



Howick Trail Run - 5km Results



3 March 2018

Race #	Event	Race Time	Name	Age Group	Overall Position	Gender Position	Age Group Position
124	5km	0:21:00	Msawonosi Zungu	Open M	1	1	1
183	5km	0:21:11	Bernad Ndlovu	U16 M	2	2	1
27	5km	0:22:08	Sphesihle Zungu	U12 M	3	3	1
6	5km	0:25:00	Sphumolele Gumede	U16 F	4	1	1
285	5km	0:26:20	Lusandagumede	U12 F	5	2	1
245	5km	0:26:25	Rachel Woodburn	U16 F	6	3	2
126	5km	0:26:46	Sizwe Zimu	Open M	7	4	2
45	5km	0:26:49	Bradley Clark	U12 M	8	5	2
196	5km	0:27:16	Siyanda Sikhakhane	Junior M	9	6	1
229	5km	0:27:20	Andrew Wilson	Master M	10	7	1
23	5km	0:27:23	Nicholas Munro	Veteran M	11	8	1
48	5km	0:27:36	Matthew Oberholzer	Open M	12	9	3
8	5km	0:29:42	Jonty Clark	U12 M	13	10	3
188	5km	0:30:52	Thamela Ntsoli	U16 F	14	4	3
10	5km	0:31:11	Peter Edwards	Master M	15	11	2
192	5km	0:31:12	Leah Edwards	U12 F	16	5	2
58	5km	0:31:58	Jarred van Staaden	U12 M	17	12	4
237	5km	0:31:59	Josh Madsen	U12 M	18	13	5
37	5km	0:34:09	Pascale Martin	U16 F	19	6	4
191	5km	0:34:16	Damien Marshall	Master M	20	14	3
12	5km	0:34:20	Taylor Mcnamara	U16 F	21	7	5
191	5km	0:35:39	Damien Marshall	Master M	22	15	4
11	5km	0:35:47	Matthew Dempsey	Junior M	23	16	2
40	5km	0:36:02	Jennifer Dempsey	Open F	24	8	1
185	5km	0:36:04	Jessica Stapelberg	Open F	25	9	2
194	5km	0:36:08	John Michaux	Grand Master M	26	17	1
225	5km	0:36:10	Lea Reynolds	Veteran F	27	10	1
224	5km	0:36:13	George Reynolds	Veteran M	28	18	2
200	5km	0:37:26	Mandy Hunt	Open F	29	11	3
243	5km	0:37:53	James Mckenzie	Open M	30	19	4
201	5km	0:38:16	Moira Filmer	Veteran F	31	12	2
511	5km	0:38:33	Olaf Hillermann	U12 M	32	20	6
186	5km	0:38:52	Jessica Constantine	Open F	33	13	4
244	5km	0:38:54	Claudia Mckenzie	Open F	34	14	5
39	5km	0:39:12	Sonja Franke	Open F	35	15	6
240	5km	0:39:52	Samantha van der Berg	Veteran F	36	16	3
5	5km	0:39:56	Juliet Groenewald	U16 F	37	17	6
41	5km	0:40:06	Nothando Zikalala	Open F	38	18	7
199	5km	0:40:35	Antoinette Herholdt	Master F	39	19	1
141	5km	0:40:57	Kim Farkas	Open F	40	20	8
190	5km	0:41:06	Linda Stapelberg	Master F	41	21	2



