



Table Mountain Trail Run - 7km Results



03 June 2018

Race #	Event	Race Time	Name	Age Group	Overall Position	Gender Position	Age Group Position
47	7KM	0:35:27	MTHOKOZISI MKHIZE	U16 M	1	1	1
186	7KM	0:35:55	MTHOKOZISI XULU	Junior M	2	2	1
75	7KM	0:37:09	MZAMO ZONDI	Open M	3	3	1
298	7KM	0:39:35	SIBONISO MAJOLA	Open M	4	4	2
18	7KM	0:39:58	KWANELE MKHIZE	U18 M	5	5	1
147	7KM	0:40:04	SBU NDLELA	Veteran M	6	6	1
224	7KM	0:40:31	JONATHAN WERTH	U12 M	7	7	1
52	7KM	0:42:28	MNGOBI MAKHATHINI	U16 M	8	8	2
179	7KM	0:42:30	THANDOLWETHU NGWANE	U16 M	9	9	3
215	7KM	0:42:31	NDUMISO MKHIZE	U16 M	10	10	4
59	7KM	0:43:31	FANELE MKHUNYA	U16 M	11	11	5
193	7KM	0:46:47	MALWANDE NXUMALO	U16 M	12	12	6
42	7KM	0:47:44	NJABULO BHENGU	U16 M	13	13	7
170	7KM	0:47:53	ALWANDE GUMEDE	U12 M	14	14	2
1109	7KM	0:48:13	ANDILE NALA	U12 M	15	15	3
130	7KM	0:48:14	LUNGANI DLAMINI	U12 M	16	16	4
235	7KM	0:50:15	SIBONELO SIBISI	Open M	17	17	3
155	7KM	0:50:16	TIM WHITE	Veteran M	18	18	2
263	7KM	0:50:17	KEAGAN WHITE	Junior M	19	19	2
98	7KM	0:52:31	ASIPHE GUMEDE	U12 F	20	1	1
127	7KM	0:52:31	LINDOKUHLE MKHIZE	U16 F	20	1	1
181	7KM	0:54:15	SPHELELE NXELE	U16 M	22	20	8
174	7KM	0:54:28	THANDEKA NDLOMVU	U12 F	23	3	2
97	7KM	0:54:48	SANELE SIBIYA	U12 M	24	21	5
228	7KM	0:55:36	PHILASANDA NGCOBO	U12 M	25	22	6
131	7KM	0:55:38	NONATHANDO	Open F	26	4	1
80	7KM	0:56:01	IRENE WISDOM	Master F	27	5	1
44	7KM	0:57:57	AYANDA DLAMINI	U16 M	28	23	9
89	7KM	0:58:04	SINDISWA	U12 F	29	6	3
121	7KM	0:58:05	UYANDISWA	U12 F	30	7	4
110	7KM	0:58:32	DEBBIE DENSHAM	Veteran F	31	8	1
165	7KM	0:59:09	NATASHA WILLIAMS	Veteran F	32	9	2
210	7KM	1:00:12	SPHESIHLE NXELE	U16 M	33	24	10
142	7KM	1:00:13	EVIE CHETTLEBURGH	U12 F	34	10	5
77	7KM	1:00:22	MINENHLE NGCOBO	U12 M	35	25	7
12	7KM	1:00:29	THABISO SIBISI	U12 M	36	26	8
197	7KM	1:00:46	SIMTHANDA DUMAGUDA	U12 M	37	27	9
192	7KM	1:01:14	SHARON ROBB	Master F	38	11	2
185	7KM	1:01:28	PETRA HATFIELD	Veteran F	39	12	3
126	7KM	1:01:29	TESSA CULLIS	Veteran F	40	13	4
138	7KM	1:03:40	BAILEY CHATTERTON	U16 F	41	14	2



