



Freedom Fun Run - Results



03 May 2020

Surname	Name	Gender	Distance (km)	Elevation gain (m)	Time	Pace
ACKERMAN	SIMON	M	5.14	48	0:39:30	0:07:41
ALLEN	LANA	F	2.01	32	0:15:18	0:07:37
ATKINS	CASIDY	F	7.28	100	0:46:10	0:06:20
ATTWELL	LINDA	F	5.00	-	0:44:50	0:08:58
BALDREY	LARA	F	5.00	67	0:50:55	0:10:11
BENTZ	STEPHANIE	F	5.00	53	0:32:52	0:06:34
BOOTH	LAUREN	F	6.50	69	0:45:21	0:06:59
BOOTH	ANDREW	M	7.00	70	0:45:00	0:06:26
CECH	SONJA	F	5.26	133	0:40:13	0:07:39
CECH	JONATHAN	M	5.91	113	0:31:19	0:05:18
CHADDERTON	DEREK	M	12.08	225	1:13:09	0:06:03
CLAASSEN	LIZZ	F	10.00	-	1:07:15	0:06:43
CLARK	STUART	M	21.43	261	1:45:10	0:04:54
CLELAND	KATHY	F	5.00	65	0:42:30	0:08:30
CRANSTON	SARAH	F	5.03	-	0:32:37	0:06:29
DE NEEF	JAN	M	6.01	77	0:40:07	0:06:40
DINKELMANN	BRIDGET	F	11.15	147	1:03:07	0:05:40
ENGELBRECHT	ALI	F	5.71	-	1:27:00	0:15:14
ENGLISH	HYLTON	M	10.40	126	1:01:01	0:05:52
EVERETT	KERRY	F	5.27	77	0:35:17	0:06:42
FARINA	CARLA LEA	F	11.40	253	1:09:00	0:06:03
FERGUSON	SHIRLEY	F	6.20	148	1:03:00	0:10:10
FLETT	JUDY	F	7.47	-	1:10:12	0:09:24
FRANKE	SONJA	F	10.10	253	1:17:48	0:07:42
GOWDY	TARYN	F	5.27	143	0:37:29	0:07:07
GOWDY	KEVIN	M	5.20	126	0:35:35	0:06:51
GRIFFITHS	IAN	M	6.14	84	0:35:31	0:05:47
GROBBELAAR	JOHAN	M	11.00	146	1:07:00	0:06:05
HAGGARD	ANNA	F	5.00	96	0:54:05	0:10:49



Freedom Fun Run - Results



03 May 2020

Surname	Name	Gender	Distance (km)	Elevation gain (m)	Time	Pace
HATTINGH	VANESSA	F	7.05	135	1:03:56	0:09:04
HATTINGH	NEAL	M	10.04	190	0:49:30	0:04:56
HATTINGH	BARRY-LEE	M	3.53	65	0:31:49	0:09:01
HAYGARTH	HEATHER	F	1.22	25	0:12:00	0:09:50
HICKEN	VICKI	F	15.10	216	1:30:55	0:06:01
JAMES	GLENDA	F	3.51	14	0:31:15	0:08:54
JAMES	HARRY	M	4.38	21	0:41:20	0:09:26
JAMES	HARRY	M	4.38	21	0:41:20	0:09:26
JOLLEY	SHARLENE	F	5.70	-	0:50:29	0:08:51
JONSSON	IVAN	M	21.04	170	2:02:00	0:05:48
KAGELER	SONJA	F	10.40	230	1:05:29	0:06:18
KAGELER	MARCEL	M	10.40	230	1:05:29	0:06:18
KARSSING	SHEA	F	6.10	43	0:31:06	0:05:06
KASSIER	JOHANN	M	8.42	115	0:41:10	0:04:53
KOTZE	ANNEMI	F	15.00	131	1:30:34	0:06:02
KRIEL	WERNER	M	6.00	84	0:28:08	0:04:41
LEVIN	GREGORY	M	16.00	220	1:40:23	0:06:16
LEVIN	ADELE	F	12.00	182	1:39:48	0:08:19
LOFTIE-EATON	MEGAN	F	10.20	100	0:53:10	0:05:13
LOTTER	LIZE	F	7.00	80	0:46:00	0:06:34
LUPKE	SHARLEEN	F	5.00	96	0:54:10	0:10:50
MAKRIS	TONY	M	10.00	237	0:50:04	0:05:00
MALAN	ESTELLE	F	5.00	-	0:36:44	0:07:21
MANTEL	ROGER	M	12.10	206	1:41:41	0:08:24
MCINTYRE	ALISTAIR	M	6.09	100	0:36:29	0:05:59
MILLAR	KEVIN	M	5.07	34	0:34:17	0:06:46
MILLAR	KERRILEE	F	5.01	35	0:37:51	0:07:33
MULLER	NIKI	F	6.00	59	0:33:00	0:05:30
NEL	MOLLY	F	10.16	-	1:45:00	0:10:20



