



Garden Trail Series - 5km Results



12 April 2020

Name	Gender	Distance Adjusted Time	Overall Position	Gender Position	Distance (km)	Elevation (m)	Race Time
RHAIN HOSKINS	M	0:21:15	1	1	5	14	0:21:15
CALVIN BRIGG	M	0:22:24	2	2	5.06	36	0:22:40
KELLY SLATER	F	0:25:20	3	1	5.06	160	0:25:38
MITCH DUFOURQ	M	0:25:39	4	3	5.5	390	0:28:13
PETER EDWARDS	M	0:25:42	5	4	5	-	0:25:42
PIETER KOEKEMOER	M	0:25:44	6	5	5	0	0:25:44
CRAIG BRIGG	M	0:25:52	7	6	5.06	36	0:26:11
MIA SCHOEMAN	F	0:25:53	8	2	5.01	29	0:25:56
HYLTON ENGLISH	M	0:26:03	9	7	5.12	31	0:26:41
MIKE HARRISON	M	0:26:19	10	8	5	55	0:26:19
JASON HUNTLEY	M	0:27:08	11	9	5.1	78	0:27:41
ROZELL VAN BREDA	F	0:27:16	12	3	5.01	-	0:27:19
ROSS WRIGHT	M	0:27:42	13	10	5.03	28.4	0:27:52
CARL DU TOIT	M	0:27:49	14	11	5.21	53	0:28:59
LEAH EDWARDS	F	0:28:34	15	4	5	-	0:28:34
KEVIN MEYER	M	0:29:03	16	12	5	91	0:29:03
JULIA WILLIAMS	F	0:29:04	17	5	5.02	42	0:29:11
TONY MAKRIS	M	0:29:26	18	13	5.48	181	0:32:16
WERNER HARMSE	M	0:29:26	19	14	5.01	45	0:29:30
BRIDGET DINKELMANN	F	0:29:30	20	6	5	0	0:29:30
KATE ROWLAND	F	0:29:42	21	7	5	12	0:29:42
JASON MCCALL	M	0:29:42	22	15	5	12	0:29:42
CHLOE SHAW	F	0:29:50	23	8	5	-	0:29:50
STEPHANIE BENTZ	F	0:29:54	24	9	5	29	0:29:54
ANDREW STIRK	M	0:29:57	25	16	5.08	0	0:30:26
JEANNE-MARI FRENZEL	F	0:29:59	26	10	5.01	0	0:30:03
NIKKI WATERSTON	F	0:30:01	27	11	5	119	0:30:01
RENSKE MYBURGH	F	0:30:10	28	12	5	88	0:30:10



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COLIN BOYES	M	0:30:11	29	17	7	-	0:42:16
SIAN THERON	F	0:30:15	30	13	6.03	-	0:36:29
IAN GRIFFITHS	M	0:30:26	31	18	5.4	0	0:32:52
MICHAEL PATRICK	M	0:30:36	32	19	5	122.6	0:30:36
DANIEL WIEBESIEK	M	0:30:44	33	20	5.02	200	0:30:51
HILTON TREDGOLD	M	0:31:04	34	21	5	116	0:31:04
DAWN COETZEE	F	0:31:12	35	14	5	122.6	0:31:12
ALAN MISKIN	M	0:31:15	36	22	6	54	0:37:30
EMELIA FOURIE	F	0:31:20	37	15	5	24	0:31:20
KEVIN WATERSTON	M	0:31:25	38	23	5	84	0:31:25
ZEFA MKWANAZI	F	0:31:33	39	16	5	99.5	0:31:33
DEREK CHADDERTON	M	0:31:39	40	24	5	0	0:31:39
DAVID WILKINSON	M	0:32:05	41	25	5.1	127.5	0:32:43
KIM FLACK	F	0:32:10	42	17	5	0	0:32:10
JANINE BROWNING	F	0:32:20	43	18	5	0	0:32:20
GP VAN DEN BERG	M	0:32:28	44	26	5.04	-	0:32:44
MANDY WESTBROOK	F	0:32:31	45	19	5	51.9	0:32:31
ANTONIO DA SILVA	M	0:32:31	46	27	5	176	0:32:31
VICTOR LOFTIE-EATON	M	0:32:37	47	28	7.13	515	0:46:30
PENNY MISKIN	F	0:32:47	48	20	5	54	0:32:47
JAMES COLLINS	M	0:32:55	49	29	5	47	0:32:55
ROSS GOLDSTONE	M	0:32:56	50	30	5.2	159	0:34:15
LIZE LOTTER	F	0:33:07	51	21	5	-	0:33:07
WAYNE ROBERTSON	M	0:33:15	52	31	5	3	0:33:15
TASNEEM DOCRAT	F	0:33:28	53	22	5	1	0:33:28
ANN DRUCE	F	0:33:39	54	23	6.24	-	0:42:00
CASIDY ATKINS	F	0:33:42	55	24	5	34	0:33:42
ANGELA WESTERMEYER	F	0:33:46	56	25	8.5	130	0:57:25



