



1000 Hills Challenge - 5km Results



28 July 2019

| Race # | Race Time | Name | Age Group | Overall Position | Gender Position | Age Group Position |
|--------|-----------|---------------------|-----------|------------------|-----------------|--------------------|
| 632 | 0:18:59 | MHOLI CIBANE | U16 M | 1 | 1 | 1 |
| 1064 | 0:19:00 | KWANELE ZONDI | U16 M | 2 | 2 | 2 |
| 1156 | 0:20:02 | KWANELE MKHIZE | U18 M | 3 | 3 | 1 |
| 712 | 0:20:29 | SIMPHIWE NTULI | Open M | 4 | 4 | 1 |
| 1092 | 0:20:48 | LUSANDA GUMEDE | U16 M | 5 | 5 | 3 |
| 645 | 0:21:23 | LUNGISAN MDUNGE | U16 M | 6 | 6 | 4 |
| 711 | 0:21:28 | JONATHAN WERTH | U12 M | 7 | 7 | 1 |
| 678 | 0:23:10 | KEENAN MCLEOD | U16 M | 8 | 8 | 5 |
| 1199 | 0:23:18 | LUNGISANI MKHIZE | U16 M | 9 | 9 | 6 |
| 1134 | 0:23:33 | KAYLEIGH LINDEQUE | U16 F | 10 | 1 | 1 |
| 1129 | 0:24:16 | LINDOKUHLE KHANYIKO | U18 M | 11 | 10 | 2 |
| 1171 | 0:24:28 | NDUDUZO MKHIZE | U16 M | 12 | 11 | 7 |
| 709 | 0:25:06 | LUNGANI ZINGUME | Open M | 13 | 12 | 2 |
| 694 | 0:25:58 | DANIKA WILLEMSE | U16 F | 14 | 2 | 2 |
| 633 | 0:26:35 | LINDOKUHLE MKHIZE | U16 F | 15 | 3 | 3 |
| 1165 | 0:26:39 | JONATHAN KORB | Open M | 16 | 13 | 3 |
| 614 | 0:28:06 | NTOBEKO ZINGUMO | Open M | 17 | 14 | 4 |
| 1001 | 0:29:16 | ZOË PADBURY | U16 F | 18 | 4 | 4 |
| 703 | 0:29:55 | WAYNE USHER | Veteran M | 19 | 15 | 1 |
| 735 | 0:30:01 | LUAN FOURIE | U16 M | 20 | 16 | 8 |
| 720 | 0:32:02 | PHILLIP CONSTANTINE | Master M | 21 | 17 | 1 |
| 1120 | 0:32:08 | NGCOBO KHAYALNIZ | U18 M | 22 | 18 | 3 |
| 1145 | 0:32:34 | MARK RAWLINS | Master M | 23 | 19 | 2 |
| 1105 | 0:33:30 | JESSICA GREENWOOD | Open F | 24 | 5 | 1 |
| 1059 | 0:33:39 | CHRISTO LINDEQUE | Master M | 25 | 20 | 3 |
| 747 | 0:33:48 | ARNO CLAASSEN | U12 M | 26 | 21 | 2 |
| 630 | 0:34:12 | ABIGAIL DE JONG | U16 F | 27 | 6 | 5 |
| 1024 | 0:34:37 | MANGALISO MKHULISI | Junior M | 28 | 22 | 1 |
| 656 | 0:35:20 | ZANE FOURIE | U12 M | 29 | 23 | 3 |
| 779 | 0:36:36 | ESTELLE MALAN | Master F | 30 | 7 | 1 |
| 1187 | 0:36:38 | ABDULLAH ALLY | U16 M | 31 | 24 | 9 |
| 1030 | 0:36:49 | CANDICE HERRIDGE | Open F | 32 | 8 | 2 |
| 1009 | 0:37:31 | MAUREEN LYONS | Master F | 33 | 9 | 2 |
| 1106 | 0:37:42 | WIAN SPANGENBERG | Veteran M | 34 | 25 | 2 |
| 1194 | 0:37:43 | ANNELIE OTTO | Veteran F | 35 | 10 | 1 |
| 1140 | 0:38:05 | JADE NORMAN | Open F | 36 | 11 | 3 |
| 677 | 0:39:43 | DANIEL JACOBS | U16 M | 37 | 26 | 10 |
| 1028 | 0:40:46 | AVA SPANGENBERG | Junior F | 38 | 12 | 1 |
| 1007 | 0:40:49 | BERTHA SPANGENBERG | Veteran F | 39 | 13 | 2 |
| 1051 | 0:41:06 | SETH OVERWEG | U18 M | 40 | 27 | 4 |
| 767 | 0:41:09 | OR SERY | Open M | 41 | 28 | 5 |



