



Howick Trail Run - 10km Results



3 March 2018

Race #	Event	Race Time	Name	Age Group	Overall Position	Gender Position	Age Group Position
590	10km	0:41:42	Mathanga Mbaloli	U16 M	1	1	1
439	10km	0:42:25	Khambule Thuliang	U18 M	2	2	1
329	10km	0:46:58	Mdu Zondi	Open M	3	3	1
366	10km	0:47:08	Alex Kaanen	Open M	4	4	2
352	10km	0:50:11	Sphe Dladla	Open M	5	5	3
558	10km	0:50:39	Ndumiso Mbambo	U16 F	6	1	1
324	10km	0:51:21	Owen Bengo	Open M	7	6	4
43	10km	0:52:25	Matthew Dickens	Open M	8	7	5
494	10km	0:52:37	Dane Davies	Open M	9	8	6
454	10km	0:52:43	Damien Fairley	Open M	10	9	7
551	10km	0:52:50	Travis Teasdale	Open M	11	10	8
193	10km	0:53:16	Andrew Caldwell	Open M	12	11	9
28	10km	0:53:19	Joel Martin	Veteran M	13	12	1
385	10km	0:54:21	Senzo Nzama	Open M	14	13	10
320	10km	0:54:24	Ian Driemeyer	Open M	15	14	11
531	10km	0:54:27	David Ogg	Veteran M	16	15	2
53	10km	0:54:48	Jeff Smith	Open M	17	16	12
331	10km	0:55:58	Jordan Peek	Open F	18	2	1
474	10km	0:56:19	Daniel Stone	U16 M	19	17	2
38	10km	0:57:14	Carmen Caldwell	Open F	20	3	2
316	10km	0:57:33	Kyle Leighton	Open M	21	18	13
315	10km	0:58:30	Bertus Herholdt	Master M	22	19	1
555	10km	0:58:32	Keith Rasmussen	Master M	23	20	2
543	10km	0:58:41	Ivan Fuchs	Veteran M	24	21	3
340	10km	0:58:56	Duncan Allen Shoyer	Open M	25	22	14
52	10km	0:59:11	Bridget Ringdahl	Veteran F	26	4	1
473	10km	0:59:13	Diego Crespel	Open M	27	23	15
535	10km	0:59:19	Ian Griffiths	Open M	28	24	16
313	10km	0:59:42	Guy Wiggill	Open M	29	25	17
428	10km	1:00:03	Andre Wolmarans	Open M	30	26	18
310	10km	1:00:37	Andrew Steele	Open M	31	27	19
523	10km	1:00:44	Wesley Bransby	Open M	32	28	20
444	10km	1:01:18	Jason Kendall	U16 M	33	29	3
468	10km	1:01:23	Lindi Meyer	Open F	34	5	3
565	10km	1:01:57	Mandisa Mkhunya	U16 F	35	6	2
568	10km	1:02:33	Ngomusa Mbuyazi	U16 F	36	7	3
182	10km	1:02:35	Jay Dempsey	Open M	37	30	21
475	10km	1:02:50	Max Jordaan	U18 M	38	31	2
538	10km	1:02:51	Merrick Kennedy	Open M	39	32	22
580	10km	1:02:57	Pieter Swanepoel	Open M	40	33	23
588	10km	1:03:11	Michael Frost	Veteran M	41	34	4



