



		PheZulu Trail Run - 10km Results						
22 June 2019								
Race #	Race Time	Name	Age Group	Overall Position	Gender Position	Age Group Position		
430	0:44:21	THOMAS STOKES	Open M	1	1	1		
314	0:50:00	TYRAN DAVID	Open M	2	2	2		
363	0:53:02	ANDRE WOLMARANS	Open M	3	3	3		
485	0:56:56	RICHARD ROBBERTS	Veteran M	4	4	1		
338	0:58:31	JAMES JACOBY	Open M	5	5	4		
475	0:59:58	ALEXANDER SCHOOMBEE	U16 M	6	6	1		
494	1:00:07	WILLIAM LAMBERT	Grand Master M	7	7	1		
337	1:00:39	JENNILEE GREENE	Open F	8	1	1		
362	1:00:53	RAY BRENT	Open M	9	8	5		
347	1:00:54	BRETT SCHWIKKARD	Open M	10	9	6		
438	1:02:47	LUKE PLOTTS	Open M	11	10	7		
547	1:03:24	TARRYN JOLLY	Open F	12	2	2		
453	1:03:24	TERESA MOLLER	Open F	12	2	2		
310	1:04:14	SHANE ALLSOPP	Open M	14	11	8		
404	1:04:17	MICHAEL HARVEY	Open M	15	12	9		
369	1:05:15	TYRON ROSS	Open M	16	13	10		
554	1:05:25	JAMES FELGATE	Veteran M	17	14	2		
115	1:06:34	JEREMY RIDL	Grand Master M	18	15	2		
559	1:06:46	HERVE ROUGIER-LAGANE	Grand Master M	19	16	3		
579	1:06:47	SHAWN MEYER	Veteran M	20	17	3		
483	1:07:39	PHILIP GUTTENTAG	Master M	21	18	1		
442	1:07:41	KENT GRAVELET-BLONDIN	Open M	22	19	11		
529	1:08:11	NASEEM BHORAT	Open M	23	20	12		
556	1:08:37	SAMANTHA ENGELBRECHT	Open F	24	4	4		
504	1:09:52	JATIN KESHAV	Veteran M	25	21	4		
549	1:10:02	FRANCOIS NORTJE	Master M	26	22	2		
531	1:10:25	GAY TILBURY	Master F	27	5	1		
500	1:10:33	JAMES BOLLAND	Veteran M	28	23	5		
586	1:10:34	ERIKA VELISSARIOU	Veteran F	29	6	1		
392	1:10:55	ANDREW GREET	Open M	30	24	13		
488	1:11:00	ALAN KIRBY	Master M	31	25	3		
336	1:11:06	JOHAN VERMEULEN	Master M	32	26	4		
487	1:11:21	LOUISE CAMPBELL	Veteran F	33	7	2		
352	1:11:29	GITHESH ALLOPI	Veteran M	34	27	6		
423	1:11:30	SCOTT CAMPBELL	Veteran M	35	28	7		
580	1:12:00	JORDAN MUMFORD	U16 M	36	29	2		
584	1:12:16	MARK MOWAT	Veteran M	37	30	8		
307	1:12:17	NICOLA SCHOOMBEE	Veteran F	38	8	3		
359	1:13:25	DIANNE FEUILHERADE	Master F	39	9	2		
426	1:14:30	KERRY LOWE	Open F	40	10	5		
421	1:14:32	DANIEL CILLIERS	Open M	41	31	14		

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514	1:14:42	LIONEL HOWARD	Master M	42	32	5
417	1:15:07	SABRINA BUNDOCK	Veteran M	43	33	9
524	1:15:08	RHODRI HOWELL-PRYCE	Master M	44	34	6
491	1:15:10	KAYLEY DALY	Open F	45	11	6
519	1:15:11	BYRON DALY	Open M	46	35	15
548	1:15:21	NICOLE KELBE	Open F	47	12	7
564	1:15:23	SAMANTHA DE LA PORTE	Veteran F	48	13	4
339	1:15:27	AHMED BHABHA	Open M	49	36	16
490	1:16:35	MARK WILLETT	Veteran M	50	37	10
451	1:16:36	BRIAN WILLETT	Veteran M	51	38	11
478	1:17:01	BRENDA MOON	Master F	52	14	3
175	1:17:12	FRANCES RIDL	Grand Master F	53	15	1
332	1:17:20	LAUREN BRADLEY	Open F	54	16	8
516	1:17:21	DAMIAN BRADLEY	Veteran M	55	39	12
342	1:17:53	RICHARD LESSELLS	Veteran M	56	40	13
446	1:18:01	DANIEL DU PREEZ	Open M	57	41	17
407	1:18:47	LINDY HEAD	Open F	58	17	9
301	1:18:48	JOLENE SCHEFERMANN	Open F	59	18	10
576	1:19:04	JUDY AMBROSE	Grand Master F	60	19	2
575	1:19:04	CARMEN LOMBARD	Veteran F	61	20	5
372	1:20:27	SHARON TROLL	Master F	62	21	4
523	1:20:56	TREVOR MCALPINE	Grand Master M	63	42	4
464	1:21:09	MANDY MEYER	Veteran F	64	22	6
577	1:21:10	JANDI HALLETT	Master F	65	23	5
408	1:21:14	CREEDON KAY	Veteran M	66	43	14
522	1:21:31	STEVE TWITCHEN	Veteran M	67	44	15
330	1:21:32	TRACEY TWITCHEN	Veteran F	68	24	7
496	1:21:58	BYRAN KELBE	Open M	69	45	18
374	1:22:00	LAUREN BOOTH	Open F	70	25	11
463	1:22:28	KATHERINE SCHEEPERS	Open F	71	26	12
388	1:22:56	KERRY RICHMOND	Veteran F	72	27	8
551	1:23:02	JAN DE NEEF	Grand Master M	73	46	5
525	1:23:03	BELINDA LANGTREE	Open F	74	28	13
589	1:23:19	NICOLE JARRETT	Open F	75	29	14
311	1:23:47	BEKITHEMBA HWALIMA	Veteran M	76	47	16
574	1:23:51	ANGELIQUE DELIGNY	Master F	77	30	6
316	1:23:54	JESSICA TAYLOR	Open F	78	31	15
361	1:24:22	JOANNE CUNNIFFE-MILLER	Open F	79	32	16
382	1:25:33	MADALENE SCHOFIELD	Grand Master F	80	33	3
443	1:25:39	ROSS TAYLOR	Open M	81	48	19
508	1:25:48	SIPHOSETHU NDLOVU	Open F	82	34	17

