



Table Mountain Trail Run - 19km Results



13 January 2019

Race #	Race Time	Name	Age Group	Overall Position	Gender Position	Age Group Position
740	1:23:28	MTHOMBISI MZOLO	Open M	1	1	1
743	1:27:03	SPHELELE GUMEDE	Open M	2	2	2
607	1:28:19	MXOLISI ZONDI	Open M	3	3	3
619	1:51:16	MXOLISI MOTAUNG	Open M	4	4	4
628	1:55:35	SHANE JACKLIN	Open M	5	5	5
643	1:58:31	ASHLEY BELL	Open M	6	6	6
663	2:00:38	SIYABONGA MKHIZE	Open M	7	7	7
739	2:02:48	MKHWEKELWA NGIDI	Grand Master M	8	8	1
794	2:03:58	DARREN BERRIMAN	Open M	9	9	8
655	2:04:06	APIWE GAGA	Open F	10	1	1
646	2:07:33	CLIVE STEWART	Veteran M	11	10	1
710	2:07:35	MEZ KENNEDY	Open M	12	11	9
717	2:11:48	STUART BROWN	Open M	13	12	10
716	2:12:37	TRAVIS DALRYMPLE-KELLY	Open M	14	13	11
691	2:15:33	NICK DE CHARMOY	Open M	15	14	12
705	2:16:10	JOHANN BRUWER	Open M	16	15	13
618	2:16:24	RICKY HODGSON	Open M	17	16	14
754	2:16:33	KAREL ENGELBRECHT	Open M	18	17	15
721	2:18:48	GORDON BALLANTYNE	Open M	19	18	16
685	2:18:50	ANDREW MCKENZIE	Veteran M	20	19	2
611	2:21:45	DARIO SCUSSEL	Veteran M	21	20	3
720	2:22:19	ZIBUSISO NZAMA	Veteran M	22	21	4
688	2:22:29	ASHLEIGH WHITE	Veteran F	23	2	1
605	2:22:46	SHEENA WARREN	Open F	24	3	2
697	2:23:54	GREG WHITE	Veteran M	25	22	5
656	2:27:40	JULIAN ROBERT	Open M	26	23	17
762	2:32:56	RUDI VAN NIEKERK	Veteran M	27	24	6
625	2:37:09	SHANNA WOOD	Open F	28	4	3
733	2:38:28	VINCENT FRONTCZYK	Open M	29	25	18
672	2:38:41	ROBBIE VERESS	Master M	30	26	1
713	2:40:09	CHRIS MATHEWS	Master M	31	27	2
676	2:42:28	SHELTON BELL	Open M	32	28	19
793	2:42:30	CARMEN BELL	Open F	33	5	4
706	2:42:32	GRAHAM PEARSON	Open M	34	29	20
727	2:42:42	RAJ GOVENDER	Veteran M	35	30	7
723	2:43:30	STEVEN VAN DER MERWE	Open M	36	31	21
679	2:43:31	ROSIE CAREY	Veteran F	37	6	2
633	2:46:02	THANDAZANI MLABA	Open M	38	32	22
675	2:47:30	NITESH BHAGWAN	Veteran M	39	33	8
776	2:49:55	JANINE GOES	Master F	40	7	1
742	2:54:51	NJABULO MASINGA	Open M	41	34	23



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684	2:55:06	GLENDA BADENHORST	Grand Master F	42	8	1
678	2:55:25	RAIYEN PILLAY	Open M	43	35	24
700	2:58:43	YASEEN AZIZ	Veteran M	44	36	9
645	2:59:37	ANDREW SEYMOUR	Open M	45	37	25
649	3:01:16	LUNGISANI MHLOPHE	Veteran M	46	38	10
744	3:04:01	COLLEEN NICHOLAS	Master F	47	9	2
606	3:12:11	HUSSEIN CASSIMJEE	Veteran M	48	39	11
728	3:16:54	MBALENHLE BHENGU	Open F	49	10	5
634	3:16:55	SIPHAMANDLA SOKHELA	Veteran M	50	40	12
788	3:23:40	SONJA COAD	Veteran F	51	11	3
622	3:26:33	SIMONE SCHMID	Open F	52	12	6
764	3:26:34	KESHAV ARJUN SINGH	Open M	53	41	26
796	3:26:36	GORDON BEEMING	Open M	54	42	27
777	3:36:44	ALYSSA AMRAPERSAD	Open F	55	13	7
695	3:36:45	TERRI-LYN HODGE	Open F	56	14	8
629	3:41:57	SPHESIHLE KHANYILE	Open M	57	43	28