Howick Trail Run - 10km Results



3 March 2018

Race #	Event	Race Time	Name	Age Group	Overall Position	Gender Position	Age Group Position
556	10km	1:03:17	Grace Drummond	U16 F	42	8	4
502	10km	1:03:37	Shenne Davies	Open F	43	9	4
231	10km	1:03:38	Gareth Swan	Open M	44	35	24
477	10km	1:04:02	Angela Johnson	Open F	45	10	5
464	10km	1:04:11	Dean Macfarlane	Open M	46	36	25
471	10km	1:04:22	Conner Nicholson	U16 M	47	37	4
336	10km	1:04:29	Andrew Ryan	Veteran M	48	38	5
498	10km	1:04:58	Alyson Scheepers	Open F	49	11	6
450	10km	1:05:41	Daniel Fynes-Clinton	Open M	50	39	26
520	10km	1:06:15	Jennifer Patrick	Master F	51	12	1
309	10km	1:06:40	Wayne Lehmkuhl	Open M	52	40	27
404	10km	1:06:46	Thomas Raatgever	Veteran M	53	41	6
398	10km	1:07:05	Morne Booysen	Open M	54	42	28
587	10km	1:07:07	Sihle Mtolo	Open M	55	43	29
488	10km	1:07:10	Mary Murray	Open F	56	13	7
522	10km	1:07:38	Wayne Lee	Veteran M	57	44	7
425	10km	1:08:08	Bryan Long	Open M	58	45	30
312	10km	1:08:11	Dylan Williams	Open M	59	46	31
314	10km	1:08:13	Zane Mcdermott	Open M	60	47	32
305	10km	1:08:15	Nicole Wiggill	Open F	61	14	8
458	10km	1:08:26	Kevin Smith	Veteran M	62	48	8
349	10km	1:08:30	Andrew Starke	Veteran M	63	49	9
455	10km	1:09:29	Frances Weston	Master F	64	15	2
446	10km	1:09:30	Christy Lehmkuhl	Open F	65	16	9
367	10km	1:09:41	Stephanie Lee	Veteran F	66	17	2
334	10km	1:09:58	Marilize Harmse	Open F	67	18	10
321	10km	1:10:08	Rob Thompson	Master M	68	50	3
386	10km	1:10:12	David Patrick	Master M	69	51	4
1901	10km	1:10:23	Dave Hanbury	Master M	70	52	5
544	10km	1:10:43	Brenda Mccann	Veteran F	71	19	3
345	10km	1:10:45	Natacha Smith	Veteran F	72	20	4
459	10km	1:10:53	Kevin Mccann	Veteran M	73	53	10
537	10km	1:11:17	Heidi Linden	Master F	74	21	3
453	10km	1:11:24	Lee Pope-Ellis	Open M	75	54	33
534	10km	1:11:45	Jonathon Engelbrecht	Open M	76	55	34
306	10km	1:12:22	Kerith Drummond	Veteran F	77	22	5
554	10km	1:12:24	Terry Drummond	Veteran M	78	56	11
307	10km	1:12:26	Calvin Ragg	Open M	79	57	35
493	10km	1:12:39	Sandy Chowles	Open F	80	23	11
525	10km	1:12:42	Mark Malherbe	Open M	81	58	36
466	10km	1:12:47	Robert Warrior	Open M	82	59	37



Howick Trail Run - 10km Results



3 March 2018

Race #	Event	Race Time	Name	Age Group	Overall Position	Gender Position	Age Group Position
541	10km	1:13:00	Kyle Wulfsohn	Open M	83	60	38
545	10km	1:13:02	Steven Clark	Veteran M	84	61	12
1931	10km	1:13:07	Claire Willows	Open F	85	24	12
228	10km	1:13:53	Renata Mackenzie	Veteran F	86	25	6
452	10km	1:13:54	Michael Esteves	Open M	87	62	39
226	10km	1:13:55	Natalie Conde	Open F	88	26	13
227	10km	1:13:56	Paulo Conde	Open M	89	63	40
489	10km	1:14:02	Brandon Lourens	Open M	90	64	41
546	10km	1:14:05	Jane Dickinson	Grand Master F	91	27	1
435	10km	1:14:12	Lushen Pillay	Veteran M	92	65	13
433	10km	1:14:56	Allison De Villiers	Open F	93	28	14
548	10km	1:15:00	Luke Steedman	Open M	94	66	42
540	10km	1:15:03	Tamlin Goodall	Open F	95	29	15
361	10km	1:15:06	Ryan Madsen	Veteran M	96	67	14
343	10km	1:15:34	Kevin McQueen	Master M	97	68	6
595	10km	1:16:30	Kerry Pretorius	Open F	98	30	16
380	10km	1:16:32	Melanie Paul	Open F	99	31	17
600	10km	1:17:07	Tandy Goudge	Master F	100	32	4
56	10km	1:17:08	Lee-Ann McEwen	Master F	101	33	5
376	10km	1:18:21	Nina Gough	Veteran F	102	34	7
391	10km	1:18:50	Kent Dyer	Open M	103	69	43
427	10km	1:19:44	Bon Lehmkuhl	Open M	104	70	44
470	10km	1:20:00	Colin Boyes	Grand Master M	105	71	1
308	10km	1:20:09	Tyrone Nicol	Open M	106	72	45
347	10km	1:20:33	Marius Van Der Sandt	Open M	107	73	46
333	10km	1:20:40	Karen Lane	Veteran F	108	35	8
486	10km	1:21:14	Faf Labuschagne	Grand Master M	109	74	2
311	10km	1:22:02	Chris Aylward	Master M	110	75	7
557	10km	1:22:29	Eileen Combes	Veteran F	111	36	9
536	10km	1:22:34	Anita Haarhoff	Veteran F	112	37	10
533	10km	1:23:07	Robyn Pope-Ellis	Open F	113	38	18
505	10km	1:23:09	K Oakson	Veteran F	114	39	11
348	10km	1:23:23	Nicole Saunders	Open F	115	40	19
570	10km	1:23:30	Arjen Frick	Veteran M	116	76	15
233	10km	1:23:51	Craig Briscoe	Veteran M	117	77	16
234	10km	1:23:52	Leigh Briscoe	Veteran F	118	41	12
17	10km	1:23:59	Tamarin Mcnamara	Open F	119	42	20
392	10km	1:24:12	Robyn Dyer	Open F	120	43	21
337	10km	1:24:14	Mariska Paul	Open F	121	44	22
426	10km	1:24:15	Alyssa Amrapersad	Open F	122	45	23
416	10km	1:24:16	Kirsty Schulz	Open F	123	46	24