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383	1:25:50	THEMBA BUTHELEZI	Veteran M	83	49	17
326	1:26:04	LARA PLOTTS	Veteran F	84	35	9
345	1:27:54	JO WILD	Open F	85	36	18
507	1:28:24	SUE MCALPINE	Master F	86	37	7
377	1:28:39	IVAN AYLWARD	Master M	87	50	7
454	1:29:44	KEVINDRA NAIDU	Veteran M	88	51	18
473	1:29:45	LEE BUCKLE	Master F	89	38	8
593	1:31:14	VANESSA HATTINGH	Veteran F	90	39	10
461	1:33:06	WENDY CONSTANTINE	Master F	91	40	9
567	1:33:26	JOANNA NIEDZWIECKA	Open F	92	41	19
532	1:33:27	ROSS SKORPEN	Veteran M	93	52	19
534	1:33:40	HAJRAH OSMAN	Master F	94	42	10
399	1:33:43	ZANDILE NGCOBO	Open F	95	43	20
511	1:35:54	JULYETTE LEWIS	Grand Master F	96	44	4
309	1:37:42	S'THANDILE KHUZWAYO	Veteran M	97	53	20
391	1:37:52	MICHAEL SCHEFERMANN	Veteran M	98	54	21
520	1:38:26	KIERAN MCALERY	U16 M	99	55	3
565	1:38:27	LISA MCALERY	Veteran F	100	45	11
445	1:38:51	OLGA THANGAVAY	Veteran F	101	46	12
387	1:40:03	SUSAN GRIFFITHS	Master F	102	47	11
304	1:40:04	WENDY BOTES	Grand Master F	103	48	5
319	1:40:52	KAREN LEE REEDERS	Master F	104	49	12
509	1:40:53	BARRY JOHN REEDERS	Grand Master M	105	56	6
348	1:42:01	KIRSTY FONZARI	Veteran F	106	50	13
563	1:44:27	KATHERINE MEYER	Open F	107	51	21
470	1:44:33	ZANELE JELE	Open F	108	52	22
568	1:45:29	NONHLANHLA GWALA	Open F	109	53	23
562	1:45:30	MOLLY HAMILTON	Open F	110	54	24
538	1:45:31	BRIDGET SCOTT	Open F	111	55	25
468	1:45:49	VICKI HICKEN	Open F	112	56	26
331	1:50:23	LUNGILE DLAMINI	Veteran F	113	57	14
472	1:50:24	NONHLAHLA GCABASHE	Open F	114	58	27
484	1:52:44	PATRICIA DEMMERS	Grand Master F	115	59	6
389	1:53:59	ASHLEIGH MASON	U18 F	116	60	1
595	1:54:00	KHOMBI NTOMBELA	Open F	117	61	28
400	1:54:02	MURRAY MASON	Veteran M	118	57	22
344	1:54:05	KHANYISILE ZONDI	Veteran F	119	62	15
536	1:55:44	MICHAEL SCHOLTZ	Grand Master M	120	58	7
436	1:55:46	ESTELLE BUYS	Veteran F	121	63	16
375	1:57:49	SILVANUS MAISTRY	Open M	122	59	20
489	2:02:23	ROBYN MCMENEMEY	Master F	123	64	13

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501	2:04:37	NASEEMA CASSIMJEE	Veteran F	124	65	17
366	2:17:49	ALISON ENGELBRECHT	Master F	125	66	14
526	2:17:51	OLGA BIKITSHA	Veteran F	126	67	18