



Kenneth Stainbank Castle Trail - 5km Results



06 January 2019

Race #	Race Time	Name	Age Group	Overall Position	Gender Position	Age Group Position
290	0:22:38	MBONGUMUSO MBATHA	Veteran M	1	1	1
138	0:22:39	DANIEL ELLIS	U16 M	2	2	1
26	0:25:28	DAVID ELLIOTT	Open M	3	3	1
126	0:26:56	CADE BROADHURST	U12 M	4	4	1
160	0:27:41	JENS PATON	U16 M	5	5	2
128	0:29:50	HERB'S MNCWABE	Veteran M	6	6	2
164	0:29:58	WAYNE ROBERTSON	Veteran M	7	7	3
4	0:31:06	BILL LAMBERT	Grand Master M	8	8	1
60	0:31:33	WAYNE USHER	Veteran M	9	9	4
79	0:32:07	WILLEM STEMMET	Veteran M	10	10	5
161	0:32:24	DEREK CHADDERTON	Veteran M	11	11	6
274	0:32:54	LEAH EDWARDS	U12 F	12	1	1
226	0:32:56	PETER EDWARDS	Master M	13	12	1
145	0:32:58	LAWRENCE SCHRODER	Grand Master M	14	13	2
224	0:33:09	PHILLIP CONSTANTINE	Master M	15	14	2
208	0:33:12	HARRY JAMES	Veteran M	16	15	7
179	0:33:36	DAWID GROBBELAAR	Master M	17	16	3
453	0:33:56	TROY MCDANIEL	Master M	18	17	4
81	0:34:45	PATRICIA READ	Open F	19	2	1
258	0:35:09	SARVESH MAHARAJH	Open M	20	18	2
75	0:35:17	CLAIRE VAN RENSBURG	Open F	21	3	2
212	0:35:41	JAMES HEAD	U12 M	22	19	2
110	0:36:16	ABIGAIL DE JONG	U12 F	23	4	2
187	0:36:31	KEEGAN NAIDU	Open M	24	20	3
293	0:36:32	SHARDE TARR	Open F	25	5	3
91	0:36:33	JESSICA GREENWOOD	Open F	26	6	4
259	0:36:42	KYAN WHITE	U12 M	27	21	3
103	0:37:00	WARREN LAMB	Veteran M	28	22	8
16	0:37:03	ESTELLE MALAN	Master F	29	7	1
191	0:37:05	ROBERT MULLEN	Veteran M	30	23	9
225	0:37:56	GEORGE REYNOLDS	Veteran M	31	24	10
76	0:38:18	LEA REYNOLDS	Veteran F	32	8	1
182	0:38:27	DOWAN BURTON	Veteran M	33	25	11
159	0:38:30	TALA VAN HUYSTEEN	U12 F	34	9	3
281	0:38:33	ANDREW ROGAN	Open M	35	26	4
107	0:39:23	ERIN HENSHAW	Open F	36	10	5
298	0:39:28	MICHELLE LINDE	Open F	37	11	6
120	0:39:44	MICHELLE JASSON	Veteran F	38	12	2
106	0:39:47	KUVEN MUDLY	Open M	39	27	5
125	0:39:49	KUNAL VANMALI	Open M	40	28	6
217	0:39:54	KEAGAN HEWER	Junior M	41	29	1