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| 634 | 0:41:30 | NOMCEBO BANDA | Open F | 42 | 14 | 4 |
| 617 | 0:41:42 | APHIWE ZINGUME | Open F | 43 | 15 | 5 |
| 662 | 0:41:52 | LESSLEY MAVHAWANI | Open F | 44 | 16 | 6 |
| 1043 | 0:42:19 | ABIGAIL BRADFIELD | U16 F | 45 | 17 | 6 |
| 1071 | 0:42:21 | JORDAN SHUTTLEWORTH | U12 M | 46 | 29 | 4 |
| 1076 | 0:42:23 | TYLER SHUTTLEWORTH | U16 F | 47 | 18 | 7 |
| 1061 | 0:42:30 | JURIE (JNR) NIENABER | U12 M | 48 | 30 | 5 |
| 1029 | 0:42:44 | BERNADETTE NIENABER | Veteran F | 49 | 19 | 3 |
| 1008 | 0:42:46 | JURIE NIENABER | Veteran M | 50 | 31 | 3 |
| 1126 | 0:43:46 | KARABO BELEBESI | U16 F | 51 | 20 | 8 |
| 1161 | 0:43:51 | IMMACULATE JWILI | Master F | 52 | 21 | 3 |
| 1027 | 0:43:57 | VERONIKA PENEV | Veteran F | 53 | 22 | 4 |
| 1086 | 0:44:00 | PETER SHUTTLEWORTH | Veteran M | 54 | 32 | 4 |
| 1047 | 0:44:17 | MICHELLE GOVENDER | Open F | 55 | 23 | 7 |
| 1074 | 0:44:37 | THEMBEKA MNDAWENI | Open F | 56 | 24 | 8 |
| 17 | 0:44:58 | BRONWYN MCCARTHY | Open F | 57 | 25 | 9 |
| 69 | 0:45:00 | JESSICA MOSS | Open F | 58 | 26 | 10 |
| 1160 | 0:45:11 | WAYLON MOMBERG | Open M | 59 | 33 | 6 |
| 1005 | 0:45:39 | JABU MKHULISI | Veteran F | 60 | 27 | 5 |
| 649 | 0:45:47 | JANICE ROBERTS | Open F | 61 | 28 | 11 |
| 1175 | 0:46:03 | FARZANAH ADAM | Open F | 62 | 29 | 12 |
| 1020 | 0:46:05 | CHLOE MOODLEY | U18 F | 63 | 30 | 1 |
| 643 | 0:46:07 | REUBEN CLAASSEN | U16 M | 64 | 34 | 11 |
| 1154 | 0:47:11 | TYANE MOMBERG | Open F | 65 | 31 | 13 |
| 1075 | 0:47:36 | SALOSHNI LUTCHMAN | Master F | 66 | 32 | 4 |
| 1057 | 0:47:38 | CLAIRE DELPORT | Open F | 67 | 33 | 14 |
| 1149 | 0:48:57 | SBU MKHULISI | Grand Master M | 68 | 35 | 1 |
| 682 | 0:49:09 | RITA HADLEY | Grand Master F | 69 | 34 | 1 |
| 1135 | 0:51:42 | JENNY SIEPMAN | Veteran F | 70 | 35 | 6 |
| 697 | 0:51:51 | JENNA JACOBS | U12 F | 71 | 36 | 1 |
| 725 | 0:51:53 | ROSIE JACOBS | Veteran F | 72 | 37 | 7 |
| 770 | 0:52:41 | KATE BOONZAIER | Master F | 73 | 38 | 5 |
| 788 | 0:52:50 | KHOMBI NTOMBELA | Open F | 74 | 39 | 15 |
| 624 | 0:54:13 | SONJA FRANKE | Open F | 75 | 40 | 16 |
| 1143 | 0:55:36 | KESAVAN KISTEN | Veteran M | 76 | 36 | 5 |
| 1036 | 0:55:40 | YOLANDA CHETTY | Veteran F | 77 | 41 | 8 |
| 716 | 0:56:04 | CHLOE JESSIE ATKINS | U12 F | 78 | 42 | 2 |
| 611 | 0:56:09 | JOSHUA ENGELBRECHT | Open M | 79 | 37 | 7 |
| 1144 | 0:56:30 | RAZIYA BADAT | U12 F | 80 | 43 | 3 |
| 1110 | 0:56:31 | YACOOB DHORAT | Grand Master M | 81 | 38 | 2 |
| 1088 | 0:56:33 | AAMINA BADAT | U16 F | 82 | 44 | 9 |



