:52	174	98	5.01	132	1:07:00
JILL MORLEY	F	1:07:00	175	99	5	-	1:07:00
TRISH VAN DER NOLK VAN GOGH	F	1:08:11	176	100	5.06	-	1:09:00
MARIA VAN TONDER	F	1:11:55	177	101	5.13	-	1:13:47
MARILYN QUIRKE	F	1:12:28	178	102	5.1	0.234	1:13:55
ELOISE SHAW	F	1:15:50	179	103	5	-	1:15:50
RUSSELL QUINN	M	1:18:26	180	77	5.04	560	1:19:04
JAMES WEBB	M	1:19:02	181	78	5	1	1:19:02
KERRY O'FARRELL	F	1:20:13	182	104	5.1	1	1:21:49
SAN BRUYNS	F	-	-	-	5	-	-