Howick Trail Run - 10km Results



3 March 2018

Race #	Event	Race Time	Name	Age Group	Overall Position	Gender Position	Age Group Position
503	10km	1:24:17	Kai Schultz	Open M	124	78	47
492	10km	1:24:33	Gina Ryan	Veteran F	125	47	13
527	10km	1:24:36	Karen Nicol	Open F	126	48	25
230	10km	1:24:37	Kate Sherry	Open F	127	49	26
437	10km	1:24:38	Charmaine Left	Open F	128	50	27
485	10km	1:25:24	Terri Eayrs	Master F	129	51	6
519	10km	1:25:45	Tracy Pike	Veteran F	130	52	14
572	10km	1:25:46	Lyndal Nicholson	Open F	131	53	28
421	10km	1:26:18	Nosipho Biyela	Open F	132	54	29
350	10km	1:26:21	Rod Torr	Grand Master M	133	79	3
18	10km	1:26:27	Kelly Mackenzie	Veteran F	134	55	15
359	10km	1:27:27	Abigail Foley	Open F	135	56	30
408	10km	1:27:32	Matthew Foley	Open M	136	80	48
328	10km	1:27:50	Shaleen Maloney	Open F	137	57	31
423	10km	1:28:03	Yolande Heyns	Open F	138	58	32
189	10km	1:28:04	Gregory Glaister	U18 M	139	81	3
553	10km	1:28:32	Samantha Engelbrecht	Open F	140	59	33
501	10km	1:28:49	Dack Tonkin	U18 M	141	82	4
495	10km	1:28:50	Thurston Tonkin	U18 M	142	83	5
431	10km	1:29:06	Khara-Jade Warren	Open F	143	60	34
302	10km	1:29:11	Warick Tonkin	U18 M	144	84	6
440	10km	1:29:22	Sandra Land	Grand Master F	145	61	2
415	10km	1:29:23	Sarah Raatgever	Open F	146	62	35
462	10km	1:29:25	Wendy Constantine	Master F	147	63	7
490	10km	1:29:39	Merissa Lawrence	Open F	148	64	36
339	10km	1:30:19	Sasha Hagens	Open F	149	65	37
326	10km	1:30:20	Mara Briscoe	Open F	150	66	38
552	10km	1:30:28	Belinda Jacobs	Open F	151	67	39
465	10km	1:30:31	Elaine Byrne	Master F	152	68	8
530	10km	1:30:37	Ross Kramm	Veteran M	153	85	17
532	10km	1:31:16	Brigid Scheller	Veteran F	154	69	16
550	10km	1:31:27	Matthew Kerr	Open M	155	86	49
362	10km	1:31:45	Nonkululeko Gumede	Open F	156	70	40
684	10km	1:31:50	Hlengiwe Ndlovu	Open F	157	71	41
322	10km	1:31:52	Nicky De Beer	Open F	158	72	42
232	10km	1:32:01	Natasha Moss	Open F	159	73	43
7	10km	1:32:02	Lisa Van Zyl	Veteran F	160	74	17
463	10km	1:33:08	Corne Swanepoel	Veteran F	161	75	18
507	10km	1:33:10	Aslam Moolla	Open M	162	87	50
344	10km	1:33:12	Jayesh Haribhai	Open M	163	88	51
479	10km	1:33:20	Liz Taylor	Master F	164	76	9