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CYNDI-MAE HADIARIS	F	0:33:54	57	26	5	35	0:33:54
DIVAN DE GOEDE	M	0:34:21	58	32	5	0	0:34:21
CHANTELLE KOEKEMOER	F	0:34:24	59	27	5.35	0	0:36:48
BRETT MORAN	M	0:34:28	60	33	5	103	0:34:28
LUC QUEVAUVILLIERS	M	0:34:29	61	34	5	5	0:34:29
KAYCEE DALRYMPLE-KELLY	F	0:34:30	62	28	5	0	0:34:30
WAYNE USHER	M	0:34:33	63	35	5.075	63	0:35:04
BRONWYN BRIGG	F	0:34:50	64	29	5	0	0:34:50
SARAH CRANSTON	F	0:34:54	65	30	5.13	23	0:35:48
THOMAS BARFF	M	0:35:00	66	36	5	-	0:35:00
JESSICA GREENWOOD	F	0:35:00	67	31	5	-	0:35:00
CHERYN-LEE COCHRANE	F	0:35:00	68	32	5.09	-	0:35:38
OLIVER WATSON	M	0:35:00	69	37	5.09	-	0:35:38
ANT JARVIE	M	0:35:04	70	38	5	-	0:35:04
CHRIS THORP	M	0:35:17	71	39	5	64	0:35:17
CAMILLA DA COSTA	F	0:35:22	72	33	5.02	270	0:35:30
JANA BARFF	F	0:35:25	73	34	5	-	0:35:25
STUART VALENTINE	M	0:35:26	74	40	5.08	90	0:36:00
CAROLYN ROCHAT	F	0:35:28	75	35	5	109	0:35:28
DEBBI TALMAGE	F	0:35:34	76	36	5.02	-	0:35:43
RONALD COLLYER	M	0:35:40	77	41	5	742	0:35:40
MELANIE PAUL	F	0:35:46	78	37	5.12	31	0:36:38
SHAYLEEN JAMES	F	0:35:47	79	38	5.1	123	0:36:30
MARK CHARLESWORTH	M	0:35:51	80	42	5	0	0:35:51
TAMMY KOLL	F	0:35:54	81	39	5	45	0:35:54
TRACY STEART	F	0:35:56	82	40	5.02	205	0:36:05
NIKKI JONAS	F	0:35:58	83	41	5.03	-	0:36:11
JONATHAN BOOTH	M	0:35:59	84	43	5	-	0:35:59



