



### Three Cranes Challenge - Day 3 23km Results



23 February 2020

Race #	Race Time	Name	Age Group	Overall Position	Gender Position	Age Group Position
192	2:13:36	RUAN VAN DER MERWE	Open M	1	1	1
123	2:15:48	MATT DOVE	Open M	2	2	2
108	2:20:41	PAUL SNYMAN	Open M	3	3	3
121	2:24:23	JO KEPPLER	Open F	4	1	1
220	2:30:29	NICOLETTE GRIFFIOEN	Open F	5	2	2
167	2:30:33	MATTHEW AIKEN	Open M	6	4	4
206	2:40:04	TRAVERS PELLEW	Open M	7	5	5
164	2:40:13	GRANT MARCUS	Veteran M	8	6	1
190	2:40:29	RUTH COZIEN	Open F	9	3	3
227	2:40:46	ANTOINE TOUBLANC	Open M	10	7	6
143	2:43:22	FILIPPO FARALLA	Master M	11	8	1
249	2:44:07	DUNCAN GOOSEN	Open M	12	9	7
100	2:44:50	LUCKY DLAMINI	Veteran M	13	10	2
106	2:47:25	GREG PORRITT	Open M	14	11	8
18	2:49:21	LESTER DAY	Veteran M	15	12	3
218	2:49:28	CHARLES PETTIT	Open M	16	13	9
113	2:49:41	ROBERT VILJOEN	Veteran M	17	14	4
219	2:51:48	DANIEL BERMAN	Veteran M	18	15	5
146	2:53:35	KAROLINE HANKS	Veteran F	19	4	1
162	2:54:18	JODI MARCUS	Open F	20	5	4
66	2:54:35	PAUL HINDLE	Grand Master M	21	16	1
166	2:56:33	SHANE MCGREGOR	Open M	22	17	10
224	2:56:49	MIKE TREDWAY	Open M	23	18	11
149	2:59:00	GREG TEMBLETT	Open M	24	19	12
147	2:59:00	PHILLIP VAN DER MERWE	Open M	25	20	13
30	3:01:49	SUZETTE V BROEMBSEN	Veteran F	26	6	2
68	3:03:08	AMANDA CLOETE	Open F	27	7	5
19	3:03:10	LAUREN DAY	Open F	28	8	6
69	3:03:20	DIRK CLOETE	Master M	29	21	2
221	3:04:20	JAMES NELSON	Veteran M	30	22	6
171	3:04:43	ROSS BOTES	Open M	31	23	14
202	3:06:46	KAI SCHULZ	Open M	32	24	15
8	3:08:47	MELANIE VAN ROOYEN	Veteran F	33	9	3
27	3:10:16	KATE MARTENS	Open F	34	10	7
58	3:12:46	STEVEN GOSSMAN	Veteran M	35	25	7
135	3:16:12	TIM COVENTRY	Veteran M	36	26	8
127	3:18:53	ADRIAN VAN DE VYVER	Veteran M	37	27	9
17	3:19:01	MATT WALKER	Open M	38	28	16
142	3:19:05	CHRISTOPHER SMITH	Open M	39	29	17
159	3:20:23	CLAUDIA LEDERER	Veteran F	40	11	4
231	3:24:39	SYANN LONG	Veteran F	41	12	5



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229	3:24:42	NICOLE TEMBLETT	Open F	42	13	8
44	3:25:41	CHARLES DOUGLAS	Veteran M	43	30	10
245	3:26:50	LISA FLOWER	Master F	44	14	1
169	3:29:10	SHAUN JACKSON	Open M	45	31	18
39	3:32:16	MARIAN LOVEDAY	Veteran F	46	15	6
23	3:33:27	CHRISTINA AHLERS	Veteran F	47	16	7
24	3:33:32	PAT DAMMANN	Veteran F	48	17	8
258	3:33:48	THEUNIS BOSCH	Open M	49	32	19
214	3:33:53	JANINE SMYTHE	Open F	50	18	9
59	3:34:09	MORGAN NAICKER	Veteran M	51	33	11
9	3:37:35	STACEY PRETORIUS	Open F	52	19	10
160	3:41:16	ALISON UYS	Open F	53	20	11
158	3:41:20	BARBS NEAL	Veteran F	54	21	9
196	3:41:27	OWEN MUTETWA	Veteran M	55	34	12
261	3:42:36	LYNTON KINLOCH	Master M	56	35	3
61	3:46:05	DEAN LANG	Master M	57	36	4
264	3:46:07	WARREN DU PLESSIS	Open M	58	37	20
194	3:46:11	WARRICK BUTLER	Veteran M	59	38	13
195	3:46:16	MICHELLE WOHLBERG	Open M	60	39	21
200	3:46:19	NORMAN ABRAHAM	Veteran M	61	40	14
138	3:47:36	SARAH CROOKS	Master F	62	22	2
126	3:47:41	SONJA VAN DER VYVER	Master F	63	23	3
165	3:56:07	JUDY DINKEL	Master F	64	24	4
157	3:56:07	ROY LAMB	Master F	64	25	4
37	3:56:07	CAROLINE WOOLLAM	Veteran M	64	41	15
233	3:58:19	RENEE MITCHELL	Veteran M	67	42	16
240	3:58:34	LAIRD MITCHELL	Master M	68	43	5
29	3:58:36	ATTIE KRUGER	Master M	69	44	6
5	3:58:39	HAYLEY BARRETT	Veteran F	70	26	10
36	3:58:53	CARSTEN FRISCHMUTH	Veteran M	71	45	17
112	3:59:08	DEVON BEYNON	Open M	72	46	22
109	3:59:13	ANDRIES VAN DEN BERG	Open M	73	47	23
168	4:00:09	MICHAEL HARRISON	Veteran M	74	48	18
31	4:05:39	MANDY HUNT	Veteran F	75	27	11
253	4:05:57	WALTER SMUTS	Open M	76	49	24
6	4:07:23	TRIXIE BROEK	Master F	77	28	6
7	4:07:24	JAQUELINE LOYDELL	Master F	78	29	7
15	4:10:51	ANDRIEL DE LANGE	Veteran F	79	30	12
2	4:11:21	CARLA LEA FARINA	Open F	80	31	12
3	4:11:23	SU-YEN THORNHILL	Veteran F	81	32	13
114	4:12:37	LOUIS VILJOEN	Master M	82	50	7