Kenneth Stainbank Castle Trail - 5km Results



06 January 2019

Race #	Race Time	Name	Age Group	Overall Position	Gender Position	Age Group Position
205	0:39:58	MEGAN BYTH	Open F	42	13	7
166	0:40:00	JULIET DOS SANTOS NIZ	Open F	43	14	8
113	0:40:01	WAYNE DOS SANTOS NIZ	Master M	44	30	5
137	0:40:07	SBU NALA	Open F	45	15	9
144	0:40:26	JULIA COLLINGWOOD	U18 F	46	16	1
173	0:40:27	JOHANN CHADDERTON	Veteran M	47	31	12
112	0:40:30	MUHAMMAD IMRAN KHATIB	Open M	48	32	7
105	0:40:33	JANA DAMMANN	U16 F	49	17	1
50	0:40:38	WARREN MC ALLISTER	Veteran M	50	33	13
31	0:41:00	BRIDGET COLLINGWOOD	Master F	51	18	2
52	0:41:02	HELEN COLLINGWOOD	U16 F	52	19	2
103	0:41:26	THOMAS VAN DEN BERG	U12 M	53	34	4
188	0:41:33	KEVIN WALLIS	Master M	54	35	6
134	0:41:48	TANYA JACOBS	Master F	55	20	3
279	0:41:50	COLLEEN COLES	Grand Master F	56	21	1
39	0:41:52	CHARLENE SMIT	Veteran F	57	22	3
3	0:41:52	NICO ENGELBRECHT	Junior M	58	36	2
116	0:42:01	MEGAN SHEPSTONES	Master F	59	23	4
248	0:42:02	ELODIE FIELD	Master F	60	24	5
168	0:42:05	LORRAINE-MAY SMITH	Open F	61	25	10
17	0:42:09	JAMES OVERWEG	U16 M	62	37	3
154	0:42:17	BEN HEAD	Junior M	63	38	3
42	0:42:24	DHILLAN KALYAN	Open M	64	39	8
220	0:42:26	TRACEY PETERSEN	Open F	65	26	11
92	0:42:29	AAMIL DICKS	Open M	66	40	9
222	0:42:31	ZACHIA DICKS	Open F	67	27	12
2	0:42:32	CHENE BRENT	Veteran F	68	28	4
97	0:42:56	CHRIS GILL	Grand Master M	69	41	3
73	0:43:18	CAREY WHITE	Veteran F	70	29	5
11	0:43:20	MARINDA VAN DER WALT	Veteran F	71	30	6
102	0:43:36	BLAIZD BOSCH	U12 M	72	42	5
14	0:43:38	CARELL EVANS	Veteran F	73	31	7
157	0:43:56	STEVEN CONWAY	Master F	74	32	6
276	0:44:06	KATE SHIRLEY	Veteran F	75	33	8
108	0:44:07	WARREN HAVENGA	Open M	76	43	10
18	0:44:11	MARILESE HAVENGA	Open F	77	34	13
109	0:44:15	LANCE SHIRLEY	Veteran M	78	44	14
66	0:44:16	DANIEL FREEDMAN	Open M	79	45	11
85	0:44:19	FAATIMAH KHAN	Open F	80	35	14
63	0:44:20	ATHENA WILSON	U12 F	81	36	4
93	0:44:22	JESSICA CONSTANTINE	Open F	82	37	15



Kenneth Stainbank Castle Trail - 5km Results



06 January 2019

Race #	Race Time	Name	Age Group	Overall Position	Gender Position	Age Group Position
289	0:44:33	KATIE WISDOM	Open F	83	38	16
12	0:44:38	VICKY CRITANLOW	Veteran F	84	39	9
146	0:44:41	KHEVNA NARAN	Open F	85	40	17
256	0:44:43	TARRYN WALLIS	Open F	86	41	18
282	0:44:45	CHERYL BOTHA	Veteran F	87	42	10
202	0:45:04	HLENGIWE MELODY MYEZA	Open F	88	43	19
130	0:45:10	BROOKLYN RIGGIEN	U16 F	89	44	3
124	0:45:12	KIM LABUSCHAGNE	Open M	90	46	12
48	0:45:15	GILL DUCKWORTH	Master F	91	45	7
59	0:45:15	ELIN PATON	Master F	92	46	8
163	0:45:16	ANN DRUCE	Master F	93	47	9
211	0:45:39	KERRY-LEE HUGILL	Open F	94	48	20
239	0:46:36	SANDY LAMB	Master F	95	49	10
247	0:46:38	MADISON HEAD	Junior F	96	50	1
127	0:46:53	BRANDON HEAD	Veteran M	97	47	15
47	0:47:13	MICHAEL SCHETERMAN	Veteran M	98	48	16
162	0:47:23	JOANNE WEAKLEY	Open F	99	51	21
78	0:47:52	RILEY MCCABE	Open F	100	52	22
155	0:48:51	AMBER SCHWEGMANN	Open F	101	53	23
190	0:48:57	LLOYD LUNN	Open M	102	49	13
119	0:48:59	ALISON WILSON	Open F	103	54	24
233	0:49:00	JAN SMUTS	Veteran M	104	50	17
149	0:49:06	RYAN FARQUHARSON	Veteran M	105	51	18
232	0:49:41	CLAIRE DELPORT	Open F	106	55	25
177	0:49:43	MPUME NGCOBO	Open F	107	56	26
94	0:49:44	CATHERINE FORTE	Veteran F	108	57	11
98	0:49:52	LOUI FOURIE	Open M	109	52	14
175	0:49:56	SHILPA MEHTA	Veteran F	110	58	12
133	0:49:57	GLENDA JAMES	Veteran F	111	59	13
253	0:49:58	JANICE ROBERTS	Open F	112	60	27
83	0:50:00	NATASCHA MC ALLISTER	Veteran F	113	61	14
123	0:50:02	RYAN BROADHURST	Open M	114	53	15
69	0:50:21	HELENA VAN DEN BERG	Veteran F	115	62	15
74	0:50:23	LEON VAN DEN BERG	Veteran M	116	54	19
200	0:50:39	ROWAN BUDLENDER	Open M	117	55	16
178	0:51:11	EMILY WILSON	Junior F	118	63	2
278	0:51:13	ADAM WILSON	Veteran M	119	56	20
283	0:51:22	MARTHA DILLON	Master F	120	64	11
101	0:51:22	AMANDA HARDY	Veteran F	121	65	16
115	0:51:36	CHARLENE CHAPMAN	Open F	122	66	28
260	0:51:57	KATE MACFARLANE	Open F	123	67	29



