



## Coastal Series Kenneth Stainbank - 5km Results



25 October 2019

Race #	Race Time	Name	Age Group	Overall Position	Gender Position	Age Group Position
306	0:23:25	MATTHEW DRAY	Open M	1	1	1
179	0:23:35	SCOT ARNOLD	U16 M	2	2	1
183	0:24:19	GARY KENNING	Open M	3	3	2
261	0:24:44	SIYANDA SIKHAKHANE	U12 M	4	4	1
242	0:24:44	COENIE STRYDOM	Open M	5	5	3
30	0:24:45	PETER KOEKEMOER	Open M	6	6	4
51	0:25:03	ANDREW STIRK	U12 M	7	7	2
328	0:25:12	LAUREN OWEN	U18 F	8	1	1
131	0:25:29	LEAH EDWARDS	U12 F	9	2	1
210	0:25:57	THUBA GUMEDE	U16 M	10	8	2
238	0:26:01	JORDAN PRETORIUS	U12 F	11	3	2
287	0:26:09	NDIMENHLE XULU	U16 M	12	9	3
167	0:26:32	SANELE SIKHAKHANE	Junior M	13	10	1
316	0:26:41	KATLEGO MORAKE	U16 M	14	11	4
166	0:26:42	SENZO SIKHAKANE	U12 M	15	12	3
341	0:27:13	WYNAND HATTINGH	Veteran M	16	13	1
234	0:27:33	CONNOR JOHNSTON	U16 M	17	14	5
164	0:28:18	MANDISA MKHWANAZI	Junior F	18	4	1
260	0:28:19	LINDI MEYER	Veteran F	19	5	1
176	0:28:46	JOHN FLYNN	Veteran M	20	15	2
209	0:29:05	AMILE NXUMALO	U12 F	21	6	3
329	0:29:05	NATALIE CROOK	Veteran F	22	7	2
281	0:29:08	MUSA BHENGU	U12 M	23	16	4
103	0:29:30	DANIEL NEL	U16 M	24	17	6
225	0:29:36	GERNA STRYDOM	Open F	25	8	1
226	0:29:37	HEINRICH STRYDOM	Open M	26	18	5
1	0:30:10	LUKE SOLOMON	Open M	27	19	6
205	0:30:33	CHRISTOPHER CROOK	Veteran M	28	20	3
285	0:30:42	ZINHLE BHENGU	U16 F	29	9	1
105	0:30:42	KYLE NEL	U12 M	30	21	5
196	0:31:00	NDUMISO MBILI	U12 M	31	22	6
251	0:31:01	FRANCOIS POTGIETER	Open M	32	23	7
263	0:31:02	SHANNON POTGIETER	Open F	33	10	2
70	0:31:38	TRACEY ROBERTS	Veteran F	34	11	3
190	0:31:39	LEIGH SOLOMON	Open F	35	12	3
86	0:31:40	PETRUS PRETORIUS	Veteran M	36	24	4
264	0:31:44	DUNE SWANEPOEL	U12 F	37	13	4
74	0:31:47	ROBYN BOYCE	U18 F	38	14	2
290	0:31:58	TROY LADELL	U16 M	39	25	7
191	0:32:09	FRED SCHOON	Master M	40	26	1
138	0:32:31	JESSE COX MOLINO	U16 M	41	27	8