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34	4:12:45	TOMOKO UETA	Master F	83	33	8
120	4:12:56	MELANIE PRECE	Veteran F	84	34	14
115	4:13:04	ROBERT PRECE	Veteran M	85	51	19
133	4:14:04	SHARON COVENTRY	Veteran F	86	35	15
201	4:14:30	RODDY DU PLESSIS	Veteran M	87	52	20
199	4:14:38	KIM MACCALLUM	Veteran F	88	36	16
45	4:14:41	GEOFF LINNELL	Veteran M	89	53	21
226	4:14:45	TINDALL KRUGER	Master M	90	54	8
49	4:16:57	MONIKA MARTIN	Veteran F	91	37	17
46	4:17:02	EUGENE MARTIN	Master M	92	55	9
119	4:19:17	KENNETH JOUBERT	Veteran M	93	56	22
122	4:19:32	HEIDI JOUBERT	Open F	94	38	13
161	4:20:34	KATHERINE JACKSON	Veteran F	95	39	18
252	4:21:06	AMY DAVIS	Open F	96	40	14
230	4:21:08	DOMANIQUE DA GRACA	Open F	97	41	15
52	4:21:13	EMMA EMMERICH	Open F	98	42	16
104	4:21:17	LELANI DU PREEZ	Veteran F	99	43	19
155	4:23:10	BRUCE FRANCIS	Open M	100	57	25
154	4:23:11	MINKE FRANCIS	Open F	101	44	17
57	4:27:59	KEN WATT	Veteran M	102	58	23
16	4:29:11	LIONEL HIGGO	Open M	103	59	26
60	4:29:35	MLUNGISI MADLALA	Veteran M	104	60	24
70	4:35:26	PATRICK JAMES ELSON	Grand Master M	105	61	2
73	4:35:27	COLLEEN DURANT	Master F	106	45	9
193	4:36:24	SANTOSH BUGWANDIN	Open M	107	62	27
56	4:41:39	WALLIS WATT	Open F	108	46	18
25	4:41:54	GORDON MCTAVISH	Open M	109	63	28
41	4:41:58	TARYN VAN RENSBURG	Veteran F	110	47	20
13	4:42:24	ESTEE DU TOIT	Open F	111	48	19
33	4:43:13	SHAUN REICHE	Veteran M	112	64	25
243	4:43:14	GREG DE KLERK	Grand Master M	113	65	3
242	4:43:16	ALISON CHADWICK	Master F	114	49	10
198	4:44:39	MATT YOUNG	Veteran M	115	66	26
197	4:44:47	JG COWPER	Master M	116	67	10
65	4:49:22	SAMANTHA DE LA PORTE	Veteran F	117	50	21
40	4:49:49	NATASHA BARNES	Master F	118	51	11
244	4:49:51	VICKI HICKEN	Open F	119	52	20
84	4:50:12	RITA LIEZL DREYER	Open F	120	53	21
88	4:50:27	LANSEA LOUBSER	Open F	121	54	22
51	4:52:07	LIZE PEARSON	Open F	122	55	23
42	4:53:11	DELIA DREYER	Veteran F	123	56	22



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151	4:54:59	HUSSEIN CASSIMJEE	Veteran M	124	68	27
153	4:55:04	DHARMESH PARBHOO	Veteran M	125	69	28
150	4:55:12	NITESH BHAGWAN	Veteran M	126	70	29
12	4:59:29	CISKA MEYER	Veteran F	127	57	23
14	4:59:37	NICCI BONELLA	Veteran F	128	58	24
35	5:00:28	ISAO UETA	Veteran M	129	71	30
54	5:01:03	TAMSEN EMMERICH	Open F	130	59	24
43	5:09:27	CHERYL MAITRE	Master F	131	60	12
228	5:09:42	JADE VERISSIMO	Open F	132	61	25
209	5:09:46	NADINE NOWAK	Open F	133	62	26
215	5:09:46	TREVOR SMYTHE	Grand Master M	134	72	4
129	5:10:29	SALLY GEORGE	Master F	135	63	13
187	5:18:10	NIKOLA RAMSDEN	Veteran F	136	64	25
189	5:18:12	SARAH SWAINSON	Open F	137	65	27
188	5:18:14	PAUL SWAINSON	Veteran M	138	73	31
97	5:18:20	JACQUELENE FERRADAZ	Veteran F	139	66	26
256	5:18:23	KARINA VAN HEERDEN	Veteran F	140	67	27
81	5:40:11	JUDITH STILLER	Grand Master F	141	68	1
83	5:40:15	JOHANRI ENGELBRECHT	Grand Master F	142	69	2
141	6:37:39	CHRIS DE KOCK	Master M	143	74	11
137	6:37:47	HELEN DE KOCK	Master F	144	70	14
207	6:37:54	SUSAN STEYN	Master F	145	71	15
132	6:38:10	LIESL KOCH	Veteran F	146	72	28
183	7:11:24	GUGU ZULU	Veteran F	147	73	29