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Name	Gender	Distance Adjusted Time	Overall Position	Gender Position	Distance (km)	Elevation (m)	Race Time
SIMON ACKERMAN	M	0:36:03	85	44	5	32	0:36:03
ASHLEIGH JOUBERT	F	0:36:15	86	42	8.32	-	1:00:20
GEMMA LINFORTH	F	0:36:19	87	43	5.08	66	0:36:54
MANDY MARINCOWITZ	F	0:36:32	88	44	5.1	-	0:37:16
NASEERAH OSMAN	F	0:36:42	89	45	5	122	0:36:42
ASHWIN MAHARAJ	M	0:36:53	90	45	7.7	5	0:56:48
CARLA LEA FARINA	F	0:37:11	91	46	5.11	-	0:38:00
PENNY JARVIE	F	0:37:26	92	47	5	-	0:37:26
ROGER BARROW	M	0:37:30	93	46	5	14	0:37:30
WAYNE MUNN	M	0:37:33	94	47	5	0	0:37:33
GARTH PELLEW	M	0:38:02	95	48	5.11	146	0:38:52
JOHANN KASSIER	M	0:38:14	96	49	5	115	0:38:14
KEVIN GOWDY	M	0:38:23	97	50	5.07	188	0:38:55
LAUREN WILLIAMS	F	0:38:26	98	48	5	36	0:38:26
CAROLYN ENGLISH	F	0:38:27	99	49	5	91	0:38:27
CHANTELLE THORNE	F	0:38:32	100	50	5.06	340	0:39:00
ANNA MUNN	F	0:38:36	101	51	4.3	0	0:33:12
GRAEME STEART	M	0:38:43	102	51	5	77	0:38:43
QUENTIN "SEXY BEAST" MALGA	M	0:38:45	103	52	5.13	-	0:39:45
FARHANA OSMAN	F	0:39:02	104	52	5	122	0:39:02
CARA MUNROE	F	0:39:11	105	53	5.29	139	0:41:27
LYNNTON KINLOCH	M	0:39:30	106	53	5.15	-	0:40:41
TARYN GOWDY	F	0:39:30	107	54	5.13	134.1	0:40:32
WARREN GIBSON	M	0:39:39	108	54	5	89	0:39:39
SHERALYN ELSON	F	0:39:40	109	55	5	17	0:39:40
RYAN ELSON	M	0:39:40	110	55	5	17	0:39:40
ELOISE SHAW	F	0:40:02	111	56	5	-	0:40:02
CHERRY MUSLIM	F	0:40:06	112	57	5	257	0:40:06



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JOHN READ	M	0:40:12	113	56	5.07	0	0:40:46
BARBARA-ANNE STIRK	F	0:40:25	114	58	5.11	0	0:41:18
STEVEN CLARK	M	0:40:31	115	57	5	84.5	0:40:31
KIM ROE	F	0:40:34	116	59	5.05	101	0:40:58
SARAH SYKES	F	0:40:34	117	60	5	-	0:40:34
DONOVAN HALL	M	0:40:37	118	58	5.2	156	0:42:14
ROHINI RAMSUNDER	F	0:40:43	119	61	5	-	0:40:43
MANDY HUNT	F	0:40:45	120	62	5.06	98.4	0:41:14
LAUREN BOOTH	F	0:41:11	121	63	5.1	-	0:42:00
GEOFF LINNELL	M	0:41:15	122	59	5.26	238	0:43:24
NOZIE SAPEPA	F	0:41:24	123	64	5	855	0:41:24
PAMELA CORLETT	F	0:41:54	124	65	5.01	31.2	0:41:59
ALISON CHADWICK	F	0:42:00	125	66	5	58	0:42:00
MELLO VAN DIT	F	0:42:01	126	67	5	-	0:42:01
NOKUTHULA SIMUGU	F	0:42:06	127	68	5.7	-	0:48:00
BEN BOOTH	M	0:42:06	128	60	5.7	-	0:48:00
KELVIN STRACHAN	M	0:42:07	129	61	5	100	0:42:07
SONJA FRANK	F	0:42:16	130	69	5.04	0	0:42:36
AMANDA SEIDLER	F	0:42:21	131	70	5	134	0:42:21
DANIEL READ	M	0:42:36	132	62	5	1.2	0:42:36
WENDY CONSTANTINE	F	0:42:40	133	71	5	-	0:42:40
KEVIN CLARKE	M	0:42:52	134	63	5.01	250	0:42:57
PIER "BADASS" DUNCAN	M	0:43:03	135	64	5.16	-	0:44:26
LEYA MUSLIM	F	0:43:06	136	72	5	257	0:43:06
JAN DE NEEF	M	0:43:13	137	65	5.09	75	0:44:00
SAMUEL WEBB	M	0:43:45	138	66	5	1	0:43:45
MARY CALLAGHAN	F	0:43:48	139	73	5.5	169	0:48:11
VANESSA PHIPPEN	F	0:43:54	140	74	6.03	71	0:52:57