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185	0:32:40	STACEY ATKINSON	Open F	42	15	4
273	0:32:42	NICHOLAS ATKINSON	Open M	43	28	8
212	0:33:10	SIPHO MADE	Open M	44	29	9
254	0:33:14	CEBO NYABA	U16 M	45	30	9
231	0:33:19	STEVEN JOHNSTON	Open M	46	31	10
246	0:33:35	BERTHA SPANGENBERG	Veteran F	47	16	4
139	0:33:37	MUHAMMAD IMRAN KHATIB	Open M	48	32	11
125	0:33:55	FARHANA OSMAN	Veteran F	49	17	5
346	0:34:00	ROSANNE JACOBS	Veteran F	50	18	6
288	0:34:26	LUYANDA MYENI	U12 M	51	33	7
318	0:34:28	TUDY ROOYAN	Open F	52	19	5
317	0:34:29	SHAUN KEET	Open M	53	34	12
204	0:34:30	KATLYN ALLORTO	U12 F	54	20	5
217	0:34:31	CHLOE MORRIS	U12 F	55	21	6
26	0:34:32	AMY COMBRINCK	Open F	56	22	6
256	0:34:33	KAYLA KIRBY	U12 F	57	23	7
218	0:34:40	JILL MORRIS	Veteran F	58	24	7
178	0:34:42	LYNNE HARRISON	Veteran F	59	25	8
298	0:34:52	JOANNE CRIMES	Open F	60	26	7
250	0:35:35	ISABELLE DAY	U12 F	61	27	8
342	0:35:36	JO WEAKLEY	Open F	62	28	8
98	0:35:38	JILLIAN NEL	Veteran F	63	29	9
307	0:35:43	MEGAN DANACHEE	Open F	64	30	9
276	0:35:44	SALEHAH SAFLA	Open F	65	31	10
177	0:35:47	STEPHEN CONWAY	Master M	66	35	2
248	0:35:52	NKOSINGIPHILE MKHIZE	Master F	67	32	1
343	0:36:02	SHANNON CONWAY	Open F	68	33	11
237	0:36:03	TYANE MOMBERG	Open F	69	34	12
135	0:36:18	AIDAN EDWARDS	Junior M	70	36	2
207	0:36:19	SHARON SCOTT	Master F	71	35	2
347	0:36:24	DEBRA PALMER	Veteran F	72	36	10
348	0:36:25	MARK CASSIDY	Open M	73	37	13
208	0:36:37	BRIAN SITHULU	Open M	74	38	14
232	0:36:42	LAURA JOHNSTON	Veteran F	75	37	11
24	0:36:47	GEORGIA COMBRINCK	Open F	76	38	13
233	0:37:16	JADE JOHNSTON	Open F	77	39	14
255	0:37:17	STEPHEN CRIMES	Open M	78	39	15
160	0:37:24	JOVAN METH	Open M	79	40	16
272	0:37:26	GUGU MKHWANAZI	U16 F	80	40	2
230	0:37:29	RACHEL ROBINSON	U16 F	81	41	3
239	0:37:31	ALAN WASSERMAN	Grand Master M	82	41	1



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180	0:37:38	KELLY WILLIAMS	Veteran F	83	42	12
322	0:37:40	SANDRA CONWAY	Master F	84	43	3
236	0:37:54	MARIUS FERREIRA	Veteran M	85	42	5
349	0:38:32	KERRY ROBINSON	Veteran F	86	44	13
350	0:38:33	CRAIG ROBINSON	Master M	87	43	3
114	0:38:45	DAVID LADELL	Master M	88	44	4
193	0:38:47	WARREN KING	Veteran M	89	45	6
165	0:39:14	VIRGINIA MTHEMBU	U16 F	90	45	4
340	0:39:16	TANIA WATERS	Veteran F	91	46	14
344	0:39:19	SAMANTHA THOMPSON	Open F	92	47	15
279	0:40:07	COLLEEN FOUCHE	Master F	93	48	4
332	0:40:48	THEMBIE DLAMINI	Veteran F	94	49	15
181	0:40:54	CARRIE KENNING	Open F	95	50	16
197	0:40:55	RYLLIE RASMUSSEN	Open F	96	51	17
235	0:41:24	LATASCHA FERREIRA	Veteran F	97	52	16
31	0:41:48	CATHERYN MEYER	Veteran F	98	53	17
32	0:41:48	ALISON BLAIR	Grand Master F	99	54	1
213	0:41:53	BRIAN MBAMBO	Open M	100	46	17
219	0:42:32	DAVID LOWE	Grand Master M	101	47	2
220	0:43:03	JASMIN MAREE	Open F	102	55	18
15	0:43:28	JOSHUA ENGELBRECHT	U12 M	103	48	8
192	0:43:41	JOEL SHELLEY	U12 M	104	49	9
320	0:43:48	AMBER PATTON	Open F	105	56	19
129	0:43:53	HAJRAH OSMAN	Master F	106	57	5
201	0:44:25	WAYNE SHELLEY	Veteran M	107	50	7
286	0:44:26	NATHAN SHELLEY	Junior M	108	51	3
221	0:45:13	DEE BENNION	Grand Master F	109	58	2
188	0:45:57	FATHIMA SAFLA	Open F	110	59	20
13	0:47:11	ADELE ENGELBRECHT	Veteran F	111	60	18
308	0:47:40	SAM LAAS	Veteran F	112	61	19
128	0:48:14	TENIELLE MAGRATH	Open F	113	62	21
186	0:48:16	MAUREEN ESCREET	Master F	114	63	6
82	0:48:16	DANE ESCREET	Open M	115	52	18
297	0:48:23	JOHAN VAN WYK	Master M	116	53	5
299	0:48:24	AZANNE VAN WYK	Veteran F	117	64	20
292	0:48:27	SHAUN ALLORTO	Master M	118	54	6
305	0:48:28	JENNA ALLORTO	U12 F	119	65	9
222	0:48:30	MARIAAN VAN DE VENTER	Veteran F	120	66	21
335	0:48:40	ROXANNE SOBEY	Open F	121	67	22
223	0:48:54	ANWAR SHEIK	Open M	122	55	19
247	0:48:59	YURESHAN NAIDOO	Open M	123	56	20