Howick Trail Run - 10km Results



3 March 2018

Race #	Event	Race Time	Name	Age Group	Overall Position	Gender Position	Age Group Position
353	10km	1:35:13	Sheila Knudsen	Grand Master F	165	77	3
436	10km	1:35:33	Melanie Nash	Open F	166	78	44
405	10km	1:35:34	Simone Taylor	Open F	167	79	45
390	10km	1:36:12	Kara Hill	Open F	168	80	46
576	10km	1:36:15	Sandra Hill	Veteran F	169	81	19
447	10km	1:36:35	Sophie Watson	Veteran M	170	89	18
448	10km	1:36:36	Dayne Larsen	Veteran F	171	82	20
319	10km	1:37:04	Neil Jackson	Open M	172	90	52
445	10km	1:37:12	Kerry Frost	Master F	173	83	10
482	10km	1:37:17	Colin Frost	Master M	174	91	8
379	10km	1:38:09	Rai Jones	Master F	175	84	11
517	10km	1:38:10	Chris Jones	Master M	176	92	9
400	10km	1:38:24	David Warren	Open M	177	93	53
539	10km	1:39:05	Antony Cox	Open M	178	94	54
346	10km	1:39:06	Melody Cox	Open F	179	85	47
14	10km	1:39:07	Renilla Ramshar	Veteran F	180	86	21
157	10km	1:39:07	Rabby Ramshar	Master M	181	95	10
304	10km	1:39:34	Sandy Hanbury	Master F	182	87	12
412	10km	1:39:55	Alan Whitaker	Open M	183	96	55
476	10km	1:39:59	Tracey Cook	Veteran F	184	88	22
449	10km	1:40:06	Keith Goltman	Grand Master M	185	97	4
472	10km	1:40:07	Lesley Goltman	Grand Master F	186	89	4
547	10km	1:40:13	Immaculate Jwili	Master F	187	90	13
456	10km	1:40:17	Ashen Singh	Open M	188	98	56
524	10km	1:40:47	Mary-Anne Kendon	Open F	189	91	48
407	10km	1:40:49	Mariette Grobbelaar	Veteran F	190	92	23
487	10km	1:42:07	Vanessa Hattingh	Veteran F	191	93	24
514	10km	1:42:20	Ros Malan	Open F	192	94	49
467	10km	1:42:48	Mbalentle Mhlaba	Open F	193	95	50
15	10km	1:42:50	Lindy Mccann	Veteran F	194	96	25
341	10km	1:43:08	Thabo Mzimela	Veteran F	195	97	26
356	10km	1:44:53	Glen Keyser	Open M	196	99	57
457	10km	1:45:14	Futhi Mazibuko	Veteran F	197	98	27
579	10km	1:45:59	Jayandree Gounden	Open F	198	99	51
354	10km	1:46:32	Melanie Young	Open F	199	100	52
396	10km	1:47:52	Sharleen Hupke	Open F	200	101	53
318	10km	1:48:46	Chanti Firman	Master F	201	102	14
461	10km	1:48:47	Min Mackenzie	Master F	202	103	15
451	10km	1:50:14	Charmaine Nel	Veteran F	203	104	28
491	10km	1:50:29	Gugu Thusi	Veteran F	204	105	29
484	10km	1:51:57	Barbara Raubenheimer	Veteran F	205	106	30



Howick Trail Run - 10km Results



3 March 2018

Race #	Event	Race Time	Name	Age Group	Overall Position	Gender Position	Age Group Position
411	10km	1:52:03	Kelly Gloss	Open F	206	107	54
236	10km	1:52:15	Unathi Majova	Open F	207	108	55
330	10km	1:53:13	Makazi Gwacela	Master F	208	109	16
528	10km	1:53:16	Lee Manners-Wood	Master F	209	110	17
365	10km	1:53:53	Lungelo Nsele	Open F	210	111	56
506	10km	1:53:54	Sanelisiwe Nsele	Open F	211	112	57
499	10km	1:53:58	Thuleleni Zuma	Veteran F	212	113	31
564	10km	1:54:56	Manande Mazibuko	Open F	213	114	58
418	10km	1:54:58	Simphiwe Thusi	Open F	214	115	59
202	10km	1:55:00	Sue Parker	Open F	215	116	60
44	10km	1:55:01	Gayle Duffy	Veteran F	216	117	32
496	10km	1:55:02	Fiona Mclean-Banks	Open F	217	118	61
460	10km	1:55:40	Thandiwe Gwacela	Open F	218	119	62
480	10km	1:56:46	Chris Nel	Grand Master M	219	100	5
516	10km	2:00:49	Joyce Chitja	Veteran F	220	120	33
414	10km	2:01:33	Phakamile Mtolo	Open F	221	121	63
377	10km	2:01:36	Kimberley Jones	Open F	222	122	64
562	10km	2:01:37	Elani Kandis	Open F	223	123	65
481	10km	2:02:45	Robyn Mcmenemey	Master F	224	124	18
417	10km	2:04:29	Catherine Phillips	Master F	225	125	19
483	10km	2:12:02	Kirsty Tonkin	U18 F	226	126	1
497	10km	2:12:03	Dimpho Tonkin	U18 F	227	127	2
529	10km	2:13:00	Zandile Nsibanyoni	Open F	228	128	66
585	10km	2:13:01	Jedine Govender	Open F	229	129	67
583	10km	2:13:05	Tashnie Naidoo	Open M	230	101	58
301	10km	2:14:44	Thabisile Mzila	Veteran F	231	130	34
351	10km	2:16:13	Alison Engelbecht	Master F	232	131	20
369	10km	2:44:13	Sandeep Gobind	Open M	233	102	59