

Race #	Name	Age Category	Day 1	Day 2	Day 3	Overall	Team	Team Position	Overall Position	Gender Position	Category Position
16b	SANELE MTHEKU	Open M	6:02:19	5:25:02	5:10:00	16:37:20	16:37:38	1	1	1	1
16a	PUSELETSO DLADLA	Open F	6:02:46	5:25:09	5:10:01	16:37:56			2	1	1
8a	ARTUR PERREIRA	Open M	6:04:08	5:25:11	5:09:58	16:39:16	16:39:18	2	3	2	2
8b	JUSTIN VAN DYK	Veteran M	6:04:09	5:25:12	5:09:59	16:39:20			4	3	1
5a	KEVIN SWART	Open M	6:13:17	5:38:32	5:23:34	17:15:24	17:15:27	3	5	4	3
5b	EMMA SWART	Open F	6:13:20	5:38:33	5:23:36	17:15:30			6	2	2
18a	SPURGEON FLEMINGTON	Veteran M	6:56:02	5:37:34	4:50:04	17:23:40	17:23:42	4	7	5	2
18b	MATT SNIDER	Open M	6:56:04	5:37:35	4:50:04	17:23:43			8	6	4
1a	MELLISSA EDWARDS	Open F	6:07:33	5:42:47	5:38:43	17:29:03	17:29:08	5	9	3	3
1b	SAM EDWARDS	Veteran M	6:07:39	5:42:48	5:38:45	17:29:12			10	7	3
15a	STUART BLACKLAW	Master M	6:18:49	6:31:01	6:03:06	18:52:56	18:52:59	6	11	8	1
15b	MATT CHAPLIN	Open M	6:18:51	6:31:03	6:03:08	18:53:01			12	9	5
11a	ROSLIND BLOEMINK	Open F	6:31:43	6:47:52	6:28:35	19:48:09	19:48:11	7	13	4	4
11b	CANDICE BOTHA	Veteran F	6:31:45	6:47:53	6:28:36	19:48:14			14	5	1
9a	GINA CHIESMAN	Veteran F	7:03:09	6:47:56	6:27:43	20:18:48	20:18:51	8	16	6	2
9b	SARAH SHUTTLEWORTH	Open F	7:03:10	6:47:59	6:27:45	20:18:54			17	7	5
13a	PHILL STEFFNY	Veteran M	6:54:31	7:01:21	6:34:51	20:30:43	20:30:46	9	18	11	4
13b	DOT STEFFNY	Open F	6:54:34	7:01:23	6:34:52	20:30:49			19	8	6



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10a	ANDREW POOLER	Open M	7:23:41	6:50:27	7:07:13	21:21:22	21:21:27	10	21	13	8
10b	MARK WILLMENT	Open M	7:23:45	6:50:29	7:07:18	21:21:32			22	14	9
2a	ALLISON FOSTER	Open F	6:57:52	7:19:17	7:10:52	21:28:01	21:28:03	11	23	9	7
2b	JANE VAN DYK	Veteran F	6:57:53	7:19:20	7:10:53	21:28:06			24	10	3
12a	LIESL CURTIS	Veteran F	7:43:02	7:10:40	6:54:38	21:48:20	21:48:23	12	25	11	4
12b	LINDY TRUTER	Veteran F	7:43:04	7:10:42	6:54:40	21:48:25			26	12	5
7a	TERRY DRUMMOND	Veteran M	7:46:10	8:04:35	6:33:55	22:24:40	22:24:43	13	28	16	5
7b	MIKE WOODBURN	Veteran M	7:46:13	8:04:36	6:33:56	22:24:45			29	17	6
14a	STACEY EAGLESTONE	Open F	7:49:28	7:42:50	7:07:51	22:40:09	22:40:12	14	30	13	8
14b	LAUREN MYLES	Open F	7:49:30	7:42:53	7:07:53	22:40:16			31	14	9
6a	ALAN WALLER	Veteran M	7:10:22	7:48:05	8:07:37	23:06:04	23:06:06	15	32	18	7
6b	NATALIE WALLER	Veteran F	7:10:23	7:48:06	8:07:38	23:06:07			33	15	6
3b	DEAN OELSCHIG	Open M	6:50:36	6:53:16	6:14:03	19:57:55			15	10	6
3a	RYAN HARFORD	Open M	6:50:28	6:53:14	7:07:57	20:51:40			20	12	7
4a	JOHAN MEYER	Master M	8:21:15	7:26:34	6:33:57	22:21:46			27	15	2
17a	ARTHUR BERTRAM	Open M	8:38:24	8:14:29	6:13:48	23:06:41			34	19	10
4b	STEPHAN NEL	Master M	8:21:17								
17b	SARAH FREESTONE	Open F	8:38:27	8:14:30							