Kenneth Stainbank Castle Trail - 5km Results



06 January 2019

Race #	Race Time	Name	Age Group	Overall Position	Gender Position	Age Group Position
181	0:51:59	LAUREN REINECKE	Open F	124	68	30
197	0:52:06	YVETTE DESCHAMPS	Veteran F	125	69	17
266	0:52:10	PIA MEHTA	U16 F	126	70	4
45	0:52:12	ZAKIYYAH MOOSA	Open F	127	71	31
294	0:52:32	CARMEN VAN REENEN	Open F	128	72	32
44	0:52:33	MARIUS VAN REENEN	Veteran M	129	57	21
275	0:53:09	WENDY DA SILVA	Master F	130	73	12
140	0:53:16	CHERRYL WILSON	Grand Master F	131	74	2
265	0:53:28	NICHOLAS GROBLER	Open M	132	58	17
58	0:53:34	LIZMA CHADDERTON	Veteran M	133	59	22
169	0:53:37	CHANTELLE CHADDERTON	Veteran M	134	60	23
194	0:53:51	MATTHEW SMITH	Junior M	135	61	4
257	0:54:05	AMY HARRIS	Open F	136	75	33
67	0:54:11	ROBYN BUDLENDER	Open F	137	76	34
216	0:54:19	LIZ ENGLEFIELD	Grand Master F	138	77	3
189	0:54:24	GISELLE FERREIRA	Veteran F	139	78	18
201	0:54:37	EVA GONCALVES	Master F	140	79	13
170	0:54:53	KHUSHWA MEHTA	Veteran F	141	80	19
183	0:55:12	CHARLOTTE RAW	Open F	142	81	35
209	0:55:13	DEBBIE ADIE	Grand Master F	143	82	4
65	0:55:19	SIBUSISO DLAMINI	Grand Master M	144	62	4
156	0:55:20	NELISIWE DLAMINI	Master F	145	83	14
80	0:55:26	KENTON MEWILLE	U16 M	146	63	4
68	0:55:26	KYLE JAMES	U16 M	147	64	5
230	0:55:43	JENNA BROWN	Open F	148	84	36
221	0:55:47	SAMANTHA BERRIMAN	Open F	149	85	37
199	0:55:49	SHENNE DAVIES	Open F	150	86	38
152	0:55:50	KERI WOOTTON	Open F	151	87	39
218	0:56:03	BEE HLUBI	Open F	152	88	40
90	0:56:10	SUE SWEET	Grand Master F	153	89	5
262	0:56:19	ANA SMITH	Veteran F	154	90	20
263	0:56:35	KARUSHA PILLAY	Open F	155	91	41
237	0:56:44	SBU NALA	Open F	156	92	42
6	0:56:50	JUANTA FARQUHARSON	Open F	157	93	43
269	0:56:57	ISRAA MOOSA	Junior F	158	94	3
236	0:56:58	PRICILLA MOOSA	Veteran F	159	95	21
235	0:57:01	MOHAMMED MOOSA	Junior M	160	65	5
245	0:57:15	AMISHA NORANDAL	Veteran F	161	96	22
111	0:57:24	NOMFUNDO PHEWA	Open F	162	97	44
268	0:57:30	STEPHANI ROWLES	Open F	163	98	45
33	0:57:43	SHWETA GSCHWEND	Open F	164	99	46