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| 1166 | 0:58:54 | DEREK CHADDERTON | Veteran M | 83 | 39 | 6 |
| 1122 | 0:58:56 | KAYLA CHADDERTON | Junior F | 84 | 45 | 2 |
| 640 | 0:58:57 | ADELE ENGELBRECHT | Veteran F | 85 | 46 | 9 |
| 713 | 0:58:59 | YOLANDE ATKINS | Veteran F | 86 | 47 | 10 |
| 296 | 1:01:37 | LONDIWE DIMBA | Open F | 87 | 48 | 17 |
| 1013 | 1:02:24 | CHANTAL CHADDERTON | Veteran F | 88 | 49 | 11 |
| 1157 | 1:02:43 | ALEX MOODLEY | U16 M | 89 | 40 | 12 |
| 1016 | 1:02:46 | PRESTON PILLAY | U18 M | 90 | 41 | 5 |
| 1052 | 1:02:49 | CINDY MOODLEY | Master F | 91 | 50 | 6 |
| 1131 | 1:02:50 | RAGINEE PILLAY | Master F | 92 | 51 | 7 |
| 1034 | 1:03:26 | ASTRID BELFORD | Grand Master F | 93 | 52 | 2 |
| 51 | 1:04:55 | THEMBELIHLE ZIKHALI | Open F | 94 | 53 | 18 |
| 148 | 1:04:59 | NOMVULA ZWANE | Veteran F | 95 | 54 | 12 |
| 727 | 1:05:38 | MARC ATKINS | Master M | 96 | 42 | 4 |
| 655 | 1:05:47 | MEGAN JESSICA ATKINS | U16 F | 97 | 55 | 10 |
| 795 | 1:07:13 | VANESSA BENJAMIN | Master F | 98 | 56 | 8 |
| 1123 | 1:07:22 | MAHOMED AMIN BADAT | Veteran M | 99 | 43 | 7 |
| 723 | 1:07:34 | NADINE BOTHA | Open F | 100 | 57 | 19 |
| 743 | 1:07:36 | WENDY DA SILVA | Master F | 101 | 58 | 9 |
| 756 | 1:08:43 | KERUSHA ALLY | Open F | 102 | 59 | 20 |
| 659 | 1:09:40 | BLAIR SCHOOLING | Junior F | 103 | 60 | 3 |
| 636 | 1:10:38 | NATALIE PRETORIUS | U12 F | 104 | 61 | 4 |
| 785 | 1:10:59 | SAMANTHA PRETORIUS | Veteran F | 105 | 62 | 13 |
| 608 | 1:11:22 | SHENAAZ BADAT | Master F | 106 | 63 | 10 |
| 768 | 1:16:03 | COLLEEN HAW | Master F | 107 | 64 | 11 |
| 1082 | 1:16:04 | NICOLE DELPORT | Open F | 108 | 65 | 21 |
| 1128 | 1:19:30 | PAUL WARREN | Open M | 109 | 44 | 8 |
| 1155 | 1:19:31 | SIMON MUNNIK | Open M | 110 | 45 | 9 |
| 1178 | 1:24:44 | OLGA BIKITSHA | Veteran F | 111 | 66 | 14 |
| 1053 | 1:43:53 | SENAMILE ZONDO | U12 F | 112 | 67 | 5 |
| 1182 | 1:44:10 | GWEDI NONYANA | Open F | 113 | 68 | 22 |
| 1113 | 1:44:13 | AZILE DANISA | U12 F | 114 | 69 | 6 |