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JOHANN MCLEOD	M	0:44:01	141	67	5	6	0:44:01
HERVE ROUGIER LAGANE	M	0:44:14	142	68	5.3	78	0:46:53
LYNNE HARRISON	F	0:44:36	143	75	5	55	0:44:36
SCOT ARNOLD	M	0:44:47	144	69	6	153	0:53:44
STUART RIDDLE	M	0:44:49	145	70	5	-	0:44:49
MARCIA BOWMAN	F	0:45:00	146	76	5	-	0:45:00
CHRIS WILCOCK	M	0:45:01	147	71	6.2	0	0:55:49
DAVE FUNNELL	M	0:45:05	148	72	5	121	0:45:05
LYNN COWIE	F	0:45:22	149	77	5.01	5	0:45:27
TYLER BAIN	M	0:45:30	150	73	5	211	0:45:30
SU-YEN THORNHILL	F	0:45:41	151	78	5	102	0:45:41
SHAUN KEET	M	0:45:44	152	74	5.06	51	0:46:17
CELESTE CRINALL	F	0:45:47	153	79	5.09	18.04	0:46:36
DION VAN HUYSTEEN	M	0:45:49	154	75	5.06	125	0:46:22
TARRYN STRYDOM-WALLIS	F	0:45:50	155	80	5.1	-	0:46:45
MARIA VAN TONDER	F	0:45:57	156	81	5	31	0:45:57
YOSTA VAN DRIEL - ZANDVLIET	F	0:46:14	157	82	5.37	-	0:49:39
GREG MASKELL	M	0:46:26	158	76	5	0	0:46:26
DERRICK WIGHT	M	0:46:28	159	77	5	491	0:46:28
LAUREN STAINBANK	F	0:47:13	160	83	5.32	-	0:50:14
JONATHAN CECH	M	0:47:38	161	78	5	270	0:47:38
VANESSA HATTINGH	F	0:47:44	162	84	5	54	0:47:44
SHARON O'HARA	F	0:48:01	163	85	5	-	0:48:01
TRACEY ROBERTS	F	0:48:10	164	86	5	1.2	0:48:10
KARLA VAN EEDEN	F	0:48:28	165	87	5.1	300	0:49:26
MICHELLE KERR	F	0:48:30	166	88	5	0	0:48:30
CORNE SWANEPOEL	F	0:48:46	167	89	5.17	0	0:50:25
GEORGINA BOSWELL	F	0:48:54	168	90	5.14	-	0:50:16