Kenneth Stainbank Castle Trail - 5km Results



06 January 2019

Race #	Race Time	Name	Age Group	Overall Position	Gender Position	Age Group Position
174	0:57:45	HETAL NARAN	Open F	165	100	47
223	0:58:09	PAULETTE JOSIAH	Open F	166	101	48
291	0:58:12	ADELE STONE	Veteran F	167	102	23
136	0:58:29	YUSUF OSMAN	U16 M	168	66	6
23	0:59:15	NICOLE DELPORT	Open F	169	103	49
250	0:59:16	UNATHI NXUMALO	Open F	170	104	50
195	0:59:21	THRISHA SANI	Veteran F	171	105	24
95	0:59:29	CINDY PIENAAR	Open F	172	106	51
118	0:59:30	ROBERT PIENAAR	Open M	173	67	18
61	0:59:32	CHANTELLE WEBBER	Open F	174	107	52
299	0:59:33	MICHELLE DIAMOND	Open F	175	108	53
242	0:59:35	HERLENE DERCKSEN	Open F	176	109	54
296	0:59:45	MOBEEN MUSTAPPA	Open M	177	68	19
288	0:59:47	MIKAEEL MUSTAPPA	Junior M	178	69	6
186	0:59:48	NASHEEL BALKARA	Open M	179	70	20
204	0:59:49	ASHEN SINGH	Open M	180	71	21
238	1:00:01	LYDIA TOWILL	Grand Master F	181	110	6
287	1:00:18	KAREN BOSMAN	Master F	182	111	15
234	1:00:26	GAIL MILLS	Grand Master F	183	112	7
135	1:00:38	ZIA MUSTAPPA	Junior M	184	72	7
72	1:00:39	ZAHEERA MUSTAPPA	Open F	185	113	55
229	1:00:44	HAMISH MCINTYRE	U12 M	186	73	6
271	1:00:49	JASMIN MAREE	Open F	187	114	56
29	1:01:23	ASTRID BELFORD	Grand Master F	188	115	8
131	1:01:40	JAMIE DANIELS	Junior F	189	116	4
171	1:01:41	VICKI DANIELS	Master F	190	117	16
206	1:01:54	MATHAPELO BUTHELEZI	Open F	191	118	57
504	1:01:55	ANTONY DANIELS	Open M	192	74	22
41	1:02:03	MONIQUE GELDENHUYS	Open F	193	119	58
54	1:02:05	ANDREW HYETT	Open M	194	75	23
150	1:02:11	SHIRLEY FERGUSON	Grand Master F	195	120	9
117	1:02:13	GARETH HORNBY	Veteran M	196	76	24
148	1:02:22	PEARLENEZE MATTHEWS	Open F	197	121	59
273	1:02:33	TAZMIN READ	Open F	198	122	60
270	1:02:53	TERRENCE LUMGAIR	Veteran M	199	77	25
21	1:03:05	KHETHIWE MCHUNU	Open M	200	78	24
264	1:03:06	BOKULUNGA MFEKA	Open F	201	123	61
675	1:03:13	CRAIG MCCATHIE	Open M	202	79	25
151	1:03:46	ROBYNE MCINTYRE	Master F	203	124	17
228	1:03:47	ALISTAIR MCINTYRE	Veteran M	204	80	26
7	1:03:55	SARAH FREESTONE	Open F	205	125	62



Kenneth Stainbank Castle Trail - 5km Results



06 January 2019

Race #	Race Time	Name	Age Group	Overall Position	Gender Position	Age Group Position
57	1:04:06	SAMANTHA GEEL	Open F	206	126	63
87	1:04:08	SAMANTHA ENGELBRECHT	Open F	207	127	64
96	1:04:43	HEATHER REEN	Open F	208	128	65
297	1:05:10	KERRY WILSON	Veteran F	209	129	25
46	1:05:13	MELA ARNOLD	Veteran M	210	81	27
62	1:05:16	MEGAN GEMMELL	Open F	211	130	66
10	1:05:17	OLGA THANGAVAY	Veteran F	212	131	26
51	1:05:18	ZOE MOORE	Veteran F	213	132	27
71	1:05:46	LENI LAWRENZ	Junior F	214	133	5
30	1:05:56	JONATHAN LAWRENZ	Open M	215	82	26
24	1:05:58	SHARI FALLET	Open F	216	134	67
210	1:05:59	CLAIRE FALLET	Open M	217	83	27
185	1:06:00	CAREY-LIEGH OGLE	Open F	218	135	68
104	1:06:14	LISBETH PLOTZ	Grand Master F	219	136	10
114	1:06:15	CHRISTINE STANDEAVEN	Master F	220	137	18
249	1:07:23	PEARL SIKHOSANA	Veteran F	221	138	28
172	1:07:51	HAZEL GACE	Master F	222	139	19
198	1:07:53	ANGELINE HAND-BURTON	Master F	223	140	20
267	1:15:17	KELLY DANIELS	Open F	224	141	69
244	1:15:23	MIA DANIELS	Junior F	225	142	6
165	1:18:29	SHELLEY HUTTON	Veteran F	226	143	29
34	1:23:26	GRAYSON HUGILL	Junior M	227	84	8
13	1:23:59	ERIC STEPHENSON	Grand Master M	228	85	5
227	1:24:00	JEANETTE STEPHENSON	Grand Master F	229	144	11
180	1:24:07	CONNOR HUGILL	Junior M	230	86	9
84	1:27:52	LEEVANI PILLAY	Open F	231	145	70
99	1:27:53	YESHNIE PANDAY	Open F	232	146	71
300	1:27:55	SANDEEP GOBIND	Open M	233	87	28
213	1:27:57	GRAEME JOSIAH	Open M	234	88	29
9	1:28:06	PRINESSA GOVENDER	Open F	235	147	72
1	1:29:52	TRACY HUTTON	Veteran F	236	148	30