Freedom Fun Run - Results

03 May 2020



Surname	Name	Gender	Distance (km)	Elevation gain (m)	Time	Pace
NEL	JILLIAN	F	1.38	20	0:17:14	0:12:29
OSMAN	FARHANA	F	6.00	113	0:45:24	0:07:34
PAUL	MARISKA	F	5.40	135	0:32:51	0:06:05
PAUL	MELANIE	F	8.01	97	0:54:02	0:06:45
QUIRKE	MARILYN	F	3.02	2	0:30:54	0:10:14
RANDALL	ARLENE	F	5.00	495	0:55:00	0:11:00
READ	DANIEL	M	10.00	248	1:01:06	0:06:07
ROBINSON	KIRSTEN	F	5.00	104	0:48:51	0:09:46
ROE	KIM	F	5.04	68	0:31:44	0:06:18
SCHEEPERS	KATHERINE	F	5.18	70	0:35:12	0:06:48
SHAW	CHLOE	F	5.50	-	0:35:05	0:06:23
SHAW	CALEB	M	5.00	-	0:56:20	0:11:16
SHAW	ELOISE	F	5.00	-	0:56:09	0:11:14
SHEZI	PHELELANI	M	15.01	284	1:54:43	0:07:39
TALJAARD	DOLLA	F	5.01	41	0:37:18	0:07:27
TAYLOR	JANET	F	5.47	48	1:28:23	0:16:09
THERON	SIAN	F	9.63	109	1:04:34	0:06:42
VAN DEN BERG	GP	M	5.17	71	0:29:16	0:05:40
VAN DEN HEUVEL	LAUREN	F	5.00	24	0:47:50	0:09:34
VAN DER MERWE	RENETTE	F	5.35	96	0:45:30	0:08:30
VAN DER MERWE	DENBEIGH	F	5.00	120	0:45:14	0:09:03
VAN DER WESTHUIZEN	SHERISE	F	6.52	75	0:43:56	0:06:44
VAN DRIEL	WAYNE	M	7.50	42	0:59:39	0:07:57
VAN HEERDEN	ADRI	F	5.00	81	0:37:17	0:07:27
VAN HUYSSTEEN	DION	M	5.01	119	0:35:22	0:07:04
VAN TONDER	MARIA	F	5.40	-	0:47:43	0:08:50
VAN VREDEN	PENNY	F	7.18	165	0:51:13	0:07:08
VAN WYK	GERT	M	6.17	30	0:36:18	0:05:53
VENTER	SUZETTE	F	5.80	89	0:35:49	0:06:11



Freedom Fun Run - Results



03 May 2020

Surname	Name	Gender	Distance (km)	Elevation gain (m)	Time	Pace
WIEBESIEK	DANIEL	M	6.39	93	0:28:28	0:04:27
WILCOCK	CHRIS	M	10.20	122	1:07:20	0:06:36
WILKINSON	CATHERINE	F	6.37	168	0:45:49	0:07:12
WILLIAMS	JULIA	F	10.02	64	1:02:13	0:06:13
YETTIAN	VANITHA	F	5.00	-	1:04:30	0:12:54
ZOUNIS	BASIL	M	5.00	153	0:50:00	0:10:00