



Garden Trail Series - 10km Results



12 April 2020

Name	Gender	Distance Adjusted Time	Overall Position	Gender Position	Distance (km)	Elevation (m)	Race Time
DENZIL HILLERMANN	M	0:47:37	1	1	10	5	0:47:37
RALPH HARRIS	M	0:48:55	2	2	10	315	0:48:55
DAVID OGG	M	0:49:26	3	3	10	110	0:49:26
TRAVERS PELLEW	M	0:53:16	4	4	10.02	299	0:53:22
DOUGLAS COUPERTHWAITE	M	0:53:43	5	5	10.34	134	0:55:33
ANDRE WOLMARANS	M	0:54:24	6	6	10	510	0:54:24
ROXANNE VALE	F	0:54:35	7	1	10	-	0:54:35
MEGAN LOFTIE-EATON	F	0:58:50	8	2	10	515	0:58:50
MICHAEL PSALTIS	M	0:59:37	9	7	10	-	0:59:37
LAURENS KRITZINGER	M	1:03:33	10	8	12	118	1:16:16
IVAN JONSSON	M	1:03:38	11	9	11	50	1:10:00
ASHLEY HOLTZHUIZEN	M	1:05:51	12	10	10	-	1:05:51
SARAH BARROW	F	1:09:30	13	3	10	28	1:09:30
FRANCIS ROGAN	F	1:10:59	14	4	10	152	1:10:59
LOUIS ENGELBRECHT	M	1:12:38	15	11	10	0	1:12:38
SHANNON SMITH	M	1:12:39	16	12	10.71	-	1:17:48
CLAIRE BUYS	F	1:13:22	17	5	10	180	1:13:22
STEVEN GOSSMAN	M	1:14:48	18	13	10	248	1:14:48
GREGORY LEVIN	M	1:15:44	19	14	12	75	1:30:53
BRIGITTE JACOBS	F	1:16:00	20	6	10.15	181	1:17:08
DANIE WILLEMSE	M	1:18:10	21	15	10	0.4	1:18:10
ALISTAIR MCINTYRE	M	1:21:12	22	16	10.01	131	1:21:17
ADELE LEVIN	F	1:21:24	23	7	10	74	1:21:24
PENNY VAN VREDEN	F	1:21:46	24	8	10	19.6	1:21:46
WERNER JONAS	M	1:21:53	25	17	11	-	1:30:04
JOLENE SMYTHE	F	1:25:02	26	9	10.11	63	1:25:58
PAULINE RAINBIRD	F	1:25:14	27	10	10	259	1:25:14
MOLLY NEL	F	1:26:00	28	11	10	-	1:26:00



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WADE POTTS	M	1:26:00	29	18	10	430	1:26:00
TINDALL KRUGER	M	1:27:18	30	19	10.08	147	1:28:00
SANDRA WAKEFORD	F	1:27:35	31	12	12.8	300	1:52:06
FREDERICK PILCH	M	1:27:56	32	20	10	50	1:27:56
KARYN SILLS	F	1:28:40	33	13	10.19	156	1:30:21
ELKE VAN DYK	F	1:32:22	34	14	10.12	19	1:33:29
DAVE TREDWAY	M	1:33:52	35	21	10.22	127	1:35:56
HELOISE HUNTER	F	1:34:30	36	15	10	246	1:34:30
DION BENEKE	M	1:35:11	37	22	10.02	980	1:35:22
CHRIS VAN EYSSSEN	M	1:36:46	38	23	10	108	1:36:46
IAN POTGIETER	M	1:39:00	39	24	10.1	129	1:39:59
SHARLENE JOLLEY	F	1:45:45	40	16	10.7	-	1:53:09
HARRY JAMES	M	1:48:20	41	25	10.01	-	1:48:27
VICKI HICKEN	F	1:48:31	42	17	10	0	1:48:31
ALISON COATES	F	1:48:57	43	18	10	4	1:48:57
PETER YPENBURG	M	1:50:42	44	26	10	189	1:50:42
VAUGHN SMIT	M	1:51:39	45	27	10	6.4	1:51:39
SHIRLEY FERGUSON	F	2:01:48	46	19	10	-	2:01:48
HEIDI OLIVIER	F	2:02:31	47	20	12.845	72	2:37:22
ROBYN MCMENEMEY	F	2:04:13	48	21	12	0	2:29:03
RIDWAAN RAHEEM	M	2:10:03	49	28	10	29.6	2:10:03
GLENDA JAMES	F	2:12:54	50	22	10.02	28	2:13:10
ALISON ENGELBRECHT	F	2:23:47	51	23	10.71	91	2:34:00
ASHEL SIMUGO	M	-	-	-	12.7	-	-