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312	0:49:06	PEBBLE HLUBI	Open F	124	68	23
224	0:49:21	AZRAA SHEIK	Open F	125	69	24
336	0:49:23	RIO LEUCI	Master M	126	57	7
319	0:50:48	KERRY BOEKESTEIN	Open F	127	70	25
216	0:50:56	TARRYN BROWN	Veteran F	128	71	22
198	0:50:57	CEBSILE SITHOLE	Open F	129	72	26
211	0:51:05	JRPK SCHALLAR	Master M	130	58	8
163	0:51:11	SHALINI NAIDOO	Open F	131	73	27
229	0:51:15	JO-ANN METH	Open F	132	74	28
83	0:51:53	MIA DANIELS	Junior F	133	75	2
80	0:51:55	KELLY DANIELS	Open F	134	76	29
89	0:51:58	SAMANTHA PRETORIUS	Veteran F	135	77	23
267	0:53:34	AMAHLE CELE	Veteran F	136	78	24
293	0:53:40	THOLAKELE CELE	Veteran F	137	79	25
214	0:53:41	APHIWE CELE	Veteran F	138	80	26
151	0:53:42	LINDI RITCHIE	Veteran F	139	81	27
289	0:53:43	OLIVIA BERG	Junior F	140	82	3
241	0:54:06	KATHRYN WATT	Open F	141	83	30
240	0:54:07	SEAN BECKETT	Open M	142	59	21
124	0:54:10	OLIVIA COETZEE	Junior F	143	84	4
200	0:54:10	NADINE BOTHA	Open F	144	85	31
107	0:54:12	BIANCA COETZEE	Open F	145	86	32
189	0:54:16	WENDY DA SILVA	Master F	146	87	7
282	0:54:17	BLAIR SCHOOLING	Junior F	147	88	5
227	0:54:34	MARION OPPERMAN	Open F	148	89	33
228	0:54:35	CAROLYN BEUKES	Master F	149	90	8
68	0:54:42	LINDA LANZ	Grand Master F	150	91	3
87	0:55:45	NATALIE PRETORIUS	U12 F	151	92	10
50	0:55:46	FAATIMAH KHAN	Open F	152	93	34
47	0:55:47	ZULEIKHA MOOLLA	Open F	153	94	35
108	0:57:48	JAN COETZEE	Veteran M	154	60	8
119	0:57:48	ISABELLA COETZEE	Junior F	155	95	6
215	0:58:52	ANNE BINDOFF	Grand Master F	156	96	4
331	0:58:52	RUSSEL SOBEY	Grand Master M	157	61	3
37	1:00:46	LYNNE COX	Master F	158	97	9
277	1:00:47	NORMA BAILING	Veteran F	159	98	28
140	1:03:27	JANINE PARRY	Master F	160	99	10
338	1:03:56	AVA WRIGHT	Junior F	161	100	7
174	1:03:57	WRAY MAYNE	Master F	162	101	11
173	1:03:57	TARRYN WRIGHT	Open F	163	102	36
345	1:06:41	NICOLE DELPORT	Open F	164	103	37



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339	1:06:42	MICHAEL ORAM	Veteran M	165	62	9
145	1:08:22	KERRY-LEA DENNIS	Veteran F	166	104	29
147	1:08:22	CHARLENE NEWTON	Master F	167	105	12
143	1:08:42	KERRY RANDLE	Veteran F	168	106	30
313	1:13:58	SANDEEP GOBIND	Open M	169	63	22
309	1:18:23	CATHERINE WHITFIELD	Master F	170	107	13
184	1:27:44	WAJEEDA NABEE	Open F	171	108	38
244	1:27:45	MAHOMED BILAAL BAKSH	Open M	172	64	23