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132	7KM	1:04:14	VANESSA FOWLER	Open F	42	15	2
62	7KM	1:04:34	KAYLA WHITE	U12 F	43	16	6
26	7KM	1:04:35	JEMMA LIEBENBERG	U12 F	44	17	7
269	7KM	1:05:04	CYNTHIA MORRISH	Veteran F	45	18	5
86	7KM	1:05:05	MATHILDA UYS	Master F	46	19	3
205	7KM	1:07:56	MICHAEL WERTH	Master M	47	28	1
239	7KM	1:08:04	SELESTE CHETTLEBURGH	Veteran F	48	20	6
49	7KM	1:08:24	JENNA MITCHELL	Open F	49	21	3
91	7KM	1:09:36	DAWN PATTERSON	Open F	50	22	4
124	7KM	1:09:37	NEIL PATTERSON	Master M	51	29	2
20	7KM	1:09:38	RAFFAEL BEIRES	Open M	52	30	4
27	7KM	1:10:43	SELULEKO MAJOLA	U16 M	53	31	11
283	7KM	1:12:40	ALICIA CARTER	Open F	54	23	5
199	7KM	1:12:41	JAMES MCGRATH	Open M	55	32	5
16	7KM	1:13:30	BRUCE KRUGER	Master M	56	33	3
93	7KM	1:14:41	TANIA BLAKEMAN	Master F	57	24	4
115	7KM	1:15:13	MICHELLE BAM	Open F	58	25	6
38	7KM	1:15:17	MICHELE AUBOURG	Master F	59	26	5
216	7KM	1:15:33	BRADLEY BEEMING	Junior M	60	34	3
285	7KM	1:15:35	GORDON BEEMING	Open M	61	35	6
232	7KM	1:15:36	CLARENCE BEEMING	Grand Master M	62	36	1
236	7KM	1:15:58	MARION KROUKAM	Veteran F	63	27	7
10	7KM	1:16:07	LARA MORROW	Veteran F	64	28	8
107	7KM	1:16:12	NOKUTHULA	Open F	65	29	7
161	7KM	1:16:16	KAREN KROG	Master F	66	30	6
230	7KM	1:16:21	ANDILE NDLOVU	U12 F	67	31	8
116	7KM	1:18:05	SLINDOKUHLE NDLOVU	U12 F	68	32	9
207	7KM	1:18:07	TRACEY SWART	Master F	69	33	7
57	7KM	1:19:01	MPUME SIBANYANI	Open F	70	34	8
237	7KM	1:19:03	CARA SPIRO	Open F	71	35	9
83	7KM	1:19:06	NICOLE STONE	Open F	72	36	10
184	7KM	1:19:07	KAITLYN SPIRO	Open F	73	37	11
188	7KM	1:20:20	MATTHEW OBERHOLZER	Open M	74	37	7
146	7KM	1:20:21	JESSICA CONSTANTINE	Open F	75	38	12
294	7KM	1:20:35	THEMBEKA MDAWENI	Open F	76	39	13
125	7KM	1:21:18	MICHELE SWART	Veteran F	77	40	9
67	7KM	1:21:30	MEREL GIJSEN	Open F	78	41	14
56	7KM	1:22:41	KYAN WHITE	Junior M	79	38	4
96	7KM	1:23:52	WENDY STOREY	Open F	80	42	15
226	7KM	1:23:53	HILARY GREENWOOD	Grand Master M	81	39	2
267	7KM	1:24:38	OWEN UADANDE	Open M	82	40	8



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100	7KM	1:25:17	REAGON CORBETT	Open F	83	43	16
245	7KM	1:25:28	MARI VAN ASWEGEN	Open F	84	44	17
259	7KM	1:25:30	S-J BRONKHORST	Open M	85	41	9
23	7KM	1:25:32	PAIGE CHETTLEBURGH	U16 F	86	45	3
32	7KM	1:25:33	CAREY WHITE	Veteran F	87	46	10
189	7KM	1:26:22	ANITA ELLIOTT	Veteran F	88	47	11
24	7KM	1:26:54	JERUSHA BEHARI	Open F	89	48	18
94	7KM	1:26:57	GENEVIEVE THERON	Open F	90	49	19
280	7KM	1:27:01	ALAN BRISCOE	Open M	91	42	10
299	7KM	1:27:52	MARY-ANNE KENDON	Open M	92	43	11
220	7KM	1:27:54	MARIETTE GROBBELAAR	Veteran F	93	50	12
202	7KM	1:30:12	KIRSTEN MESSINA	Veteran F	94	51	13
31	7KM	1:30:34	SUSAN RUDMAN	Veteran F	95	52	14
109	7KM	1:31:06	LUCA PILLAY	U12 M	96	44	10
177	7KM	1:31:59	SANDY NAYLOR	Open F	97	53	20
225	7KM	1:32:01	MARTINE PAREDIS	Master F	98	54	8
219	7KM	1:33:57	KATE DE GOEDE	Open F	99	55	21
238	7KM	1:33:58	JOHAN DE GOEDE	Veteran M	100	45	3
72	7KM	1:35:58	CLAIRE WEITZS	Open F	101	56	22
112	7KM	1:36:43	THEMBEKILE ZONDI	Open F	102	57	23
271	7KM	1:37:38	CHRIS NEL	Grand Master M	103	46	3
194	7KM	1:37:40	EDWARD BLAKEMAN	Master M	104	47	4
129	7KM	1:37:53	PAT KANZLER	Master F	105	58	9
19	7KM	1:38:13	JUDY FLETT	Master F	106	59	10
162	7KM	1:38:13	ARNULF KANZLER	Master M	107	48	5
187	7KM	1:39:06	ANGELA JAMES	Grand Master F	108	60	1
46	7KM	1:39:29	SHANNON CORBETT	Open F	109	61	24
196	7KM	1:39:30	NINO CORBETT	Open F	110	62	25
195	7KM	1:41:34	NATASHA SUTTON	Open F	111	63	26
7	7KM	1:41:34	SBAHLE DLAMINI	Open F	112	64	27
180	7KM	1:41:56	ALISON LONGFORD	Grand Master F	113	65	2
270	7KM	1:42:17	ROSA DEEN	Open F	114	66	28
213	7KM	1:42:18	CAROLINA DILLES	Open F	115	67	29
84	7KM	1:42:49	SUSAN DE KIEWIT	Open F	116	68	30
183	7KM	1:42:58	RHONA MARTIN	Veteran F	117	69	15
249	7KM	1:43:03	LINDSAY DUNSMORE	Master F	118	70	11
2	7KM	1:43:03	HAYLEY WOOD	Veteran F	119	71	16
256	7KM	1:43:21	DAVE WILLMENT	Grand Master M	120	49	4
160	7KM	1:43:24	CELIWE KHUZWAYO	Veteran F	121	72	17
4	7KM	1:44:12	YVONNE SUTTON	Grand Master F	122	73	3
68	7KM	1:44:15	MARK DANIEL	Veteran M	123	50	4



