



## Winter Series Honey Trails - 5km Results



26 May 2019

Race #	Race Time	Name	Age Group	Overall Position	Gender Position	Age Group Position
132	0:21:12	SINOVUYO NGCOBO	Open M	1	1	1
107	0:21:49	ZAMA MNGOMEZULU	U16 M	2	2	1
99	0:22:49	JONATHAN WERTH	U12 M	3	3	1
217	0:24:35	SIYABONGA BLOSE	Open M	4	4	2
243	0:24:46	THOMAS PRENTICE	U12 M	5	5	2
26	0:25:15	PRINCE MAPHUMOLO	Open M	6	6	3
238	0:25:51	ANDREW SEBIRE	U16 M	7	7	2
166	0:26:14	SAMUEL PRENTICE	U16 M	8	8	3
239	0:27:36	SANDILE BHENGU	U16 M	9	9	4
12	0:28:33	PIETER KOEKEMOER	Open M	10	10	4
82	0:28:33	SIYANDA SIKHAKHANE	U12 M	11	11	3
226	0:30:26	JOSHUA EVANS	U16 M	12	12	5
229	0:30:43	BRETT SMERDON	Open M	13	13	5
196	0:31:01	BONGAMUSA NENE	U12 M	14	14	4
61	0:31:21	WAYNE USHER	Veteran M	15	15	1
78	0:31:43	ANDREW STIRK	U12 M	16	16	5
272	0:32:03	ANDREW WILSON	Master M	17	17	1
211	0:32:14	NKANYEZI GULIWE	U16 F	18	1	1
93	0:32:31	SANELE SIKHAKHANE	Junior M	19	18	1
161	0:32:42	TAYLA KAVANAGH	U18 F	20	2	1
104	0:33:16	JORDAN MUMFORD	U16 M	21	19	6
195	0:34:45	DAWID GROBBELAAR	Master M	22	20	2
84	0:35:13	ANNELIE OTTO	Veteran F	23	3	1
197	0:35:14	WIAN SPANGENBERG	Veteran M	24	21	2
184	0:35:16	BROOKE AYLWARD	U16 F	25	4	2
258	0:35:18	HANNAH PET	Open F	26	5	1
189	0:35:19	MICHAEL-JOHN DU PLESSIS	Open M	27	22	6
69	0:35:42	SENZO SIKHKHANE	Junior M	28	23	2
264	0:35:51	JESSICA GREENWOOD	Open F	29	6	2
120	0:36:30	CARLENE BURGESS	U12 F	30	7	1
151	0:36:32	KEVIN DIXON	Open M	31	24	7
164	0:37:26	JASON MUMFORD	Junior M	32	25	3
205	0:38:43	BARBARA-ANNE STIRK	Open F	33	8	3
557	0:39:52	EMILY FREESTONE	Open F	34	9	4
570	0:39:53	SARAH FREESTONE	Open F	35	10	5
302	0:39:58	ALISON REYNOLDS	Open F	36	11	6
280	0:40:15	SHAUN KEET	Open M	37	26	8
176	0:40:17	TUDY ROOYAN	Open F	38	12	7
235	0:40:37	DEBBIE DENSHAM	Veteran F	39	13	2
155	0:40:41	ROSALEE EVANS	Veteran F	40	14	3
128	0:41:06	BERTHA SPANGENBERG	Veteran F	41	15	4