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55	5km	0:41:12	Esther Naicker	Open F	42	22	9
204	5km	0:41:20	Henk Groenewald	Master M	43	21	5
51	5km	0:41:21	Chriss Marshall	Master F	44	23	3
197	5km	0:41:45	Jodi Kendall	Veteran F	45	24	4
22	5km	0:41:45	Lisa Campbell	Veteran F	46	25	5
387	5km	0:42:31	Tori Bissett	Open F	47	26	10
242	5km	0:42:38	Tarryn Wallis	Open F	48	27	11
4	5km	0:43:06	Juanita Smith	Veteran F	49	28	6
133	5km	0:43:18	Colleen Mccann	Grand Master F	50	29	1
384	5km	0:43:35	Hilko Hillermann	U12 M	51	22	7
24	5km	0:43:52	Annabel Lottering	U16 F	52	30	7
42	5km	0:44:05	Immaculate Sibisi	Open F	53	31	12
273	5km	0:44:38	Reece Fuller	U18 M	54	23	1
135	5km	0:45:09	Sharon Van Rooyen	Open F	55	32	13
508	5km	0:45:44	Egon Hillermann	Junior M	56	24	3
389	5km	0:45:48	Ute Hillermann	Veteran F	57	33	7
61	5km	0:45:52	Maddison Lange	U16 F	58	34	8
96	5km	0:46:14	Susan Holmes	Veteran F	59	35	8
59	5km	0:46:36	Charmain Van Der Sandt	Master F	60	36	4
235	5km	0:47:09	Gavin Muir	Grand Master M	61	25	2
54	5km	0:47:57	Roxy Lange	Junior F	62	37	1
1921	5km	0:48:06	Tarryn Lange	Veteran F	63	38	9
203	5km	0:48:08	Julie Vorster	Veteran M	64	26	3
57	5km	0:48:52	Mandie Martin	Veteran F	65	39	10
46	5km	0:50:05	Sarah Dell	Open F	66	40	14
239	5km	0:50:30	Chantalle Wilson	Veteran F	67	41	11
60	5km	0:50:31	Denis Peens	Grand Master M	68	27	3
241	5km	0:50:40	Kerry Egner	Open F	69	42	15
198	5km	0:50:52	Lisbeth Plotz	Junior F	70	43	2
179	5km	0:51:23	Nokuthula Mavimbela	Open F	71	44	16
246	5km	0:51:25	Zama Chonco	Open F	72	45	17
180	5km	0:51:27	Nomtandazo Zulu	Open F	73	46	18
1941	5km	0:52:19	Zach Madsen	Junior M	74	28	4
100	5km	0:52:36	Kirsty Madsen	Open F	75	47	19
125	5km	0:52:44	Jules Cooke	Veteran F	76	48	12
263	5km	0:52:45	Sarah Cooke	U16 F	77	49	9
128	5km	0:52:48	Alexandria Mcdermott	Junior F	78	50	3
127	5km	0:52:50	Tercia Mcdermott	Veteran F	79	51	13
187	5km	0:54:33	Kate Watts	Open F	80	52	20
134	5km	0:55:04	Lorna Leighton	Master F	81	53	5
692	5km	0:55:29	Sharon Boyes	Grand Master F	82	54	2



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49	5km	0:56:26	Tanuja Amrapersad	Veteran F	83	55	14
139	5km	0:56:49	Shaun Cooke	Veteran M	84	29	4
274	5km	0:56:50	Caitlin Cooke	U16 F	85	56	10
238	5km	0:59:06	Alison Longford	Grand Master F	86	57	3
50	5km	1:00:20	Nico Smith	Veteran M	87	30	5
35	5km	1:01:09	Peter Nyman	Veteran M	88	31	6
94	5km	1:01:10	Rachel Nyman	U16 F	89	58	11
21	5km	1:01:12	Seth Nyman	U12 M	90	32	8
3	5km	1:03:42	Gail Mills	Open F	91	59	21
132	5km	1:03:43	Johanna Van Deventer	Open F	92	60	22
195	5km	1:05:51	Cayley Hirgel	Junior F	93	61	4
181	5km	1:05:52	Lillian Hirgel	Veteran F	94	62	15
129	5km	1:05:54	Vijay Naidoo	Veteran F	95	63	16
130	5km	1:05:55	Thalia Naidoo	Open F	96	64	23
131	5km	1:05:59	Thanom Naidoo	Open M	97	33	5
93	5km	1:06:31	Libby Fuller	Veteran F	98	65	17
424	5km	1:13:15	Rave Pinnell	Veteran M	99	34	7
441	5km	1:13:30	Michele Marbler	Master F	100	66	6
327	5km	1:31:25	Gabisile Motsa	Open F	101	67	24