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9	7KM	1:44:18	SIBONGISENI SHABALALA	Open M	124	51	12
99	7KM	1:44:46	SUE ROHWER	Junior F	125	74	1
190	7KM	1:45:46	LISA DANIEL	Veteran F	126	75	18
92	7KM	1:45:56	THEMBELIHLE ZIKHALI	Open F	127	76	31
164	7KM	1:45:57	FRIEDERIKE VOIGT	Veteran F	128	77	19
295	7KM	1:45:58	CAREY WOULD	Open F	129	78	32
158	7KM	1:48:09	ASTRID BELFORD	Grand Master F	130	79	4
103	7KM	1:49:10	CLAIRE DELPORT	Open F	131	80	33
48	7KM	1:49:29	ROSALIE CLARKE	Veteran F	132	81	20
34	7KM	1:52:23	AVISHKAR MAHARAJ	Open M	133	52	13
191	7KM	1:55:34	JACQUES COETZER	Open M	134	53	14
201	7KM	1:55:35	MELISSA MANDY SIMPSON	Open F	135	82	34
22	7KM	2:01:33	BARBARA BULLOCK	Grand Master F	136	83	5
203	7KM	2:01:36	GAIL MILLS	Grand Master F	137	84	6
41	7KM	2:03:30	SHAN TRIMBORN	Master F	138	85	12
250	7KM	2:04:04	TAZMIN READ	Open F	139	86	35
252	7KM	2:04:09	CHANTAL STIEGER	Open F	140	87	36
145	7KM	2:09:06	MOHAMMED WAFEEQ AZIZ	Open M	141	54	15
74	7KM	2:09:20	PRESHEN PADAYACHEE	Open M	142	55	16
3	7KM	2:14:49	CAROL DIXON	Grand Master F	143	88	7
76	7KM	2:14:51	NICHOLAS GROBLER	Open M	144	56	17
114	7KM	2:15:07	DIRK VAN RYNEVELD	Master M	145	57	6
45	7KM	2:15:08	WENDY VAN RYNEVELD	Veteran F	146	89	21
273	7KM	2:17:44	ADELE VERMAAK	Open F	147	90	37
143	7KM	2:17:45	WENDA VERMAAK	Master F	148	91	13
139	7KM	2:19:22	YVONNE LORENTZ	Grand Master F	149	92	8
111	7KM	2:19:23	SIMON LORENTZ	Grand Master M	150	58	5
212	7KM	2:22:53	OLGA THANGAVAY	Veteran F	151	93	22
176	7KM	2:22:54	GAVIN HAZELL	Veteran M	152	59	5
117	7KM	2:26:10	ODETTE HOLMAN	Master F	153	94	14
241	7KM	2:26:11	FIONA GRADIDGE	Master F	154	95	15
128	7KM	2:35:05	HADLEY LUKE MANUEL	Open M	155	60	18
149	7KM	2:35:07	CRAIG GOVENDER	Open M	156	61	19
1	7KM	2:35:10	VICKY NAIDOO	Veteran M	157	62	6
8	7KM	3:13:46	GRAEME JOSIAH	Open M	158	63	20
141	7KM	3:13:46	OMESHIN RAMLAKAN	Open M	159	64	21
221	7KM	3:13:47	SANDEEP GOBIND	Open M	160	65	22