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273	0:41:37	WAYDE PAUL	Open M	42	27	9
102	0:41:38	PHILIP REINECKE	Open M	43	28	10
133	0:41:39	EMILY DRIESEN-GARLAND	Open F	44	16	8
39	0:42:21	NOKTHANDO SHEZI	U12 F	45	17	2
230	0:42:38	LEANNE DIXON	Open F	46	18	9
3	0:42:47	JOHAN KASSELMAN	Veteran M	47	29	3
67	0:42:51	MADALENE SCHOFIELD	Grand Master F	48	19	1
248	0:42:59	REBECCA FUCHS	Open F	49	20	10
222	0:43:32	BRUCE MILLS	Veteran M	50	30	4
46	0:43:47	ADRIAN BENNETT	Open M	51	31	11
10	0:43:59	BELINDA LANGTREE	Open F	52	21	11
291	0:44:05	LEANDRI BARNARD	Open F	53	22	12
172	0:44:21	THEMBIE DLAMINI	Veteran F	54	23	5
168	0:44:22	STEVEN STOREY	Open M	55	32	12
188	0:44:24	NKOSINGIPHILE MKHIZE	Master F	56	24	1
139	0:44:43	COLBI CHIESMAN	Junior F	57	25	1
143	0:44:46	GINA CHIESMAN	Veteran F	58	26	6
111	0:44:47	LOUISE SANDERS	Open F	59	27	13
37	0:44:48	BENITA ARDENBAUM	Master F	60	28	2
129	0:44:49	BETH STOLS	Master F	61	29	3
11	0:45:51	DONNA ARMSTRONG	Open F	62	30	14
50	0:46:01	KERRILEE MILLAR	Open F	63	31	15
105	0:46:02	KEVIN MILLAR	Open M	64	33	13
113	0:46:28	DESRE GAZE	Master F	65	32	4
97	0:46:54	LESSLEY MAVHAWANI	Open F	66	33	16
58	0:46:56	MICHELLE LAKE	Open F	67	34	17
79	0:47:17	LAUREN REINECKE	Open F	68	35	18
153	0:47:18	YVETTE DE CHAMPS	Veteran F	69	36	7
165	0:48:09	PETER SHUTTLEWORTH	Veteran M	70	34	5
95	0:48:10	VERONIKA PENEV	Veteran F	71	37	8
179	0:48:34	VALERIE LOGAN-DAVIES	Master F	72	38	5
171	0:48:37	ROB BURGESS	Grand Master M	73	35	1
152	0:48:38	SALLY MANN	Master F	74	39	6
200	0:49:11	GILLIAN SCOTT	Grand Master F	75	40	2
249	0:49:20	BARRY REEDERS	Grand Master M	76	36	2
13	0:49:22	KAREN REEDERS	Master F	77	41	7
240	0:49:23	SAMANTHA PIPER	Open F	78	42	19
121	0:51:40	MICHELLE GOVENDER	Open F	79	43	20
44	0:52:50	RITA HADLEY	Grand Master F	80	44	3
1	0:53:16	SONJA FRANKE	Open F	81	45	21
294	0:53:18	KATE NBOONZAIR	Master F	82	46	8



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100	0:53:27	HEIDI VAN ASWEGEN	Master F	83	47	9
227	0:54:35	LISBETH PLOTZ	Grand Master F	84	48	4
253	0:54:49	GAVIN CARROLL	Junior M	85	37	4
244	0:54:51	LUKE CARROLL	Junior M	86	38	5
275	0:55:36	KARUSHA PILLAY	Open F	87	49	22
228	0:56:50	JOHN FLYNN	Veteran M	88	39	6
287	0:56:51	KELLY WILLIAMS	Veteran F	89	50	9
77	0:58:16	MARION MURLESS	Grand Master F	90	51	5
14	0:58:22	GAVIN MUIR	Grand Master M	91	40	3
247	0:58:38	KAREN VERESS	Master F	92	52	10
72	0:58:46	HERLENE DERCKSEN	Open F	93	53	23
27	0:58:47	SARAH MARAIS	Master F	94	54	11
180	0:58:56	KEVIN MACFARLANE	Master M	95	41	3
192	0:59:02	PAIGE MACFARLANE	Open F	96	55	24
268	0:59:03	TAYLOR MACFARLANE	Junior F	97	56	2
198	0:59:39	TRISTAN BOTHA	U16 M	98	42	7
116	0:59:47	WENDY DA SILVA	Master F	99	57	12
74	1:00:37	BONGANI MAKHANYA	Veteran M	100	43	7
115	1:01:04	ANNABELL HAGGARD	Junior F	101	58	3
193	1:01:05	JENNA AYLWARD	U16 F	102	59	3
112	1:03:11	KORNEELS SLABBERT	Grand Master M	103	44	4
219	1:03:35	FRANCES RIDL	Grand Master F	104	60	6
208	1:03:36	JEREMY RIDL	Grand Master M	105	45	5
212	1:03:42	LINDSAY DUNSMORE	Master F	106	61	13
177	1:03:43	HAYLEY WOOD	Master F	107	62	14
48	1:03:44	ADELLE MUMFORD	Open F	108	63	25
174	1:04:04	XOLI MCHUNU	Open F	109	64	26
150	1:04:04	KHANYA CELE	Open F	110	65	27
263	1:04:45	KASSIE BARNARD	Open F	111	66	28
257	1:04:46	DANIE SLABBERT	Grand Master M	112	46	6
202	1:06:07	CHANTELLE WEBBER	Open F	113	67	29
119	1:06:09	ABBY HODGKINSON	Open F	114	68	30
117	1:06:10	SANDRA KAVANAGH	Veteran F	115	69	10
71	1:08:15	GEORGE CRANE	Grand Master M	116	47	7
106	1:08:16	JAYE CRANE	Grand Master F	117	70	7
159	1:10:18	KAYSIE UPFOLD	Open F	118	71	31
38	1:10:18	LAWRENCE ROSSI	Open M	119	48	14
545	1:13:57	JEANNE MULLINS	Open F	120	72	32
99	1:24:06	SIMONE TAYLOR	Open F	121	73	33