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TJAART COETZEE	M	0:49:00	169	79	7	370	1:08:36
WAYNE VAN DRIEL	M	0:49:00	170	80	8.04	-	1:18:48
MELANIE LOGAN	F	0:49:09	171	91	5	0	0:49:09
GILLIAN TREDGOLD	F	0:49:20	172	92	5	80	0:49:20
NIKITA LITTLE	F	0:49:27	173	93	5.23	720	0:51:43
ALTAAF RAOOF	M	0:49:43	174	81	5	-	0:49:43
RHYAN RUDMAN	M	0:50:01	175	82	5	176	0:50:01
DIANE BRITS	F	0:50:02	176	94	5.13	0	0:51:20
MICHELLE ROCK	F	0:50:51	177	95	5.73	181	0:58:17
LANCE ARNOLD	M	0:51:09	178	83	4	121	0:40:55
RUSSELL QUINN	M	0:51:16	179	84	5.04	-	0:51:41
KEN ERASMUS	M	0:51:27	180	85	5.18	162	0:53:18
SHEILA KNUDSEN	F	0:51:45	181	96	5.12	275	0:53:00
ZARA VALENTINE	F	0:51:55	182	97	5.02	91	0:52:07
NADINE WEBB	F	0:52:10	183	98	5	1	0:43:20
MEGAN GEMMELL	F	0:52:26	184	99	5	114	0:52:26
MARK SYKES	M	0:52:34	185	86	5.05	-	0:53:06
JANET TAYLOR	F	0:52:41	186	100	5.05	38	0:53:13
CARLA BOTHA	F	0:52:48	187	101	5	-	0:52:48
MOIRA WALKER	F	0:52:48	188	102	5.05	100	0:53:20
MEL KRUISE	F	0:52:49	189	103	5.05	100	0:53:21
RENETTE VAN DER MERWE	F	0:53:13	190	104	5.01	0	0:53:19
LOUISE MCTAVISH	F	0:53:49	191	105	7.333	150	1:18:56
ASHLEIGH ROBERTSON	F	0:54:00	192	106	5	20	0:54:00
SUE WALKER	F	0:54:03	193	107	5	177	0:54:03
LILLIAN HIRZEL	F	0:54:08	194	108	5.07	1080	0:54:53
TRISH VAN DER NOLK VAN GOGH	F	0:54:21	195	109	5.06	-	0:55:00
RENETTE VAN EEDEN	F	0:54:43	196	110	5.1	300	0:55:49



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ASHLEY PELLEW	F	0:54:51	197	111	5.04	133	0:55:17
SONYA ROUGIER-LAGANE	F	0:55:00	198	112	5	780	0:55:00
LINDA ATTWELL	F	0:55:02	199	113	5	50	0:55:02
ADRI VAN HEERDEN	F	0:55:24	200	114	5	62.5	0:55:24
MARISKA PAUL	F	0:56:11	201	115	5	25	0:56:11
SONIA BAUMANN	F	0:56:23	202	116	5	0	0:56:23
NICOLE MALAN	F	0:56:58	203	117	5	741	0:56:58
KABIR SANGHAM	M	0:57:17	204	87	5.24	34	1:00:02
ALEX ROBERTSON	M	0:57:23	205	88	5	20	0:57:23
KATHY CLELAND	F	0:58:34	206	118	5	4	0:58:34
SUSSIE AKA OLIVE MJWARA	F	0:59:01	207	119	5.3	0.6	1:02:33
KAREN VERESS	F	1:00:51	208	120	5.05	181	1:01:28
MARTIN ROESTOFF	M	1:01:34	209	89	5	135	1:01:34
ROBBIE VERESS	M	1:01:40	210	90	5.19	152	1:04:01
NICK ENGEL	M	1:02:52	211	91	5	236	1:02:52
DOLLA TALJAARD	F	1:03:36	212	121	5	41	1:03:36
SONJA CECH	F	1:03:37	213	122	5.03	240	1:04:00
ESTELLE MALAN	F	1:05:29	214	123	5.04	26	1:06:00
GRANT JACOBS	M	1:06:25	215	92	5.28	51	1:10:08
JILL MORLEY	F	1:10:38	216	124	5	-	1:10:38
PENNY JORDAAN	F	1:15:00	217	125	5	00	1:15:00
MARILYN QUIRKE	F	1:21:00	218	126	5	5	1:21:00
KERRY O'FARRELL	F	1:26:52	219	127	5.1	2	1:28:36
CHARLIE BOOTH	M	-	-	-	5.7	-	-
ANDREW BOOTH	M	-	-	-	8	-	-