



## Howick Trail Run - 20km Results



02 March 2019

Race #	Race Time	Name	Age Group	Overall Position	Gender Position	Age Group Position
693	1:23:24	LINDELANI ZONDI	Open M	1	1	1
782	1:24:24	ALBERT PHUNGULA	Veteran M	2	2	1
769	1:29:06	LONWABO MAGWA	Veteran M	3	3	2
642	1:29:41	SMISO SKHAKHANE	Open M	4	4	2
640	1:31:04	JULIUS DE CLERCQ	Open M	5	5	3
676	1:36:44	VICTOR DLUDLA	Open M	6	6	4
726	1:37:55	GARETH MAUCK	Junior M	7	7	1
657	1:41:46	TARRYN BOTHA	Open F	8	1	1
714	1:42:24	SIMPHIWE SITHOLE	Open M	9	8	5
795	1:45:38	STEVEN YATES	Open M	10	9	6
740	1:46:26	KYLE LEIGHTON	Open M	11	10	7
673	1:46:43	BON LEHMKUHL	Open M	12	11	8
733	1:48:03	APIWE GAGA	Open F	13	2	2
691	1:49:31	CLINT NORTJE	Veteran M	14	12	3
654	1:50:27	RYAN QUEVAUVILLIERS	Open M	15	13	9
798	1:52:29	CURTIS LOUW	Open M	16	14	10
715	1:53:33	TRACY ZUNCKEL	Veteran F	17	3	1
790	1:57:12	CAIN DUBE	Open M	18	15	11
699	1:58:19	DARIO SCUSSEL	Open M	19	16	12
704	2:01:32	DON SHAW	Grand Master M	20	17	1
616	2:02:16	JONATHAN MARK BUCKE	Open M	21	18	13
748	2:03:32	DANIELO FERNANDES	Open M	22	19	14
694	2:04:05	SHEA KARSSING	Open F	23	4	3
678	2:05:11	KEWEN VAN RENSBURG	Open M	24	20	15
729	2:05:12	JARID SHERWOOD	Open M	25	21	16
677	2:09:44	PHILIP RAW	Open M	26	22	17
664	2:09:44	CHARLOTTE RAW	Open F	27	5	4
778	2:10:19	CATH WILKINSON	Open F	28	6	5
610	2:12:27	TRACY RAWLINS	Master F	29	7	1
608	2:12:40	PHILIP DU TOIT	Open M	30	23	18
620	2:13:44	KAREN KOOPMAN	Veteran F	31	8	2
618	2:15:15	JOANNE GIBB	Master F	32	9	2
647	2:18:25	LYNTON KINLOCH	Master M	33	24	1
772	2:19:07	JEFF DAVIES	Open M	34	25	19
660	2:21:15	JOHN DENSHAM	Veteran M	35	26	4
787	2:22:30	THANDI MPUNGOSE	Open M	36	27	20
716	2:22:31	TRACY STEART	Veteran F	37	10	3
662	2:25:00	COLLEEN NICHOLAS	Master F	38	11	3
633	2:27:09	ROZANNE MAPHAM	Open F	39	12	6
638	2:27:10	CANDICE ROE-SCOTT	Open F	40	13	7
764	2:27:52	KAREN HEATH	Veteran F	41	14	4



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763	2:28:44	L OWENS	Veteran F	42	15	5
615	2:28:45	CHRIS VAN HEERDEN	Master M	43	28	2
636	2:29:24	LAUREN DENSHAM	Open F	44	16	8
797	2:36:02	THOBEKA NYAWOSE	Open F	45	17	9
753	2:36:41	NINA GOUGH	Veteran F	46	18	6
682	2:36:55	KEVIN WALLIS	Master M	47	29	3
718	2:38:58	SITHABISO MATCOBO	Grand Master M	48	30	2
684	2:41:10	RENEE DRIEMEYER	Veteran F	49	19	7
631	2:42:46	SHADRACK HADEBE	Veteran M	50	31	5
735	2:42:49	MARIANNE SMITH	Veteran F	51	20	8
762	2:51:01	MARK MCTAGGART	Open M	52	32	21
724	2:51:34	BYRON FIELD	Veteran M	53	33	6
648	2:54:54	HELOISE HUNTER	Open F	54	21	10
627	3:00:47	THUSI KWEZI	Master M	55	34	4
785	3:01:10	DELWIN DE BROIZE	Open M	56	35	22
698	3:01:11	BELINDA DE BROIZE	Veteran F	57	22	9
641	3:08:53	ERIC WALTON	Grand Master M	58	36	3
696	3:08:55	LEEANNE VAN DER WESTHUIZEN	Veteran F	59	23	10
793	3:08:56	BELINDA SMITH	Master F	60	24	4
767	3:14:05	KATE FIELD	Veteran F	61	25	11
745	3:24:37	SANDRA LAND	Grand Master F	62	26	1
800	3:33:03	OLGA THANGAVAY	Veteran F	63	27	12
711	3:33:04	GAVIN HAZELL	Veteran M	64	37	7
737	3:39:03	KALINA BAGROVA	Master F	65	28	5
742	3:43:48	VICKI HICKEN	Open F	66	29	11
625	3:43:49	MICHELLE KERR	Open F	67	30	12
632	3:43:50	NICOLE GROBLER	Open F	68	31	13